



Emmaus
Christian College

Newsletter

Week 1 Term 4 | 13 October 2021

IMPORTANT DATES

SOUTH PLYMPTON

OCTOBER

Thu 14 - Fri 15	Yr 12 Dance Show
Fri 15	Yr 7-12 SSSA Mountain Bike Championships
Fri 15 - Sat 16	Yr 2 Sleepover
Mon 18	Yr 8 Immunisations Yr 10 Immunisations
Mon 18 - Fri 22	Yr 12 Celebration Week
Wed 20	SACSA Netball Yr 7/8 & Yr 9/10 @ Golden Grove
Fri 22	Yr 12 Final Assembly Yr 7-9 Water Safety SACSA Netball Yr 3/4 & Yr 5/6 @ Golden Grove F-Yr 2 Sports Carnival
Wed 27 - Fri 29	Yr 8 Camp @ El Shaddai
Thu 28	Inspiring Dance
Thu 28 - Fri 29	Yr 3/4 Camp @ Mylor

BROOKLYN PARK

OCTOBER

Fri 15 - Sat 16	Year 2 Sleepover
Fri 22	SACSA Netball Yr 3/4 @ Golden Grove F-Yr 2 Sports Carnival
Thu 28 - Fri 29	Year 3/4 Camp @ Mylor

Weekly Coffee Connect

Brooklyn Park

Cancelled until further notice

From the Principal

Philippians 2:11 *"....and every tongue acknowledge that Jesus Christ is Lord, to the glory of God the Father."*

Dear Emmaus Families and Friends

Each time I cut through the back streets from our South Plympton Campus to Castle Plaza (to the Bank or a Subway lunch!) I notice a new vacant cleared block where previously a ~1940's / 1950's era house once stood. Soon after 3 or 4 new dwellings have appeared in its place! Different routes on different days – same observation. I expect a number of you reading this are actually living in these new dwellings from discussions we have had in enrolment interviews! In a recent Advertiser article I found it interesting there is great concern that many significant land mark buildings of great architectural and historical importance are also being demolished, replaced by a row of modern 'Monopoly' style 'Bijou homes' with less architectural and historical interest! Over the last few years, while caught at the traffic lights on my daily commute, I have watched the magnificent 'white' land mark house on the corner of Fullarton and Cross Road be lovingly renovated – a lengthy and clearly expensive undertaking no doubt! Late last term I noticed a construction fence appear around the recently renovated mansion and thought 'surely not!' Within 2 days only a patch of brown earth remained! No doubt more 'Bijou homes' on the way...

Although I am not in opposition to progress and development, the value of history and retaining the associated 'story' can not be minimised or forgotten either. *"Jesus Christ is Lord"* (2 Philippians 2:11) is core to our 43 year Emmaus (Bethesda) history or 'story' that similarly must continue to be re-told in order to retain our culture and identity.

Towards the end of last term it was such a blessing to meet together with representatives of the Emmaus Board and all key College Leaders in a workshop focused on what is at the heart of our College. Marketing professionals call this 'brand identity'! At one level our 'brand identity' is simple - "Jesus"! We do not need to 'dream up' the next new catchy 'tag line' or vision like other organisations periodically do. Our history, our 'story', is the same today and tomorrow as it was when the College started in 1979 - "Jesus Christ is Lord"! However unpacking the nature of Jesus from the perspective of a 2021 multi campus ELC to Year 12 College is not so easy (hence the workshop)! My reassurance from a united Emmaus Christian College Board and Leadership team is that Emmaus is not only aware and proud of our Christian history and heritage, but committed to holding firm to our passion for high quality distinctly Christian education.

Blessings

Andrew Linke
Principal

College Employment Opportunities

Emmaus is seeking suitably qualified Christian staff to join our teams commencing in 2022 (or earlier by negotiation):

South Plympton Campus

- Human Resources Manager - New ongoing full-time role
- Marketing & Admissions Assistant - Ongoing full-time role
- PE Assistant F-12 - Ongoing part-time role
- Student Wellbeing Coordinator Yr 7-12 - Ongoing full-time or part-time applicants considered

South Plympton & Brooklyn Park Campus

- IT Technician - Ongoing full-time role

Full details and application criteria are available on the College [website](#).

Applications close on Wednesday 27 October 2021 at 9am.

Please share this information with any family, friends and Church associates who may be interested in these roles.

