

# Newsletter

Week 1 Term 7 | 16 March 2022

IMPORTANT DATES

SOUTH PLYMPTON &

**BROOKLYN PARK** 

*Please check College* <u>*Website*</u> for Important Dates

# From the Head of Middle School

Dear Emmaus Families and Friends

#### The Gift of Gratitude

"Give thanks in all circumstances; for this is the will of God in Christ Jesus for you." 1 Thessalonians 5:18

I really appreciated reading Helen Vonow's newsletter article in our Week 5 newsletter about what tools we have in our 'Tool Box'. Point 4 was on gratitude. Why is it God's will for us to give thanks in all circumstances? If you're anything like me, I like to give thanks when circumstances suit me, when things work out how I had hoped. I certainly struggle to be thankful when things don't work out how I had planned. So why doesn't God just leave the verse to say, "Give thanks when you feel like it"?

When we understand the Father's heart, that He is for us and not against us (Romans 8:31), that He created us and knows exactly what we need, then like a loving parent He shares with us clearly that it is His will. Why would a loving father desire for us to give thanks in all circumstances? Is it because:

- It is what's best for us?
- It improves our mental health and wellbeing?
- "In all things God works for the good of those who love him, who have been called according to his purpose." Romans 8:28
- It improves our relationships with others?
- It helps set our children up for success in life?
- It reminds us that our hope is not based on our circumstances, building within us resilience, courage and strength in a God who is the same yesterday, today, and forever? (Hebrews 13:8)

Yes! And so much more. The Father's will is always what is best for us and those around us.

This week, our Middle School students were asked what they are grateful for about our College. This is one of the many encouraging responses...

"I am most thankful for all my friends and teachers here at Emmaus. I always have someone who will have my back and a person to talk to whenever I feel down. I am extremely thankful for everyone here as they are always there for me when I need it most." Year 8 student

May we continue to lean into our Heavenly Father's will by reading his Word, "and let us consider how we may spur one another on toward love and good deeds" (Hebrews 10:24) using the gift of gratitude.



Jonathan Carpenter Head of Middle School

# Junior School - South Plympton

#### Love Heart Tree

This term we have many special days that we can celebrate together. A particular favourite has been Valentine's Day!

On this day, we are reminded of love and it is a great opportunity for us to talk about, reflect on and celebrate God's love for us. It is also important for us to think about how we can demonstrate his love towards anyone who may cross our paths.

In Year 1/2, we enjoyed making salt dough hearts. We painted and decorated them together – it was so much fun! We have hung our ornaments on a small tree in our classes and named it our "Love Heart Tree".

Our Love Heart Tree reminds us of **1 Corinthians 13:4-8** which reads, "Love is patient and kind; love does not envy or boast; it is not arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice at wrongdoing, but rejoices with the truth. Love bears all things, believes all things, hopes all things, endures all things. Love never ends."

During devotions in the morning, we have explored one example from this verse and to see how we can do this in school and home life. With practice and lots of grace, God's Spirit grows these traits in our hearts and helps us to work them out in our lives.

May we continue to encourage and support our children through prayer and effort in order to reflect these qualities more and more with each passing day. Thank you for your partnership as we do this together!









Morgan Venter Wellbeing & Administration Coordinator F-2

# **Uniform Shop**

The uniform shop is returning to normal open times where parents can come into the school to purchase uniform. Please wear a mask.

#### **2022** Normal Opening Hours

Monday	8.30am - 10am		3pm - 5pm
Thursday	8.30am - 10am	1pm - 1.30pm	3pm - 5pm

If you need any uniform, please do not hesitate to email or phone on 08 8292 3810. If you know your child's size, you can order and purchase via the Qkr App.

#### Christine Blom-Cursaro Uniform Shop Manager

# **Brooklyn Park**

#### Foundations are Weather Watchers!

This term the Foundation students at Brooklyn Park have been inquiring about the weather with the driving question being, "Why is it important to know about the weather?" So far, we have had the opportunity to study clouds in the sky and observe alcohol thermometers used to take the temperature. The students have come up with symbols to represent different weather. We will be learning about the wind and will be thinking about how different weather affects what we wear, what we can do and where we can go!

