

Week 7, Term 4 | 28 November 2018

#### **IMPORTANT DATES**

#### **NOVEMBER 2018**

Thu 29

Senior School Speech Night @ Edwardstown Baptist Church, 7.00pm

Fri 30 Whole School Casual Day

Year 5/6 Social in EPAC 6.00pm - 8.00pm

#### **DECEMBER 2018**

Mon 3

Middle School Graduation Evening @ Southland Church, 7.00pm

Tue 4

Junior School Graduation Evening @ Edwardstown Baptist Church, 7.00pm

Wed 5

Junior School Final Assembly

Term 4 ends (normal finish

#### **JANUARY 2019**

Tue 29

Term 1 begins

# From the Head of Middle School

### Journeys... Transition and Change

We all have change in our lives. It is inevitable.

Change has the possibility to grow us or to shrink us.

This evening the Rite Journey Year 9 classes are holding their Homecoming ceremonies.

This is an exciting time to pause and acknowledge the changes that have occurred in these young people throughout their lives, but especially during this year. Each individual student will reflect, speak and share about what was significant and important to them as they continue the transition of moving from childhood to adulthood.





I too was reflecting on the many changes that have occurred here in the College in the last 21 years that I have been on staff. As I move to Pilgrim School next year, I am aware that, who I am has been shaped and changed by many amazing people here in this College community. Young people, families and staff have all had a mighty influence and impact and I am richer because of the time and opportunities I have had in being a part of such an amazing community.

Please pray for our Rite Journey students as they celebrate this evening together with their families and significant people in their life. May it be an opportunity for gratitude and gratefulness that buries deep within their spirit and influences their future.

God Bless

Andrew Edmondson Head of Middle School

# **Lost Property**

All lost property is currently on a clothes rack outside Student Services and will be there until the end of Term.

Please check at Student Services for valuable items such as watches, purses/wallets, jewellery and more. Any articles not claimed by the end of this Term will be either given to the Uniform Shop, First Aid or donated to Charity

# **Scholarships**

### Update on ACER Scholarships for 2020

In line with the State Government's recent change to move Year 7 into Secondary Schools, Year 8 will no longer be an entry point into Emmaus Christian College from 2021.

Therefore, we are pleased to announce that we will offer two ACER Scholarship opportunities for 2020; one Year 7 and one Year 8 Scholarship.

How to apply - visit the ACER website to register and apply. Applications close on Thursday, 24 January 2019.

Full details of Scholarships are available on the College Website.

For any further information please contact our Registrar, Barb Greenslade on 8292 3834.

Weekly Coffee Connect Tuesday Morning 8.45am - 9.45am

Weekly Prayer Connect Thursday Morning 8.45am - 9.15am

# **Employment Opportunity**

### **OSHC Assistant**

Emmaus is seeking an OSHC Assistant in 2019 for 2 days per week.

Further details and application criteria are available on the College website under Positions Vacant. Applications close on Monday 3 December 2018

### **Junior School**

### **Year 6 Business Stalls**

The Year 6 Business Stalls were held on Friday of Week 5, in Junior and Secondary recess, on a perfect spring day. In groups of 2 or 3, the various businesses researched the costs of their products and made a business plan to submit to 'Bank Emmaus'. Upon approval, a loan of \$20 was granted. Each group made, delightfully presented and sold the produce they had prepared. After the students repaid their loan, they enjoyed a pizza lunch for their wonderful efforts and the rest of the \$817.20 raised on the day was donated to TEAR and CBM.





### Thank you to our LAP Volunteers

Last week our LAP Volunteers joined their children to enjoy an end of year celebration with craft and party food in the Rainbow Room. The College is blessed to have people in this team who voluntarily give of their time to encourage and support children in their learning. A sincere thankyou to all of our LAP volunteers.



Helen Vonow Head of Junior School



# **Senior School**

### Moonlight Cinema - Saturday 17 November

This inaugural outdoor cinematic event was held on the newly 'grassed' school oval for our Senior students to enjoy the experience of being both outside and watching something. It was a great way to initiate the oval makeover, as well as raise money for Justees for Justice from the sausage sizzle and baked good sales.

