

**Next College Newsletter: Wed 31<sup>st</sup> January 2018**  
 Please email your articles to: [newsletter@emmauscc.sa.edu.au](mailto:newsletter@emmauscc.sa.edu.au)

## Important Dates

**CASUAL DAY**  
**Friday 1<sup>st</sup> December**  
**Gold Coin Donation**  
*with funds going towards ARA  
 (Australian Refugee Association)*

## November

**Fri 24th - Fri 1st Dec**

Yr 10 ABW

**Fri 24th - Fri 8th Dec**

Cambodia & Vietnam Trip

## December

**Fri 1st**

Rec - Yr 9 Casual Day

Yr 10 Final Day

'Let There Be Coffee' Coffee Van

Yr 5/6 Social 6.00pm - 8.00pm in EPAC

**Mon 4th**

Yr 9 Graduation Evening 7.00pm  
 @ Southland Vineyard Church

**Tue 5th**

Yr 6 Graduation Evening 7.00pm  
 @ Edwardstown Baptist Church

**Wed 6th**

**Term 4 Ends - Normal Finish  
 Time - 3.10pm**

## 2018

### January

**Mon 29th**

School Resumes 8.35am

### 2018 Term Dates

**Term 1**

Mon 29 Jan - Fri 13 Apr

**Term 2**

Tue 1 May - Fri 6 Jul

**Term 3**

Tue 24 Jul - Fri 28 Sep

**Term 4**

Mon 15 Oct - Wed 5 Dec

*(Term dates subject to change)*

Weekly Coffee Connect  
 Tuesday Morning  
 9.00am - 10.00am



Weekly Prayer Connect  
 Thursday Morning  
 8.30am - 9.00am



## From the Head of Middle School

### The Importance of Belonging

During this last term of school I have been reminded again of the deep need for us to belong. I see this at so many levels from my 6-month-old son through to my next-door neighbour well into his 80's. We all have an inert need to be seen, to be known and to be valued for the person we are... and the person we are becoming.

*"Because true belonging only happens when we present our authentic, imperfect selves to the world, our sense of belonging can never be greater than our level of self-acceptance."*

Brené Brown, 'Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead.'

Earlier this year I read 'The Gifts of Imperfect Parenting' (Brené Brown). It was a helpful and timely reminder to consider what I model to my three children and any covert messages conveyed through my actions more than my words, what truly matters to us as a family. It challenged and informed the interactions I have with my children and the way I follow up and discuss matters that arise.

I have found some tools to engage my kids to be brave while challenging them to be vulnerable, authentically real and honest and accept they, like me are imperfect and make choices and decisions that we can see later were not the best. When our children can know with deep confidence that who they are is OK, they can then have the courage to engage and connect authentically and deeply with others. There is also opportunity for the Holy Spirit to work and to highlight our need to continually look to God, the father, for assistance and guidance to grow us beyond our limited capacities.

As parents and caregivers, we want our young people to know they belong, within our family structures and within their communities. We want them to know that they have a place at our tables and a place in our world. They need to know that they are valued and that they matter. They need to know that their voice will be listened to, that their experience and their story is valid and valued.

There are days when this is easy as a parent and days when this is challenging indeed. Our children have an incredible capacity to surprise us as they find their own path, grow in independence, discover, and express who they are.

As parents, we have the incredible opportunity to allow them to flourish in their fullness by consistently reassuring them on their journey that whoever they are, whatever they do, they are loved and valued and they belong.



As we grow closer to the end of year school holidays, there will be multiple opportunities for us to exercise our parenting skills and to support our children. I would encourage you to find windows of opportunity to be prayerful and to find ways to hear and support your children. To grow and nurture their belonging, to value and love them, to provide boundaries and model what truly matters to your family and be mindful of the bigger, longer term picture of raising independent, self-accepting adults who follow and trust Jesus.