#### Whether the weather be hot, Or whether the weather be not! We'll weather the weather, whatever the weather, Whether we like it or not!



Gillie Giles Foundation Teacher

# Middle School

One of the aims of the TRJ program here at Emmaus is to help our young boys to know and understand what it means to live and act not just as a good man, but a Godly man.

We are certainly blessed as Christians to have a person, in Jesus, who sets an excellent example that we can follow as he gives us the ultimate example of what being a Godly person looks like. We believe that Jesus was both human and God, and in that, he was able to show us what it was like to be the most fully human in the best way possible.

Our class has reflected and explored some of Jesus' characteristics, how we are called to embody those, and are learning to live these out now. Here are some of the student's responses in which they have noticed that their characteristics align with Jesus'.

Ethan: Obedient and hopefulJed: GJesse: Generous and kindJosepKeagan: Forgiving and slow to speakHarriseElias: Calm and NurturingIlya: GLucas: Peaceful and resilientVincerKenez: Loving and self-controlledJethroNoah: Passionate and servant heartedCaleb: Humble, wise, self-controlled and peaceful

Jed: Generous and calm Joseph: Healthy and calm Harrison: Calm and patient Ilya: Growing and calm Vincent: Kind and calm Jethro: Valuable and patient

Ben Squire Middle School Teacher The Rite Journey Coordinator ht ent







#### Newsletter

# **Senior School**

#### SACE Art Show

The 2022 SACE Art Show will showcase an array of high sophisticated art and design works of selected Year 12 Visual Art students from 2021. Congratulations to the four students who were selected from Emmaus Christian College, this is a huge achievement, and we are so proud of you!



Lottie (Visual Art - Design) Created a graphic branding identity for a Music Festival called 'Cosmic Soda'.



Charlotte (Visual Art - Art) Created a body of portrait paintings using oils, exploring the theme 'Beauty Is...'



Antakiya (Visual Art - Art) Created four oil paintings encapsulating life with OCD, each presented with audio commentary.



Ruby (Visual Art - Art) Created a series of creative portrait photography, presented alongside a film exploring 'Human Emotion'

The SACE Art Show will be held as a COVID-safe exhibition at the Light Square Gallery, Adelaide College of the Arts. Tuesday 22 March - Friday 22 April 2022, 9am - 4pm Monday to Friday, 10am - 3pm Saturdays (excludes public holidays).

Esther Amoy 7-12 Visual Art Coordinator

#### Changes to our Camp...Again.

It was with a sense of frustration that I have had to cancel the Year 12 Orientation Camp for Week 8 this term. It was originally booked for Week 1, and having it in Week 8 was a push to call it an Orientation Camp, but it was at least happening in Term 1. Or so I thought. Unfortunately, the latest SA Health decrees made restrictions for camps even more difficult for those of us who dared to dream of using a camp site. We are only permitted to use tents, maximum of two persons per tent, and not have communal eating – there goes both comfort and the catering! The new decree immediately put paid to use of the campsite we had rebooked at Port Hughes. It is a logistical nightmare to find over 45 tents and reconfigure catering to Trangia food prepared in groups of two. Not at all the banqueting we had planned. Not at all suitable for the purpose of what we had wanted for this camp. So, we have had to cancel the camp that has been three years in the making. Sigh!

Luckily, we have been able to add extra time to the Year 12 Retreat at the end of Term 2 in compensation to what we have lost in Term 1. Needless to say, it does not make up for the Orientation Camp, but it helps a little. As does the Year 12 breakfast planned for this morning (Wednesday 16 March). Thank goodness that our students are flexible and resilient. I take my hat off to them. I did not receive one complaint, in fact I think I was the person who was most vocal in my disappointment. Thank you for understanding, both Year 12 students and families. Let's make the Retreat fantastic!

Andrea Grear Head of Senior School

#### Newsletter

# Launch News

Growth Mindset lessons have been given to students from the ELC to Year 9.

Current scientific research has shown that our brains have neuroplasticity. We encouraged our students in that they can grow their intelligence through hard work, passion and perseverance.

