



NEWSLETTER

T3 Wk 3 9th August 2017

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Next College Newsletter: Wed 23rd August 2017

Please email your articles to: newsletter@emmauscc.sa.edu.au

Important Dates

August

Fri 11th

Yr 10-12 Vaccination

'Let there be Coffee' Coffee Van in JS area 2.30pm - 3.30pm

Mon 14th

SACSA Yr 4-7 Table Tennis @ Tyndale

Tue 15th

ICAS Mathematics

Senior Pathway Planning Day

SACSA Yr 8/9/Open Table Tennis @ Tyndale

Thu 17th

SPELD Workshop in Staffroom 9.00am - 10.00am

Fri 18th

Book Week Dress Up Day

'Let there be Coffee' Coffee Van in JS area 2.30pm - 3.30pm

Fri 18th - Tue 22nd

Erabella Students Visit

Mon 21st - Fri 25th

Book Week and Science Week

Mon 21st

SACSA AFL Yr 4/5 Boys & Girls @ Kings Baptist

Tue 22nd

SACSA AFL Yr 6/7 Boys & Girls @ Kings Baptist

Wed 23rd

SACSA AFL Yr 8/9 Boys & Girls @ Barratt Reserve

2017 Term Dates

Term 3

Wed 26 Jul - Fri 29 Sep

Term 4

Mon 16 Oct - Wed 6 Dec

(Term dates subject to change)

2018 Term Dates

Term 1

Mon 29 Jan - Fri 13 Apr

Term 2

Tue 1 May - Fri 6 Jul

Term 3

Tue 24 Jul - Fri 28 Sep

Term 4

Mon 15 Oct - Wed 5 Dec

(Term dates subject to change)

Weekly Coffee Connect

Tuesday Morning

9.00am - 10.00am



Weekly Prayer Connect

Thursday Morning

8.30am - 9.00am



Upcoming Principal Tours

If you have family and friends who are interested in enrolling their children at the College please draw their attention to this Term's Principal Tours which are being held on

Wednesday 23rd August (Middle & Senior) and Thursday 24th August (Junior) at 9.15am.

Bookings are essential, please phone the College on 8292 3888 to register your place.

From the Head of Junior School

Dear Families and Friends

It is widely recognised that a child's emotional health and wellbeing influences their cognitive development and learning, as well as their physical health and their mental wellbeing into adulthood. Research by Christian educational specialists recognises that, 'in order to help students succeed; schools have a role to play in supporting them to be resilient and mentally healthy.' 'Mental health is at the heart of living the Christian life.' Trying to live the Gospel values such as the Beatitudes is one of the keys to good mental health.

"Happy are the poor in spirit, for theirs is the kingdom of Heaven." Matthew 5:3

In the College such activities as praise and worship, Bible stories, prayer, reflection and putting Christianity in action to make a difference to others are just some of the ways of promoting positive mental health. Activities at school come under a variety of headings, including emotional literacy, emotional intelligence, resilience, life skills, anti-bullying and coping skills. Our aim is for school to be a safe and affirming place for children where they can develop a sense of belonging and feel able to trust and talk openly with adults about their concerns.

"There can be no keener revelation of a society's soul than the way in which it treats its children" – Nelson Mandela.

I had the privilege of attending the Generation Next Conference 'The Mental Health and Wellbeing of Young People' at the beginning of this Term. The five features of positive relationships according to an article published through Generation Next are trust, forgiveness, integrity, hope and compassion. We need to build families, schools and communities in which everyone is connected, protected and respected. Feeling connected gives a sense of belonging, of being valued and being part of something meaningful. Feeling protected gives a freedom to feel safe. Feeling respected builds relationships. When we treat others as we would like to be treated we strengthen relationships. We build trust, forgiveness, integrity, hope and compassion.

Identity Day in the Junior School is such a powerful day of building community where parents, students and staff were all connecting with one another in ways that we do not normally experience. During the process students have the opportunity to reflect on their own strengths and uniqueness and continue to build their own sense of self-worth and self-esteem. Students listened and learned about other students. Parents had worked with their children on their passion while connecting their learning from home to school.

"Without love, there is no reason to know anyone, for love will in the end connect us to our neighbours, our children and our hearts" – Martin Luther King, Jr.



Annette Craven
Head of Junior School

Senior School News

Beauty and the Beast - Musical Magic

What an amazing privilege it is to be part of the Musical. I have been completely astonished by the talent of our students and the time and effort they have contributed to be part of Beauty and The Beast. I sat in the audience in complete awe of the quality of the performance from Middle and Senior school students and the mammoth effort of the musicians who play the whole time (minus 10 minutes apparently!) and realise that they are all 18 years old and under. Even more impressive is the fact that students choreographed dances, painted sets and exercised an impressive growth mindset with their ability to memorise parts, music and the action.