**Andrew Edmondson**  
**Head of Middle School**

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## Lost Property

All lost property is currently on a clothes rack outside Student Services and will be there until the end of Term.

Please check at Student Services for valuable items such as watches, spectacles, purses/wallets, jewellery and more. Any articles not claimed by the end of this Term will be either given to the Uniform Shop, First Aid or donated to Charity.

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## Junior School News

### Year 6 Graduation

At the 2017 Year 6 Graduation ceremony, on Tuesday 5<sup>th</sup> December, we will be recognising our 51 Year 6 students who have had seven fruitful and successful years in Junior School. It will be a night of celebration as each student has an opportunity to reflect and make a public speech on a different aspect of their Junior School year. It is also a time when the Year 6 students will be affirmed on how important they have been to the positive culture of Junior School.

### Semester 2 Reports

Teachers have been working diligently, putting time, prayer, thought and effort into writing comments and completing reports which will be posted on Thursday 14<sup>th</sup> December. The reports are an important tool in communicating students' progress. We encourage all parents to read them carefully and to celebrate with your children the many positive attributes and excellent effort mentioned in these reports.

### Year 1-7 Orientation Morning

This year's visits to the students' 2018 classes on Thursday morning proved most valuable for both students and teachers. The morning provided the opportunity for the children to familiarise themselves with their teacher, their peers, their classroom and hopefully create a sense of peace over the holiday break. We welcomed our new students who also attended.

### Year 6 Business Stalls

On Friday, Week 6 the playground was bustling with excited Junior School students who were purchasing yummy drinks and food snacks prepared by the Year 6 Math classes. The morning was the culmination of 5 weeks planning and preparation. The key task was to create a business, plan a product to sell, implement this and record sales data. The students raised over \$700.00. Most of the money went to the Christian Blind Mission and Tear Australia. Thank you to all Year 6 families for supporting your children with this very successful event.



### Junior Primary Community Carols and Nativity

The Junior Primary Community Carols and Nativity evening is a fitting finale to the school year for the Junior School. We are looking forward to an exceptional performance from our 123 Junior Primary students retelling the Christmas story to our school community on Wednesday 29<sup>th</sup> November in the EPAC. Thank you to the Junior Primary Team for their remarkable effort with the students. We cannot wait for this wonderful evening celebrating Christ's birth!

To all parents and friends, I thank you for your passionate support in 2017 which has assisted the College to progress forward and for giving staff the opportunity to work in partnership with you, trusting us with your children every day. As I am retiring at the end of this year I would also like to thank you for your support, encouragement and friendship during my 16 years at the College.

I extend to all members of our College community my very best wishes for a peaceful Christmas and a refreshing and safe holiday.

**Annette Craven**  
**Head of Junior School**

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## Scholarships at Emmaus Christian College

Applications are now open for Scholarships offered by Emmaus Christian College for 2019 as follows:

- Academic Scholarships for Year 8 in 2019 (applications close Thursday 18<sup>th</sup> January 2018)
- Music Scholarships for Year 7 or 8 in Year 2019 (applications close Friday 2<sup>nd</sup> February 2018)
- Pilgrim Scholarship for Year 8 in 2019 (applications close Friday 2<sup>nd</sup> February 2018)

Full details of scholarships and application forms are available on the College website.

Scholarships at Emmaus Christian College are available to students who meet the College's enrolment criteria. Please contact the Registrar on 8292 3834 if you require further information.

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## **Student Wellbeing Coordinator**

As the year comes to a close I would like to wish you and your family a safe and blessed Christmas.

Hopefully you will be able to spend time with your families to celebrate the birth of Jesus and then enjoy a well-earned break from school and possibly work.

As the year closes I hope you and your children will be able to reflect back on the successes and struggles of the last year, and use this information to plan new possibilities in the year to come. Often it is in the reflection and the planning that new intentions happen and deeper relationships form. Parenting is very challenging but rewarding and I pray that this next season for you is a positive one.