Bank SA generously provided the outdoor cinema to support the evening's activities of watching a classic 1980's film 'Back to The Future'. It was a fun event and, even though it was cold when the sun went down, a memorable way for the students who attended and the staff who offered their support to end the year.

**Andrea Grear** 

**Head of Senior School** 



# College News

### Casual Day - Friday 30 November

A gold coin donation is requested from students and staff who wish to participate.

All money raised will go to our sponsor children Tekalign Adisie Mengesh and Ledwina Yenselpa through Compassion.

Please Note: Appropriate dress is ESSENTIAL.

No inappropriate slogans on T-shirts, no low-cut, strappy or midriff tops, no see through clothing, no short shorts and NO THONG type shoes allowed. This is particularly relevant to 'Home Ec' & 'Tech' lessons where this becomes a safety issue.

#### Fantastic Beasts: The Crimes of Grindelwald - Movie Fundraiser

Come join us at the Capri Theatre, Goodwood on Wednesday 5 December to celebrate the end of the school year! We will be showing the highly anticipated Fantastic Beasts: The Crimes of Grindelwald at 6.30pm

Tickets \$15.00 each (all ages) are now available to purchase from TRYBOOKING

Raffles and snacks will be available to purchase from 6.00pm.

All proceeds will go towards the running of Justees: Shirts for Justice. This is an organisation which runs out of the slums of Cambodia and works towards providing jobs for teenage boys.

Vietnam/Cambodia team

# **Sport**

In Week 5, we competed in the SACSA Year 4/5 and 6/7 Boys and Girls Basketball Carnivals at Morphett Vale Stadium. Many of our teams competed hard all day and finished in the top half of their competitions. Special mention to the Year 4/5 Boys team who finished Runners Up, only losing two games all day to the overall champions. All teams displayed exemplary levels of sportsmanship and teamwork.

Running Club has been a huge success this year with many parents and students coming out for multiple sessions this year developing friendships while still being active, starting the day on a good note. This year was a trial and in 2019 we hope to offer a similar concept for Middle and Senior School students. Thank you to Mr Dal Santo for his guidance, expertise and willingness to be involved this year.

Water Safety Week consent and information forms have already been emailed out to parents/guardians in readiness for 2019. If these can be completed and returned to the College as soon as possible that would be greatly appreciated. We are hoping to have a bigger and better year in Health and Physical Education/Sports for 2019.

#### **Student Achievements**

- Nathaniel (Year 11) has successfully won a sporting scholarship, 'The Steve McInnes Future Star Scholarship' with SAMMNA (South Australian Men's & Mixed Netball Association). "The Steve McInnes Future Star Scholarship provides support for one athlete in their first or second year of competition. The amount of funding will come directly from Steve McInnes and will vary at his discretion, but will not drop below \$1,500 per year. This funding can be used for either national or international tours."
- Amelia (Year 7) won 2 bronze medals at Australian Pool Rescue Competitions and 4 medals at States Pool Rescue Competitions.
- · Olivia (Year 8) made the Under 17 State Development Netball Squad.

Congratulations to all students in your sporting achievements this year.

It is great to include these in the newsletter to inform the wider community. Any student achievements that occur during the school holidays can be emailed to <a href="mailto:dporter@emmauscc.sa.edu.au">dporter@emmauscc.sa.edu.au</a> to acknowledge our student efforts in our first newsletter of 2019.

**Daryl Porter** 

H&PE / Sports Coordinator (F-Year 12)

# From the Library

### At this time of the year....

Please return all Library books and any stray text books to their 'holiday home' – the Library shelves, via the Library circulation desk. All books with a school barcode will be gratefully accepted, even those that have been lost for some time.

Thank you to all our readers and Library users, and if you are missing a good book to read over the holidays, please explore your local Public Library.

Carolyn Hull, Alicia Buxton, Jan Maschmedt

### First Aid

#### Pollen Season

For many people in Australia with asthma or hayfever, August to March (or the dry season in tropical areas) is a difficult time. At this time of year there is often an increased amount of pollen in the air. Pollen grains are released from certain grasses, weeds and trees. They are coated in proteins that can trigger allergic reactions – commonly asthma and hayfever. The highest amount of pollen can be found in the air between 6.00am and 12.00noon. Each day, samples of the air are analysed to gauge how much pollen is airborne and whether the level is considered high, moderate or low.