Scholarships at Emmaus Christian College

Applications for Scholarships are now open!

We are excited to offer two Scholarships for two students entering Year 7 in 2023.

- The ACER Scholarship is open to new or continuing students and closes on Thursday 20 January 2022
- The Emmaus Music Scholarship is available to one new student and closes on Thursday 20 January 2022

For more information visit the [Scholarships webpage](#).

Junior School - Brooklyn Park

A Challenge for Term 4

As the year begins to draw to a close, we have a habit of slamming our foot onto the accelerator in order to plough through the mountain of 'end-of-year' activities. There are camps, excursions, final learning units, assessments, reports, rehearsals, concerts, presentations, new class orientation sessions, Christmas events, the list can go on! The busyness of Term 4 can be both exciting and stressful. As we scramble to finish all the things that need to be done, we are also looking forward and thinking about next year – new classes, new friends, new teachers, new opportunities and new growth. As I have been thinking about this term and what is to come, I am feeling challenged to pause and view it a little differently.

What I love about Term 4, is the opportunity for celebration and gratitude. Term 4 is when we get to look back and reflect on accomplishments, marvel at growth and celebrate what has been achieved throughout the year. In amongst all of the busyness it can be easy to give this important action only a moment of time, but surely the celebration of success and the practice of gratitude deserve a little more? In 1 Thessalonians 18, Paul advises that we should “*give thanks in all circumstances,*” and that little word ‘in’ has challenged me. We often give thanks after our circumstances, but giving thanks in our circumstances helps us to appreciate them all the more. Giving thanks while we are in, implies that we need to pause, notice and be grateful for what we can see. What other blessings might God show us when we choose to view our circumstances through the eyes of gratitude?

The challenge for Term 4 is to begin with a deliberate decision to make time for gratitude. To make time to notice the blessings, the growth and the achievements during the moments, so that the year may truly end with the sense of gratitude and celebration that it deserves.

Marni Greenwood
Head of Junior School

From the Library

Senior School students

Please check folders, lockers and at home for any barcoded resources that should be returned to the Library. With very little time left before their exam periods and final assignments, it is important that they also check what needs to be found before the end of the year. Every student can check their own borrowing record and current borrowing by logging in to the Library home page. (Once you are logged in, you can check your current loans.) Any books that do not get returned before the end of school will incur a payment request.

Middle School and Junior School students

They can continue to borrow until the end of Week 6, when all books need to be returned.

In the mean time, students should take the opportunity to discover some new books and new authors to stretch them and it is never too late to discover a new book.

Research shows that regular reading:

- improves brain connectivity
- increases your vocabulary and comprehension
- empowers you to empathise with other people
- aids in sleep readiness
- reduces stress
- lowers blood pressure and heart rate
- fights depression symptoms
- prevents cognitive decline as you age
- contributes to a longer life

It's especially important for children to read as much as possible because the effects of reading are cumulative. However, it is never too late to begin taking advantage of the many physical and psychological benefits waiting for you in the pages of a [good book](#).

Alicia Buxton, Carolyn Hull and Jan Maschmedt
Library Team

Senior School

2021 Year 12 End of Year Arrangements

With the advent of COVID affecting our end of year celebrations in 2020, we are praying that this year will run smoothly and occur as we plan. Below you will find specific details of important events associated with the Year 12's final weeks of school. Please note the short turn around date for student bookings for the Thursday Evening Student/Staff Dinner.

MONDAY 18 OCTOBER	TUESDAY 19 OCTOBER	WEDNESDAY 20 OCTOBER	THURSDAY 21 OCTOBER	FRIDAY 22 OCTOBER
Home Group Farewell - can be offsite (approximately 11am - 1.30pm if required)	Staff vs Student Lunchtime Event Year 12 BBQ Burger Lunch	Arrive to a 'Mr Wood Breakfast' Dress Up Theme Day	Year 12's vs Staff Lunchtime Event with ice creams. Staff & Student's Dinner at The Highway 6.30pm.	Farewell Assembly in EPAC. Morning Tea afterwards. (TBC if parents allowed)

Final Day

The final day of normal Year 12 lessons is Thursday 21 October 2021. The Final Celebration morning for the Year 12 students is on Friday 22 October 2021. The outline of this morning is as follows:

8.15am Year 12 students in full formal uniform (inc Blazers) and no commemorative jackets please.