We asked students to think about their thinking - what are we saying to ourselves? Are we kind and encouraging to ourselves when we are learning something new? That there is power in using the word "yet" ie, "I haven't learned this yet."

Learning something new always takes time and can be a struggle but through repetition, asking questions, and positive self-talk synapses in our brain begin to strengthen.

In each class we discussed the verse "we take captive every thought to make it obedient to Christ." 2 Corinthians 10:5b and how it applies to Growth Mindset.

#### Opportunities in Academic Challenges at Emmaus Christian College

#### Debating SA Competition Year 5- Senior Students.

Such a useful skill for all students to have in their life tool kit. If you would like your child to be involved in this please contact <u>Susanne Milne</u> Student notification of interest deadline is Thursday 17 March.

#### **Public Speaking Training and Competitions**

Students from Year 7 - Seniors are eligible ECC is involved with three Public Speaking competitions:

- Rostrum Voice of Youth
  - Plain English Speaking Association (PESA)
  - Legacy Junior Public Speaking competition

Practices are held on Thursday's lunch in the Launch room.

#### Australian Mathematics Trust: Computational and Algorithmic Competition (CAT)

- Open to students from Year 5 Year 10
- Cost \$7.50
- A one-hour problem-solving competition held at ECC, that seeks to identify computer programming potential.

For more information click on this link.

Please register your child with payment at Student Services by Wednesday 23 March.

Please contact me via email if your child is interested in taking up the challenge in any of the above opportunities.

Susanne Milne Launch Coordinator ELC-10

# **Performing Arts**

#### **Instrumental Tuition**

It has been great to welcome our team of Instrumental Tutors back on site and see face to face lessons resume. Due to the current climate, we have seen a number of student absences so this is a timely reminder that if your child is away for any reason to please let the relevant tutor know as early as possible. It is the parent's responsibility to advise of any absence. Tutors are only able to offer a makeup lesson or credit a missed lesson if they have been given notice of an absence ahead of time. Thank you for your support of our tutors in this way.

#### **Autumn Instrumental Night**

We are pleased to be moving forward with plans for our very first performance opportunity of the year. Our Autumn Instrumental Night is booked for Thursday 31 March (Week 9) at 7pm.

Due to the time required to prepare for Instrumental Nights, we are going to proceed with plans on the proviso that the event will be cancelled if there are any directives from AISSA (Association of Independent Schools in SA).

Instrumental Nights are an opportunity for students to perform in a relaxed environment in front of a live audience. They are designed for students of all ages and abilities and a great platform for students to 'have a go'. Students nominate themselves to perform through a Google Form (link here). Please note that places do fill fast.

If you are not familiar with Instrumental Nights, please do not hesitate to email me, otherwise please register through the link above. Both South Plympton and Brooklyn Park students are invited to perform at this event, held in the EPAC at South Plympton campus.

#### Tracey Medhurst

#### VET, Performing Arts, Learning Support

# **College Employment Opportunities**

Emmaus is seeking suitably qualified Christian staff to join our team:

#### • OSHC Assistants (regular and relief roles available)

Full details and application criteria are available on the College website.

Closing date for applications Monday 21 March 2022 at 9am.

Please email applications to HR.

Please share this information with any family, friends and Church associates who may be interested in these roles.

## **College News**

Congratulations to our 7-12 Visual Arts Teacher, Esther Amoy, who was recently selected as a state finalist for the National Teacher Artist Prize 2022. The Prize aims to encourage, recognise and celebrate the visual arts practice of primary and secondary school educators and this year it is judged by guest artists including Maree Clarke and Vernon Ah Kee. Esther's work will be on display at the upcoming exhibition in Melbourne throughout April.

To find out more about Esther's work, and to vote for your favourite click on this link.