Problems with pollen are usually caused by grasses, weeds and trees which are wind pollinated. Australian native plants are usually less of an issue, although there are a few exceptions such as the Cypress Pine – see Asthma Friendly Gardens.

Major thunderstorms during Spring can make things even worse because the combination of pollen, moisture and rapid movement and changes in air pressure leads to the bursting of pollen grains. This creates much smaller particles carrying the allergens that can be inhaled deep into the lungs (pollen itself is too large to be inhaled into the lungs). This can lead to dramatic and serious asthma attacks, in those who have not taken their asthma medications. This phenomenon was originally shown to occur with rye grass pollen, but is now thought to occur with other grass pollens and perhaps some tree pollens as well. There is also some evidence that these smaller particles from pollens may occur after rain and that the wet conditions associated with thunderstorms and rain also greatly increase the amounts of fungal spores in the air.

Visit our Thunderstorm Asthma page to learn more.

#### How do I avoid reacting to pollen?

To minimise the impact of pollen on seasonal asthma and allergy it is important to continue to take your preventer medication to reduce the likelihood of hayfever and asthma flare-ups. You should also carry your reliever medication with you at all times, even when you are feeling well. Make sure your written Asthma Action Plan is up to date, so you know what to do if your asthma starts to get worse.

#### Tips

See your doctor to make sure your asthma is well controlled, and you are taking the right medications. This will reduce the chance that you will react to pollen. If you still have problems, the following tips may help:

#### When the pollen count is high:

- Stay indoors whenever possible during the peak pollen season or on windy days and during thunderstorms
- · Avoid activities that you know will increase your exposure to pollens that you are allergic to, such as mowing the grass
- Shower/change clothes after outdoor activities when there are high levels of pollen
- Use recirculated air in the car when pollen levels are high
- Pollen can stick to clothes. Consider hanging clothes inside on windy days.
- Keep the windows and doors closed, to prevent the pollens from coming inside.
- Protect your eyes with sunglasses.

Check tomorrow's pollen count by visiting https://www.asthmaaustralia.org.au/sa/about-asthma/manage-your-asthma/triggers/adelaide-pollen-count

If you experience regular hayfever symptoms consider speaking with your pharmacist or doctor about medications to help you manage these. Treating hayfever can help improve your asthma control.

### Friendly Reminder - Collection of Medication

As previously advised, we do not store student medications here at the school over the long school holiday period. **Could all medications please be collected from the First Aid Room before or on the final day of school?** If you do not wish to collect your child's medication, please advise one of the First Aid Officers and we will dispose of the medication appropriately. Thank you.

Ros Argent and Maria McIver

# **Student Wellbeing Coordinator**

As many of you know, I am finishing in my role of Student Wellbeing Coordinator at the end of this year.

I would like to express my appreciation to the students, parents and staff and of Emmaus Christian College who have made my 7.5 years here so enjoyable.

This really has been my dream job, after teaching for over 20 years, and completing further study, it has been a real gift from God to work in the role I trained for. I have loved getting to know so many students and their families over the years – parenting is a very difficult job but one that is so worthwhile and rewarding.

I have the utmost respect for this College, having first been acquainted with it as a parent and then as an employee. I have seen first hand just how much time and effort staff and parents put into this school. I have seen God continue to grow and bless Emmaus – I first knew it as Bethesda, then Tabor and now Emmaus. I have truly loved my time here and wish to thank the many families who have offered me encouragement and support along the way. I would like to welcome Kathryn Clark into this role next year, and with Ben Squire and Adam Wood these staff make a Godly and qualified wellbeing team that will serve the needs of Emmaus honourably.

May God continue to bless you and your families at this Christmas time and in the years to come.