Behind the scenes was also equally as impressive. Senior students made the performance work with their ability to manage set changes, set problems and by providing help to 'bump in' and 'bump out' (new words for me – I wonder if parents of children still living at home can take this on board?). And finally, the sets. They were completely spectacular in their appearance and function – how very clever to have created such high quality and creative backdrops for the action. I know that they took many hours to make and a bit of an inside trade help. Thank you Brendan and Jess.

As we all know, that behind all of this are the staff who have contributed to the Musical in time, energy and creativity. It would not happen without them and the six-month commitment that they have made to make it all work. Our students are fortunate indeed to have an opportunity to participate in an event like this. Thank you to the following teachers in particular: the indefatigable Jess Routley, Andrew Verco, Saxon Wilson, Esther Amoy, Michelle Coppins and Carolyn Adams. Also to the staff and parents who helped behind the scenes, (too many to name here), with costumes, makeup and as roadies - we owe you all a debt of gratitude. This wonderful Emmaus community event would not happen without all of you.



Year 12 Retreat

Once again, our Year 12 students enjoyed a wonderful retreat at Adare Campsite, Victor Harbor during the last two days of Term two. The aim of this camp is some well-earned rest and relaxation as they plough their way through the demands of the year. We were blessed with sunny daytime weather, albeit a little chilly in the mornings, and enjoyed the lovely, relaxing venue of Adare Campsite.

During the two days, students stayed in their CCAPP groups and worked through a rotation of four activities. These were bike riding along the foreshore, kayaking in the backwaters, obstacle course and the flying kiwi, as well as challenge problems.

Thanks to Ms Cathie Meaney, students were involved in a number of fun games, including a vigorous game of newspaper hockey and the challenge of taping members of their group off the ground with packing tape!

Part of the camp was set aside for reflection and devotions and Mr Adrian Davis reminded the students of their unique value in the eyes of God. On the final afternoon, Mrs Irma Rodda shared a devotion about the challenges that lie ahead which can be faced with hope and God's grace.

The students entertained each other and us greatly with their "Red Faces" items on the Thursday evening and there were many talents, otherwise undiscovered, in the group, including fabulous music, exercise classes with a difference and quizzes created especially written for the evening. Perhaps the best part of all was when the students received their letters from parents. It was a moving way to finish the camp and the Term, especially knowing that there are people who care so much in their lives.

We all had a great time and Year 12's will now 'knuckle down' for what will be not much more than a Term of lessons and then their final assignments and exams.



Andrea Gear
Head of Senior School

Brooklyn Park Campus Plans

Register your interest

We are excited to announce our plans to establish a second campus at Brooklyn Park for Early Learning through to Year 6.

It is our intention to commence the campus in 2019 with an ELC (for 3 and 4 year olds) and Junior Primary (Reception, Year 1 and Year 2). Higher year levels will be available depending on demand or in future years, as the campus expands.

For more information to register your interest in enrolment visit www.emmauscc.sa.edu.au/brooklyn-park.html

College News

Aurecon Bridge Building Competition

Emmaus sent two Year 8 teams to compete in the 16th Aurecon Bridge Building Competition held at the Adelaide Art Gallery on Tuesday 1st August. Emmaus competed against 40 teams.

The bridges had to span 70cm and be constructed from balsa wood, string and a cardboard tube. One of our bridges held over 16kg of weight!

Congratulations to Hannah, Erica, Joelle, Ricardo, Sam and Byron for a great effort.

Oliphant Science Awards Open Day

This year Emmaus has 48 entries in the Oliphant Science Awards.

Why not go along to the 2017 Oliphant Science Awards Open Day to experience the fun side of Science!

Hosted by Andrew 'Cosi' Costello, there will be several engaging Science Spectacular Shows including presentations by ZoosSA, Mobile Science Education, The RoboRoos Robotics Club, SciWorld, Engineers Without Borders, The Young Scientists of Australia and The Nature Education Centre. Get hands-on with 'Come & Try' stations or have a browse through our 2017 winning projects.

Food and beverages will be available to purchase on the day to help support some of our local community groups including a BBQ from The Rotary Club of Regency Park and coffee from Beans Talk Coffee Cart (a Hutt Street Centre initiative).

So, make a day of it and take your friends and family!

Where: Festival Functions, 292 Findon Road, Findon.

When: Sunday 27th August 2017, from 12.00 noon to 4.00pm.

Cost: Gold coin donation.

Susanne Milne

Woolworths Earn and Learn

This year Emmaus will be participating in the Woolworths Earn and Learn program. Through this program we will be able to get new educational resources for our school/early learning centre – and all we need you to do is shop for your groceries at Woolworths.