9.00am Year 12's FAREWELL ASSEMBLY in the EPAC (details regarding capacity for Years 10, 11 and parents to be confirmed asap).

Year 12 students are required to clean up any final week remnants and empty their lockers, after which they will be dismissed. Parents and students should be aware that the College is patrolled by security overnight until 8am and NO students are permitted on the premises; breaches of this request will be treated seriously. Teachers may still be scheduling time with their students in Weeks 3 and 4 for exam preparation.

SACE Exams

For all exams students should be at the College, at least 15 minutes before the start time. **Summer College Uniform is compulsory for exams.** Students must remain for the entire length of the exam and bring all necessary items ie. pens, pencils, calculators etc. All stationery is supplied. All exams will be held in G5. The exam timetable is as follows:

WEEK 4

TIME	MONDAY 1/11	TUESDAY 2/11	WEDNESDAY 3/11	THURSDAY 4/11	FRIDAY 5/11
8.50am Enter 9.00am Start	Mathematical Methods (2 hrs)		Geography (2 hrs)	Specialist Mathematics (2 hrs)	Biology (2 hrs)
1.20pm Enter 7.30pm Start		English Literacy Studies (1.5 hrs)	General Mathematics (2 hrs)	Modern History (2 hrs)	

WEEK 5

TIME	MONDAY 8/11	TUESDAY 9/11	WEDNESDAY 10/11	THURSDAY 11/11	FRIDAY 12/11
8.50am Enter 9.00am Start		Chemistry (2 hrs)	Psychology (2 hrs)	Physics (2 hrs)	
1.20pm Enter 1.30pm Start	French (continuers) (2 hrs)				

Speech Night

This is the final event for Year 12's and is their Formal Graduation. This event is **COMPULSORY** and will be held on Monday 29 November 2021 at Edwardstown Baptist Church, Cnr Rothesay Avenue & Dorene Street, St Marys. While the evening commences at 7pm, students are asked to be seated by 6.45pm. Full College summer uniform (including ties and long trousers for boys) is required for this night with blazers (no commemorative jackets please).

A coffee van will be provided this year for students and families from 6.15pm.

The College will confirm details about numbers, bookings, and the composition of the audience as soon as possible. However, as 2020 demonstrated, the event is dependent on State Government decrees.

Let us pray that we get to celebrate in Emmaus style.

Andrea Grear
Head of Senior School

NAPLAN Results

NAPLAN results for Years 3, 5, 7 and 9 will be sent home this week via your child.

Please keep an eye out for them in their class bag.

From the Canteen

I am pleased to provide the updated Canteen Menu for Term 4.

The new menu offers salads, cold rolls, and a cheese burger. It no longer offers Monday curries or the meatball baguette. There are some price changes.

On Qkr we added a Gluten Free tab. Please note that unfortunately the daily specials that are gluten free are not included in the new tab.

Thank you for your understanding and continued support.

"Do not work for food that spoils, but for food that endures to eternal life, which the Son of Man will give you. For on him God the Father has placed his seal of approval." John 6:27

God Bless

Sharon Hughes
Canteen Manager

Uniform Shop

2021 Normal Opening Hours

Monday	8.30am - 10.00am	Thursday	8.30am - 10.00am
	3.00pm - 5.00pm		1.00pm - 1.30pm
			3.00pm - 5.00pm

If you need any uniform, please do not hesitate to [email](#) or phone on 08 8292 3810. You can also order and purchase items via Qkr.

Christine Blom-Cursaro
Uniform Shop Manager

* Indicates items free of certain additives (see over page for list)
GF Indicates Gluten Free Products

V Indicates Vegetarian
VE Indicates Vegan

DF Indicates Dairy Free
NF Indicates Nut Free

ASIAN MEALS

Please give an alternative on lunch order bag

Fried rice with chicken **GF NF DF**

Vegetarian hokkien noodles **VE NF DF**

COLD ROLLS

2 of the same flavour and dipping sauce

3 of the same flavour and dipping sauce

BBQ Pork / Teriyaki Chicken / Thai Chicken /

Vegetarian

GRILLED CIABATTA

Please give an alternative on lunch order bag

Chilli chicken strips, tomato, baby spinach, onion, cheese, sweet chilli mayo

Chicken schnitzel strip, tomato, baby spinach, onion, cheese, mayo

Chargrilled peppers, sundried tomatoes, black olives, baby spinach, cheese, mayo **V**