For an article on 'Building Deep Relationships with Kids', please see the Insights fact sheet at the end of the newsletter.

Merry Christmas.

**Sue Chapman**  
**Student Wellbeing Coordinator**

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## **Sporting News**

2017 has been one of the Colleges most successful years across a wide variety of Sporting competitions. This year we have had a significant increase in the amount of students involved in extra curricular teams. We have had teams involved with Rising Stars Cricket, Netball (Year 3-12), Outdoor and Indoor Soccer, Basketball (Year 3-12), Table Tennis, Road and Mountain Bike Racing and many other competitions.

We have had a number of students selected for higher individual honours for their sporting pursuits across all year levels. A number of after school and representative teams have had great team success finishing in the top three or overall Champions in a number of different competitions this year. I wish I could say that all this success has come easily. These results and the growth of the College's sporting programs has only been possible with the support of students wanting to be a part of something unique and special; parents, students, old scholars and staff volunteering their own time to assist with running training sessions for teams and then coaching on match days. Students that have been involved in the College's sporting programs this year would certainly know how much sacrifice and hard work it requires by all to achieve team success.

Being part of a team can be a wonderful experience for our students developing friendships, life long connections, it helps to build resilience and the skills required to help one another when times may be tough. All this hard work and sacrifice is done to achieve the teams' full potential. A quote from Pep Guardiola (Manchester City Manager, English Premier League) "*We need the whole squad, every player of the team, if we are to be successful.*" We would like your child(ren) to be excited for next year and want to join one of the College's sporting teams to be a part of something special. We look forward to working with yourselves and the students in 2018 to provide an even more comprehensive sporting program.

Have an enjoyable and safe Christmas and Happy New Year, God bless.

**Daryl Porter**  
**PE, Health and Sports Coordinator (Rec - Year 12)**

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## **First Aid**

### **Collection of Medications and other End of Year Matters**

We would like to say thank you to all parents who have worked together with us in regards to the care and wellbeing of the students throughout this year. Your understanding and support regarding school requirements and policies helps us ensure students' needs are met to the highest possible standard.

#### **Collection of Medications**

As we draw to the close of the school year we would like to inform parents that we DO NOT store medications here at school over the long school holiday period. Could all medications please be collected from the First Aid Room before or on the final day of school.

#### **Updating Health Care Plans**

Medication Plans, Asthma Care Plans and other health care plans need to be updated annually or whenever there is a change in the care needs for a student. Could we please remind parents that if your child's health care plan is due to be updated, the school holidays are an ideal time to make an appointment with a doctor and get this arranged before the start of the 2018 school year. Medication Plans and Asthma Care Plans can be downloaded from the College website or you can collect a blank form from the First Aid Officers.

#### **Returning Borrowed Clothes**

If your child has borrowed clothes from the First Aid Room recently can you please ensure that they have been returned.

We hope you all enjoy the upcoming summer holidays and have a safe and blessed time with your children. Thank you.

**Ros Argent and Maria McIver**  
**First Aid Officers**

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## Launch news

### FIRST® LEGO® League

FIRST® LEGO® League is a competition catering for upper-primary and lower-secondary school students. Every year, teams of up to 10 students build, program and compete with a robot, while also learning about a modern problem in Science and Engineering and developing solutions for it. The entire competition for the year is based around one of these themes, this year it was Hydro Dynamics.

Emmaus had 2 teams consisting of students from both Year 7 & 8 competing.

The Emmaus Blue Team competed in the FIRST Lego League at Prince Alfred College on Sunday 12<sup>th</sup> November, and their robot design earned them the 'Strategy and Innovation' Award. It was a great opportunity to see other school's robots and students were at their best competing with 'Gracious Professionalism'. Congratulations to Chris, Matthew, Elliot, Max, Joshua, Hannah, Emily and Mia.