Until Tuesday 19th September or while stock lasts, we are collecting Woolworths Earn & Learn Stickers. You will get one Woolworths Earn & Learn Sticker for every \$10 spent (excluding liquor, tobacco and gift cards). Place the Woolworths Earn & Learn Sticker onto a Woolworths Earn & Learn Sticker Sheet and when it is complete, the Sticker Sheet can be dropped into the Collection Box at Student Services window.

At the end of the promotion, we will be able to get some great new equipment. The range is extensive and offers lots of items ideal for our students – including resources for Maths, English, Science and some fantastic fun supplies for Arts & Craft, Sport and for our library. If you would like to know more visit www.woolworths.com.au/earnandlearn

Congratulations

Congratulations to Tamsyn, Year 10, who was awarded the 'Under 15 Club Person of the Year' by Brighton Surf Club last Term. This award is given in recognition of; participation, respect, being fair and a good team person. Well done Tamsyn!

From the Library

Junior School SRC

The Junior School SRC is trying to make a difference in the world...one toothbrush at a time!

We are collecting old toothbrushes, toothpaste tubes (and the boxes they came in), plus any containers that used to contain floss. These items generally go to landfill, but in conjunction with a large recycling promotion these items can be recycled into garden benches, shopping bags and other more useful items.

Items can be returned to school and given to a Junior School SRC Representative or to me in the Library.

Carolyn Hull Teacher Librarian

Music

Performing Arts Calendar 2017

Term 3	Week 7	Thursday 7 th September	Spring Instrumental Evening @ 7.00pm in EPAC
Term 4	Week 6	Tuesday 28 th November	Year 5/6 Battle of the Bands Concert

Andrew Verco

Music Coordinator (Rec - Year 12)

Student Wellbeing Coordinator

Life Skills

As we head into another busy Term, I would like to remind families how important it is to teach children valuable 'life skills.' Many times as parents we get busier and busier running our children around various activities and we mistakenly believe we need to 'do it all.' Actually families run best when all members contribute, and the most resilient adults are those who have learnt early that it takes every member of a family, doing their bit, to help a family operate successfully.

Romans 12:4 reminds us that "...Our bodies have many parts, and each part has a special function." Therefore families work best when everyone does their part and in order to do that, children need to learn valuable life skills.

In a useful article, Australian parenting educator Maggie Dent goes on to explain this further. Dent suggests that, "If a parent keeps doing something that a child is capable of doing for themselves - even if you do it out of love - you may be holding them back from growing into the best expression of themselves."

Dent goes on to say that "Every year a child can master more and more life skills. A child who can do many significant things for themselves will develop a stronger sense of self-esteem. The mastery of being able to conquer the monkey bars, climb a tree or ride a bike without training wheels are significant moments of success that really impact a child's capacity to grow, stretch and take risks.

Teaching children to grow veggies, to cook, to manage chores responsibly, to help the neighbour take bins out and make your mum a cup of tea are all examples of the gradual increases in life skills."

If you are interested in reading this article in full, please click [here](#).

Sue Chapman

Canteen Roster

Week 3 T3

Thu 10 th	HELP NEEDED
Fri 11 th	Nancy Pantelis

Week 4 T3

Mon 14 th	Helen Talbot
Tue 15 th	No help needed
Wed 16 th	Blake Watson
Thu 17 th	HELP NEEDED
Fri 18 th	Aleks Darwin

Week 5 T3

Mon 21 st	No help needed
Tue 22 nd	No help needed
Wed 23 rd	Rebecca Hutchinson
Thu 24 th	Maria Gutteridge
Fri 25 th	Paula Griffiths

Week 6 T3

Mon 28 th	No help needed
Tue 29 th	No help needed
Wed 30 th	Tracey Medhurst
Thu 31 st	HELP NEEDED
Fri 1 st September	Mandy Nield

Thank you for the time you volunteer in the canteen, it is very much appreciated. The hours are from 9.30am to approximately 1.30pm. Due to Occupational Health and Safety, please wear enclosed shoes and ensure long hair is tied back. Please also remember to sign in at the Front Office and wear a visitors badge before you commence in the canteen. This is a legal requirement in case of fire evacuation/lock down. Thank you for your assistance with this important matter.

Christine Blom-Cursaro and Sharon Hughes

Uniform Shop

2017 Normal Opening Hours

Monday 8.30am - 10.00am 3.00pm - 5.00pm	Thursday 8.30am - 10.00am 1.00pm - 1.30pm 3.00pm - 5.00pm
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Christine Blom-Cursaro
Uniform Shop Manager

First Aid

We have recently had several students diagnosed with Influenza A.

Influenza, commonly known as the flu, is an infection of the nose, throat and lungs caused by the Influenza A or B (or rarely C) viruses and is highly infectious. Influenza is a notifiable disease and therefore we are alerting our families, even though we are currently in what is known as 'Flu Season' in Australia (between May and September).