SUSHI **GF NF DF**

Smoked Salmon/Teriyaki Chicken/Cooked Tuna/California Rolls

Vegetarian **V** /Pumpkin and Avocado **V**

Soy sauce

Butter Chicken with Rice **GF DF** contains almond meal

Malaysian Chicken with Rice **GF DF**

Dahl **VE GF NF**

½ VIETNAMESE ROLL

Please give an alternative on lunch order bag

Thai Chicken/Butter Chicken contains almond meal

Roast Pork/Tofu **VE**

Chicken “cold roll” Salad (noodle salad)

Beef “cold roll” Salad (noodle salad)

BAGUETTES (White or Wholemeal)

Chilli chicken strip, carrot, lettuce, mayo

Chicken schnitzel strip, carrot, lettuce, mayo

Chicken*, carrot, lettuce, mayo

Cheese, carrot, lettuce, cucumber, mayo

Chicken and salad **ORDERS ONLY**

Falafel and salad and hummus **V ORDERS ONLY**

Salad = lettuce, cucumber, tomato, grated carrot, mayo

SANDWICHES (Wholemeal Only) **ORDERS ONLY**

Add 50c for gluten free

GF bread is available. MARK clearly on lunch order

Buttered

Vegemite

Light cheese* **GF**

Salad: Lettuce, cucumber, tomato, grated carrot, mayo **GF**

Meat: Chicken* **GF** or ham **GF**

Light cheese and salad* **GF**

Meat: Chicken* or ham and salad **GF**

Salad = lettuce, cucumber, tomato, grated carrot, mayo **GF**

WRAPS **ORDERS ONLY**

Chicken* and salad

Chilli chicken strips and salad

Chicken schnitzel strips and salad

Falafel, hummus and salad **V**

Salad = lettuce, cucumber, tomato, grated carrot, mayo

SALADS **ORDERS ONLY**

Light Cheese and salad* **GF**

Meat: Chicken* or Ham and salad **GF**

Falafel, hummus & salad **V**

Salad=lettuce, cucumber, tomato, grated carrot, mayo

Add Chargrilled peppers or sundried tomatoes or black olives

.50 each

MONDAYS ONLY

5.50

5.50

5.00

6.00

TUESDAYS ONLY

5.50

5.50

5.50

WEDNESDAYS ONLY

2.50

2.50

5.50

5.50

5.50

THURSDAYS ONLY

3.00

5.50

5.50

4.00

4.00

4.00

4.00

4.50

4.50

HOT FOOD

Garlic Bread (9 inch)

Pizza: Ham & Pineapple/Cheese & Bacon **ORDERS ONLY**

Potato Wedges (about 150g)

Hot Dog **NO** sauce **ORDERS ONLY**

Hot Dog **WITH** sauce

Light Pie

Light Potato Pie

Light Sausage Roll

Spinach and Cheese Roll

Vegan Summer Roasted Vegetable Pasty **ORDERS ONLY**

GF Sausage Roll **ORDERS ONLY**

Tomato Sauce*

Sweet Chilli Sauce

BURGERS **ORDERS ONLY**

Vegetarian: Vegetarian patty, carrot, lettuce, mayo **VE**

Beef: Beef patty, lettuce, mayo, tomato sauce*

Chicken: Crumbed chicken patty, lettuce, mayo*

Cheese Burger: Beef patty, cheese tomato sauce*

GF Chicken Tender burger, lettuce, mayo and **GF** roll

GF Beef burger, lettuce, mayo and **GF** roll

Mark **GF** clearly on lunch order

SNACKS

Apricot and coconut balls **GF**

Grainwaves

Chips: plain*, honey, soy, BBQ veg chips **GF**

Fruit in season*

Light choc muffin

Banana bread*

GF Banana bread

ICE BLOCKS **OVER THE COUNTER ONLY**

Fruit Tubes

Moo – strawberry/chocolate*

Lifesaver icy pole*

Lemonade icy pole*

Frosty Fruit*

Twisted frozen yogurt – watermelon & mango **GF**

DRINKS

500ml NU Water

600ml NU Light sparkling water

250ml Golden Circle (Apple, Apple Blackcurrant, Orange)*

250ml Up & Go (Chocolate*/Strawberry*/Vanilla*/Banana*)

250ml Oak Strawberry*/Chocolate*

350ml Golden Circle (Apple/Orange/Apple Blackcurrant)*

EXTRAS

Spoon/Fork

Mayo*

Tomato sauce*

Sweet chilli sauce

Light cheese slice*

Salad item* (lettuce or cucumber or tomato or grated carrot)

Canteen Procedures and Rules

ALL STUDENTS please print your name, class and year level CLEARLY on your lunch order bag so we can read it easily.