On Sunday 19<sup>th</sup> November at Immanuel College our second team, Emmaus Gold, who were Caleb, Haniel, Erica, Joelle, Angela, Samuel, Jacob, and Anthony competed. Congratulations to the team on winning the 'Core Values' award.

Special thanks to the Year 11 students, Oscar, Sam, Deepthi, Iona and Cooper for coaching both teams and to Mr David Chu for facilitating.

### Legacy National Junior Public Speaking Awards Final

Congratulations to Kate for representing our state in the Final short Speech competition that was held in Launceston, Tasmania on Sunday 12<sup>th</sup> November. Legacy were excellent hosts and provided opportunities for the contestants to explore Launceston and to meet the Mayor, Albert van Zetton.

The aim of the LJPSA is to enhance the oral communication and public speaking skills of 12 to 14 year old students and to help young people appreciate the ideals of Legacy; voluntary service, caring and comradeship and the need for remembrance.

**Susanne Milne**  
**Classroom Teacher**

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## Uniform Shop

To avoid lengthy delays due to an expected high number of customers in the new year, would as many parents as are able, please purchase new school uniform before the end of the year break begins.

### 2017 Normal Opening Hours

Monday	8.30am - 10.00am 3.00pm - 5.00pm	Thursday	8.30am - 10.00am 1.00pm - 1.30pm 3.00pm - 5.00pm
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The days and hours that we are open just prior to Christmas are as follows:

### Additional Opening Times for December 2017

<b>2017</b>	<b>Dec 7<sup>th</sup> Thursday</b>	<b>8.30am - 10.00am</b> <b>3.00pm - 5.00pm</b>
	<b>Dec 11<sup>th</sup> Monday</b>	<b>9.00am - 4.30pm</b>

We understand your child may grow after uniform purchases are made. New items (unworn) can be exchanged prior to school commencing.

### Additional Opening Times for January 2018

<b>2018</b>	Jan 11 <sup>th</sup> Thursday	9.00am - 1.00pm
	Jan 12 <sup>th</sup> Friday	9.00am - 1.00pm
	Jan 15 <sup>th</sup> Monday	10.30am - 5.00pm
	Jan 16 <sup>th</sup> Tuesday	10.30am - 5.00pm
	Jan 17 <sup>th</sup> Wednesday	10.30am - 5.00pm
	Jan 18 <sup>th</sup> Thursday	8.30am - 4.00pm
	Jan 19 <sup>th</sup> Friday	8.30am - 4.00pm
	Jan 22 <sup>nd</sup> Monday	8.30am - 5.00pm
	Jan 23 <sup>rd</sup> Tuesday	<b>Closed</b>
	Jan 24 <sup>th</sup> Wednesday	8.30am - 5.00pm
	Jan 25 <sup>th</sup> Thursday	8.30am - 5.00pm
	Jan 26 <sup>th</sup> Friday	<b>Closed</b>

**Christine Blom-Cursaro**  
**Uniform Shop Manager**

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## College News

### National Australian Indonesian Language Awards 2017

On Friday 10<sup>th</sup> November, Jack (Year 10) flew to Melbourne and presented his award winning speech. Jack won the Middle School category of the National Australian Indonesian Language Awards for 2017. His speech was on the topic of heroes and Jack spoke about his Australian sporting hero, Steven Bradbury. Over the course of the weekend Jack had the opportunity to network with many people involved with Indonesia. He also attended a Gamelan percussion workshop. Congratulations Jack!



### Ibu Mei Turnip Indonesian Teacher

### Year 6 Business Stalls

Congratulations! The recent Year 6 Business Stalls have raised over \$700.00, which will be donated to Christian Blind Mission and TEAR Australia Foundation. A big thank you to everyone who helped out in preparation for the day and purchased items.

### Chad Carson Year 5/6 Teacher

### Food Drive to Support Refugees

Each year, with the help of the community, ARA (the Australian Refugee Association) collects food, toiletries and new blankets to support their clients over the cold winter months. The Food and Blanket Drive is a practical way to show your support with your donation going directly to those that need it the most.