How influenza is spread

Influenza virus is spread when someone with influenza coughs or sneezes, producing airborne droplets that come into contact with the mucous membrane. Droplets can be spread through the air. Infection may also be spread by contact with hands, tissues and other articles soiled by infected nose and throat discharges.

Infections period

Usually from 1 day before onset of symptoms until 7 days after the onset of symptoms; up to 21 days in young children. After 5 days the level of infectiousness is probably very low.

Incubation period

Average of 2 days for seasonal influenza (range 1 to 4 days).

Symptoms include

- Rapid onset of fever
- Headache
- Muscle aches
- Fatigue
- Sneezing
- Running nose
- Sore throat
- A cough

Most people recover within a week, although the cough and fatigue may last longer. Influenza is much more serious than the common cold. It can lead to pneumonia (lung infection or inflammation) and other complications, and even death, particularly in:

- People aged 65 years and over
- Pregnant women
- Young children
- People with chronic conditions like heart disease, diabetes and lung disease

To minimize the risk of spread please keep your child home and seek medical advice if you think your child may have Influenza A, advising the school of any diagnosed cases.

Ros Argent and Maria McIver
First Aid Officers

Community News

Dental Assistant Traineeships

SA Dental Service is offering more than 20 Dental Assisting Traineeship positions at clinics across the state. The 12 months Traineeship contract includes on the job training and attendance at TAFE where you will gain a Certificate 3 in Dental Assisting while earning \$17,685 - \$32,761 a year.

If you are 17 to 24 years of age (or up to 30 years if Aboriginal or Torres Strait Islander) and have finished Year 11, you may qualify for a Traineeship. Applications open 1st September and close 22nd September for February 2018 intake.

For more information visit www.sahealthcareers.com.au Search Job Number 623462 to apply.



SPELD SA

The Specific Learning Difficulties
Association of South Australia

Emmaus Christian College Staffroom

7 Lynton Ave South Plympton

TEL 08 8292 3888

Emmaus Parents' Workshops

Term 3

Session 1 – Week 2, Thursday 3rd August 9 – 10 am

Dyslexia and developmental delay, what are they and how do they affect my child's learning?

Session 2 – Week 4, Thursday 17th August 9 – 10 am

How to help your child plan a writing task.

Session 3 – Week 6, Thursday 31st August 9 – 10 am

How do I explicitly teach my child?

Session 4 – Week 8, Thursday 14th September 9 – 10 am

What if you can't do the times tables?

Session 5 – Week 10, Thursday 28th September 9 – 10 am

Easy Maths games to help your student become numerate.

Cost : Free

Morning tea provided

Teacher Professional Development Approved

Senior School Career Planning

Pathway Planning Day

Please remember that **Tuesday 15th August** is Pathway Planning Day for Senior Students at Emmaus Christian College, when parents accompany their students to an appointment review their career directions and to choose subjects for 2018 or to discuss their post-school options. This day is a **STUDENT FREE** day for senior students, apart from their scheduled appointment with a parent and a teacher advisor.

Tertiary Open Days



This time provides an ideal opportunity to visit the campuses of Universities and discuss courses and view facilities, to assist with career decision making. The open days are scheduled over a weekend, anticipating that parents may like to accompany their students.

Following are some details of open times for specific institutions:

- **Flinders Uni -Friday 18th & Saturday 19th August from 9:30am - 3:30pm**

<http://www.flinders.edu.au/opendays>

- **UniSA City East & West - Sunday 20th August from 9.00am - 4:30pm**

<http://www.unisa.edu.au/openday/>

- **Adelaide Uni - Sunday 20th August at the North Terrace from 9.00am – 4.00pm**

<http://www.adelaide.edu.au/openday/>

- **Tabor Adelaide Saturday 19th August from 10.00am-3.00pm**

- **<http://taboradelaide.edu.au/news-events/news-events/89-tabor-adelaide>**

- **TAFE SA Adelaide College of Arts Sunday 20th August**

<https://www.tafesa.edu.au/adelaide-college-of-the-arts/ac-arts-events/2017/08/20/default-calendar/2017-open-day>

Healthy Hearts, Healthy Homes

Families in Focus

A workshop which focuses on practical ways to improve relationships.

Topics covered include communication, conflict resolution, relationship repair and emotional safety. Suitable for individuals and couples. Run by Family Relationships Counsellors from AnglicareSA.

WHEN

Monday 18th September 6.30 to 9 pm

WHERE

Anglicare SA
Outer Southern Hub
111 Beach Road
Christies Beach 5165

- Supper provided however babysitting not provided
- Cost – Gold coin donation
- **ENQUIRIES and REGISTRATIONS** please contact Joy or Helen on 8186 8900