Canteen procedure for Qkr app ordering

- Download the free Qkr app
- Set up student profile/s
- Cut off for ordering is **9:00am** on the day
- Pre order up to 2 weeks in advance
- Pre orders can be **cancelled using the app before cut off on the day, 9:00am**
- Junior school lunch orders will be sent to class in the class lunch box
- Middle and senior school lunch orders can be collected from the canteen at lunch time
- Late lunch orders can be placed at the canteen using cash or EFTPOS (\$5.00 minimum) before 10:00am
- Use the support contact details on the app if you are experiencing problems

Canteen procedure for cash ordering

Junior school

- Clearly write out a lunch order bag, must have students name and teacher’s name
- Place cash in the bag and fold it over at the top a few times to stop the money from falling out
- Place the lunch order bag in the green bag in the class lunch order box
- Class lunch box is sent to the canteen
- Class lunch box will be collected at 12:00
- Late lunch orders can be placed at the canteen using cash before 10:00am

Middle and Senior school

- Clearly write out a lunch order bag, must have students name and teacher’s name
- Place cash in the bag and fold it over at the top a few times to stop the money from falling out
- Place in the blue lunch order box outside the front office before **9:30am**
- Lunch orders can be collected for the canteen at lunch time 12:50am
- Late lunch orders can be placed at the canteen using cash before 10:00am

Canteen procedure for EFTPOS ordering

Middle and Senior school

- Place order at the canteen before school from **8:30am to the start of school 8:40am**
- Clearly write out a lunch order bag, must have students name and teacher’s name
- Pay using EFTPOS, there is a **\$5.00 minimum**

Teachers

- Please order lunches before **9.30am** and place in the blue Canteen box outside Reception or place order at the canteen before school from **8:30am to the start of school 8:40am using EFTPOS (\$5.00 minimum)**

NOTE:

- There will be no orders taken at recess time unless a student is late to school.
- Please do not order ice blocks. They can be purchased direct at lunchtime.
- Should orders miss the deadline, not all items are available, e.g. hot dogs, burgers, wraps, sandwiches
- There are some foods that can only be purchased if ordered, e.g. sandwiches, rolls, wraps, burger

Emergency Lunches

Junior Students

The Canteen **does not provide** credit. Junior students forgetting their lunch or money should report this to their teacher as soon as possible. They should go to Student Services or Reception by 9.30am, where arrangements will be made with the Canteen to supply an emergency lunch (a piece of fruit for recess \$1.20 and baguette for lunch \$3.50). Payment will be required the following day.

Secondary Students

Report directly to the Canteen Manager. Canteen to supply an emergency lunch (a piece of fruit for recess \$1.20 and baguette for lunch \$3.50). Payment will be required the following day.

Lunch Bags

Please ensure a supply of lunch bags is kept at home. Lunch bags can be collected from the Canteen or at Student Services.

*** Indicates items free of the below additives**

AVOID THESE ADDITIVES

COLOURS	102, 104, 110, 122, 123, 124, 127, 129, 132, 133, 142, 143, 151, 155 natural colour 160b (annatto)	
PRESERVATIVES	Sorbates:	200, 201, 202, 203
	Benzoates:	210, 211, 212, 213
	Sulphites:	220, 221, 222, 223, 224, 225, 226, 227, 228
	Nitrates, nitrites:	249, 250, 251, 252,
	Propionates:	280, 281, 282, 283
SYNTHETIC ANTIOXIDANTS	Gallates:	310, 311, 312
	TBHQ,BHA, BHT:	319, 320, 321
FLAVOUR ENHANCERS	Glutamates incl MSG:	620, 621, 622, 623, 624, 625
	Ribonucleotides:	627, 631, 635
	Hydrolysed Vegetable Protein (TVP)	
ARTIFICIAL FLAVOURS	No numbers since they are trade secrets	