Emmaus Christian College is supporting this worthy charity with a Food Drive being held this week (Week 7). This collection of food donations will help people who are in dire situations, have a little bit of joy for Christmas. It is a wonderful way to reach out to the community and make a difference.

Students will collect food from home and amass it in their home groups/classrooms until the final collection on Friday 1<sup>st</sup> December. On this day, students will bring the food to one collection point for pickup by ARA.

Please keep in mind that non-perishable items such as canned beans, lentil and tomatoes, oil, flour and rice, as well as Halal and vegetarian options, will be of most use to their refugee clients.

So get involved and make a difference to someone this Christmas.



### Whole School Casual Day - Friday 1<sup>st</sup> December

A gold coin donation is requested from students and staff who wish to participate. Funds raised will support refugees with all donations going towards ARA (the Australian Refugee Association).

Please note: Appropriate dress is ESSENTIAL.

No inappropriate slogans on T-shirts, no low-cut, strappy or midriff tops, no see through clothing, no short shorts and NO THONG type shoes allowed. This is particularly relevant to 'Home Ec' & 'Tech' lessons where this becomes a safety issue.

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## Community News

### Healthy Hearts, Healthy Homes

Anglicare SA are holding a workshop which focuses on practical ways to improve relationships.

Topics covered include communication, conflict resolution, relationship repair and emotional safety. It is suitable for individuals and couples and is run by Family Relationships Counsellors from Anglicare SA.

The workshop is on Monday 4<sup>th</sup> December at 6.30pm to 9.00pm at Woodcroft Morphett Vale Neighbourhood Centre, 175 Bains Road, Morphett Vale. Supper is provided, however babysitting is not provided. Cost - gold coin donation.

For enquiries, please contact Joy or Helen on 8186 8900.

### Give the Gift of Reading

Visit any Marion Library Service branch until 8<sup>th</sup> December and donate new books for The Smith Family, a children's charity providing resources to disadvantaged Australian children to support literacy and learning.

To participate, simply purchase a children's book, visit any Marion Library (Marion, Park Holme and Hallett Cove) and leave your unwrapped gift under our Christmas tree! Thank you.

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## Canteen Roster

**PLEASE BE AWARE** that we begin to run down our stock as Term 4 comes to an end, therefore your child may not receive what they ordered. It would be appreciated if you could write down an alternative choice on the lunch bag so there is no disappointment. Thank you.

*We would like to thank our fantastic volunteers, who give up their valuable time to help us in the canteen. We would not be able to manage the canteen without you. We hope and pray you enjoy Christmas and time with your families. Gods richest blessing, from Christine and Sharon.*

### 2017

#### Week 7 T4

Thu 30<sup>th</sup>                    **HELP NEEDED**  
Fri 1<sup>st</sup> December       **HELP NEEDED**

#### Week 8 T4

Mon 4<sup>th</sup>                    No help needed  
Tue 5<sup>th</sup>                    No help needed  
Wed 6<sup>th</sup>                    No help needed

### 2018

#### Week 1 T1

Mon 29<sup>th</sup> January       No help needed  
Tue 30<sup>th</sup>                    No help needed  
Wed 31<sup>st</sup>                    **HELP NEEDED**  
Thu 1<sup>st</sup> February       **HELP NEEDED**  
Fri 2<sup>nd</sup>                      Nancy Pantelis

#### Week 2 T1

Mon 5<sup>th</sup>                    No help needed  
Tue 6<sup>th</sup>                    No help needed  
Wed 7<sup>th</sup>                    Katherine Papazoglou  
Thu 8<sup>th</sup>                    **HELP NEEDED**  
Fri 9<sup>th</sup>                    Helen Talbot

Thank you for the time you volunteer in the canteen, it is very much appreciated. The hours are from 9.30am to approximately 1.30pm. Due to Occupational Health and Safety, please wear enclosed shoes and ensure long hair is tied back. Please also remember to sign in at the Front Office and wear a visitors badge before you commence in the canteen. This is a legal requirement in case of fire evacuation/lock down. Thank you for your assistance with this important matter.