THE NATIONAL TEACHER-ARTIST PRIZE WINNER receives a Cash Prize of \$10,000, PLUS their school will receive art materials from Zart worth \$10,000

THE NATIONAL TEACHER-ARTIST PRIZE RUNNER-UP will receive art materials from Zart worth \$2,500

HIGHLY COMMENDED STATE-BASED PRIZE seven winners will receive art materials from Zart worth \$2,500

THE PEOPLE'S CHOICE PRIZE receives an individual Cash Prize of \$2,500



# **Sporting News**

Term 1 Sport is off and running now. Our Tennis trial program that was held in Term 4 last year was a success and now it has grown to incredible numbers. We have over 80 Junior School students taking part in Tuesday or Thursday night Tennis sessions being held at Brooklyn Park and South Plympton campuses. The clinics are run by Head Start Sport and have been conducted very professionally assisting students to learn the skills of the sport while having fun with their friends.

Our 'Life Be In It' Basketball and Netball teams are back on the courts for the second half of summer season this term. Those involved make sure you are connected via TeamApp to see the latest news and schedule changes as in this current environment things are never the same week to week.

Our new Sports Administrator Jason Roberts has been busy seeking various sporting opportunities for all our students. Families and students have been emailed various sporting opportunities for the upcoming Winter season (Term 2 and Term 3) that have included registration form links. Sports that have been offered in Junior School include AFL, Soccer, Basketball and Netball. In Middle/Senior School, Netball and Basketball (usually 5-a-side and 3v3 Hustle). Students who have wanted to support our growing sports program through umpiring have also been sent information and a registration forms via email to assist in the running of these events. If you have any questions about these sporting opportunities or you no longer have the email that contained the registration form, email the <u>Sport Department</u> so we can assist your enquiry. Be quick as teams are filling fast and spots are limited as reserve lists for sports have already started.

Our Senior Sport Leaders have met already this term and at our meeting discussed the use of funds that have been raised by our College community through the Rebel Sports Giveback Program. We are pleased to announce that Rebel has rewarded our school with \$220 in credit which has been used to purchase Basketballs, Soccer balls, Outdoor Volleyballs and AFL Footballs to be used by students during recess and lunch breaks for our College. These will be put into use soon by our Senior Sport leaders who will oversee the correct use and replacement if needed. Remember to join Rebel Active and link your account to our school next time you are in store so our school continues to earn credit. Thank you for your support.

Finally student achievements, this is an aspect of our students sporting careers which we would like to acknowledge better with in our College community. Acknowledging students achievements includes being a member of a local, social, district, State team that has achieved goals such as qualifying for season finals, or individually being selected for representative squads/teams as members or reserves. We see these achievements and successes as being just important to our students health and wellbeing, as for some students this is their outlet and passion and some have set goals to achieve over a prolonged period making many sacrifices and life choices. If you or your child feel comfortable in sharing their achievements feel free to email the <u>Sport</u> <u>Department</u> so we can appropriately acknowledge them at the next opportunity.

We are looking forward to a busy and successful year ahead in terms of sport. Continually check our <u>College</u> website calendars for large intra and inter school events as we move through the year. If you have any questions or queries about sport in 2022 do not hesitate to get in contact with the College.

#### Daryl Porter PE Health and Sports Co

# From the Canteen

#### Showdown Donuts - Support your Team, Support your School

Pre-order your showdown donut(s) by Monday 28 March 2022, 9am, cost \$3, for Friday 1 April 2022 (preferred method Qkr App Showdown menu).

Cash orders can be placed in the class lunch boxes, the blue lunch order box or dropped off at the canteen. Eftpos payments (\$5 minimum) can be made at the Canteen before school (from 8.20am) for Middle and Senior school students and from the start of school to 9am for Parents and Caregivers.

Gluten free donuts are available to order, unfortunately not showdown \$3.20 (limited amount).

Looking forward to seeing which team has the most fans. "For he satisfies the thirsty and fills the hungry with good things" **Psalm 107:9** 

God Bless

Sharon Hughes Canteen Manager

# **Student Wellbeing**

#### Ch-ch-ch Changes

#### Turn and face the strange, (D. Bowie)

Times of change, can actually be just plain stressful. Not all negative stress; there are often positive experiences we have while learning the new, however it can be challenging. For some of us, challenging is an understatement.

#### What types of change are you experiencing?

It may come with the new year; a continuation of schooling. New teacher or boss, different cohort and new room. It may be that you have just moved schools, or that you are starting a new job. Perhaps you have experienced multiple changes at one time, compounding the 'new' stressors all at once. Some people like a busy plate, with lots to do. I like the saying (however, outdated it is), 'If you want a job done quickly, give it to a busy mother'. Mostly because I think of my own mother, who was quite apt at completing an eye watering number of tasks each day.

Why do we experience change? The Merriam-Webster dictionary defines change as a verb; meaning to alter, transform or switch. In a school context, there is a vast amount of change happening as educators seek to incorporate best practice into their teaching. However, negative change can push us far out of our comfort zone, and cause us distress, when all we want is normality. The COVID restrictions are a prime example of change that feels as though the peace train has been derailed. **Deuteronomy 31:6** says "*Be strong and courageous*. *Do not be afraid or terrified because of them, for the Lord your God goes with you; he will never leave nor forsake you*."

There is something here that is easy to miss. "Do not be afraid... the Lord your God goes with you..." I may be stressed out, however the fact remains that God is constant, and He will never leave nor forsake you or me.

An excellent way of looking at the stress that comes with change is in the skill of problem solving. Michael Fullan, a leading expert on change, discusses the issue of seeking the new and exciting innovation as counterproductive. Instead, we need to develop our capacity to solve complex problems and build a culture in ourselves, and our community that support change. Peter Senge extends this thinking by suggesting; to excel, an organisation needs to utilise each person and their commitment to the change. Jesus is an excellent example of a teacher who is working tirelessly to upskill his disciples (students). He washes their feet, just to illustrate a point!

The first piece of advice I would offer comes from Albert Einstein - Sometimes the easiest way to solve a problem is to stop participating in the problem. Let us take a moment to analyse some experience of change that we have had or are experiencing currently. Can you point out a way you contributed to the 'problem' side of the change? Just sitting in my study and having a minutes thought on this, I can think of a few situations where this is true for me. Even the stressful adjustment to online learning that came with the start of the year. I spent more time that was healthy bemoaning the new conditions for my work than was needed. It didn't help me do any work, it actually slowed me down.

In the bible, James paints change in an extraordinary way, "Consider it pure joy my brothers and sisters, when you encounter trials of many kinds, because you know that the testing of your faith develops perseverance. Allow perseverance to finish its work so that you may be mature and complete, not lacking anything." James 1:2-4. Persistence means to do something despite difficulties, failure, or opposition.

Where do you stand when change feels like a storm is raging around you? Firmly built on the rock of God? Or sinking in the sand? There is good fruit to be had. God IS with you. You are going to be more mature, and (moving towards) not lacking anything! Perspective is a choice. Find joy in the challenges and trust in God. Get back on the peace train.

Jeremiah 29:11, James 1:17, Isaiah 43:19, 1 Corinthians 15:51-52 If you would like support or have any questions, please do not hesitate to contact us by heading to the <u>Emmaus Wellbeing</u> website.

God bless,

#### Jordan Wheatcroft Student Wellbeing Counsellor

# **Community News**

#### 1-Minute Film Competition 2022

Australia Teachers of Media (ATOM) is proud to present the 1-Minute Film Competition 2022. The competition is now in it's 7th year and the theme for the 2022 competition is *Dreams*.

Hopes we have for the future; an often fleeting array of experiences which mainly occur during sleep. Whether it's our wishes for an ideal future, personal dreamscapes to which we let our minds wander, or goals we strive towards – dreams provide points of connection to others and insight into our own psyches.

#### **Categories for All School Students**

To enter the 1-Minute Film Competition, students must create a 1-minute film adhering to the theme and submit it into one of the following four categories: Lower Primary (Years F–3), Upper Primary (Years 4–6), Lower Secondary (Years 7–9), Upper Secondary (Years 10–12).

Entries close at midday AEST, Friday 29 July. For further information or to enter click here.

#### NAB AFL Auskick

Join the fun and get involved, registrations are now open. Click <u>here</u> to find your nearest centre and further information. Trained coordinators and COVID-Safe protocols in place at every centre.