**Christine Blom-Cursaro and Sharon Hughes**

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## Holiday Activities

### SA Water VACSWIM 2018

An intensive learn-to-swim program run during the school holidays. Children will learn safety, rescue and improve their swimming ability. Marion Outdoor Pool are running this program from Tuesday 2<sup>nd</sup> to Friday 5<sup>th</sup> January and Monday 8<sup>th</sup> to Wednesday 10<sup>th</sup> January (7 days).

Pricing is \$70.00 per child, \$250.00 per family of 4 or more (for 7 days). Bronze Medallion and higher awards \$100 per child (plus examination fee). All VACSWIM participants must be attending school in 2018.

You can enrol your child in person at Marion Outdoor Pool, corner Hendrie Street and Oaklands Road, Park Holme or via telephone on 8276 4939.

# insights



## Building deep relationships with kids

by Michael Grose

*Building a strong relationship with their children is every parent's dream. Here are some time-honoured ways of doing this if you can stick to them.*

Every parent I know wants a great relationship with their children.

An effective way of promoting such relationships is through rituals and traditions. Rituals and traditions build close families.

For example, most strong families I know are underpinned by a strong food culture. In these families, every kid, no matter what their age, is expected to come to the meal table. Kids in these families are generally also expected to participate in other rituals and traditions.

This can require some parenting spine, but these rituals build wide relationships – that is, they gather the tribe together creating a wide relationship circle.

Individual parent–child relationships need to go deep. Deep relationships provide leverage. They also survive the potential storms of adolescence, during which relationships can become stormy and intense.

Certainly some ages are more amenable to positive relationship building than others. Developmentally, it's easiest to build deep relationships in the opportunity years of latency: five through to ten years of age.

**The easiest way to build a deep relationship between yourself and each of your kids is to spend regular one-on-one time together.**

- Go somewhere for a whole day with a child.
- Go away for a weekend with just one child. Do things you enjoy.
- If possible, go camping.
- Talk. Cook. Mooch.

These shared experiences can have a magic impact on relationships. They can sometimes lead to vast improvements in children's behaviour.

Another way to build deep relationships is to share an interest with a child. Having something in common, whether it's a shared love of sport, books or a hobby, creates an individual bond that goes deep. A shared interest also creates 'natural' opportunities for one-on-one time.



## **Make it happen**

- One-on-one time needs to be organised.
- It generally won't happen by accident.
- It takes time. It takes energy. It takes a support mechanism to make it happen. Most of all takes permission.
- But one-on-one time is so worth the effort.
- One-on-one time is the coat hook upon which each of your children will hang their memories of you.





**Michael Grose**

*Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including *Thriving!* and the best-selling *Why First Borns Rule the World* and *Last Borns Want to Change It*, and his latest release *Spoonfed Generation: How to raise independent children*. A trailblazer in the parenting and educational scenes Michael regularly appears in the media throughout Australia in programs including *The Project*, *The Today Show* and ABC radio.*

# Alyna & Friends with Matthew's Journey



Proudly Presents A Movie Night Fundraiser



**Friday 8th December**  
**Capri Theatre**

**141 Goodwood Road, Goodwood**

**Doors Open at 5.30pm**

**Movie Starts at 6.30pm**

**Tickets \$25**

- Finger Food Included
- Wine & Dessert available for purchase
- Amazing Silent Auction & Raffle Prizes

**Purchase Tickets at the Door or Contact**

**Alyna's Mum**

**Michelle - 0439 433 464**

**Matthew's Mamma**

**Maria - 0418 839 641**