Sue Chapman

**Student Wellbeing Coordinator** 

### Canteen Roster

#### Notice from Christine Blom

Over the last 14 years as a 'Canteen Lady', I have very much enjoyed my time and it has been an honour and a blessing to serve your children. 2018 will be my last year in the Canteen (I will continue to serve you in the Uniform Shop). I have loved the interaction that I have had on a daily basis with the students and staff. I would also like to thank the many volunteers who have given up their valuable time to serve the Emmaus community. There has been many a time when we have solved all the world's problems within the walls of the canteen! As I hang up my Canteen apron, I look forward to my next season with God's direction. Gods richest blessing, Christine.

Please be aware that we begin to run our stock down as Term 4 comes to an end, therefore your child may not receive what they ordered. It would be appreciated if you can write an alternative choice on the lunch bag as well.

Week 7 T4 Week 8 T4 Mon 3 December No help needed Tue 4 No help needed Wed 5 No help needed

Thu 29 November No help needed Fri 30 **HELP NEEDED** 

Mon 4 Mon 28 January Australia Day Public Holiday No help needed Tue 29 No help needed Tue 5 No help needed HELP NEEDED Wed 30 Wed 6 Sam Allison

Thu 31 No help needed Thu 7 No help needed Fri 1 February Fri 8 Nancy Pantelis Tam Battersby

Thank you for the time you volunteer in the canteen, it is very much appreciated. The hours are from 9.30am to approximately 1.30pm. Due to Occupational Health and Safety, please wear enclosed shoes and ensure long hair is tied back. Please also remember to sign in at the Front Office and collect a visitors badge before you commence in the canteen. This is a legal requirement in case of fire evacuation/lock down. Thank you for your assistance with this important matter.

Week 2 T1

**Christine Blom-Cursaro and Sharon Hughes** 

# **Launch News**

### Think Challenge!

Week 1 T1

Emmaus sent a Year 8 and a Year 9 team to the inaugural Think Challenge competition, held at Temple College, Paralowrie.

Both teams have been practising during their lunchtimes for the competition. They worked on many different logic and reasoning questions and on increasing their general knowledge. Many complex maths questions were analysed and the team worked together using their strengths to solve them. They competed against 8 other teams from 5 Christian schools in 9 different subjects: Engineering, History and Politics, English, Art and Poetry, Religion, Logical Reasoning, Maths, General Knowledge and Science. It was an intense day of concentrating and collaborating as the questions were deliberately

set to provide a robust challenge.

Congratulations to the Year 9 team who came second overall. A breakdown of the teams' success:

 History and Politics 1st - Year 8 Engineering 2<sup>nd</sup> - Year 8 General Knowledge 2<sup>nd</sup> - Year 9

Maths 2<sup>nd</sup> - Year 9, 3<sup>rd</sup> - Year 8

English 3rd - Year 9

 Art and Poetry Equal 4th both teams

Thank you to Temple College for organising such a fantastic Academic Gala day for our Middle School students, they all thoroughly enjoyed it!

### FIRST Lego League State Final

On Saturday Emmaus had a team of Year 9 Middle School students compete in the State Finals at Pedare Christian College.

They have been working after school and during lunch to prepare for the competition under the guidance of Mr David Chu. Well done to all members of our team for competing at such a high level.

Thank you to Mr Chu for all your extra time and effort to make this happen. Your expertise is appreciated!

**Susanne Milne** 

Launch Coordinator (F-Year 10)



# **Uniform Shop**

#### Junior School House Coloured Polo Shirt

The Uniform Committee has decided to retire the house coloured sport polo (Emerald, Ruby, Topaz). We are aiming to achieve a more consistent looking uniform from Junior School through to Middle and Senior School.

The house coloured sport polo will continue to be worn until the end of 2019. New students will be required to wear the house coloured sport polo. We have reduced the price of the polo from \$35.00 to \$23.00.

If you have any concerns, please contact the uniform shop. Thank you for your cooperation.

### **2018 Normal Opening Hours**

Monday 8.30am - 10.00am Thursday 8.30am - 10.00am 3.00pm - 5.00pm 1.00pm - 1.30pm 3.00pm - 5.00pm

### Additional Opening Hours for December 2018

Dec 6 Thursday 8.30am -10.00am 3.00am - 5.00pm Dec 10 Monday 9.00am - 4.00pm

### Additional Opening Hours for January 2019

Jan 10	Thursday	9.00am - 1.00pm
Jan 11	Friday	9.00am - 1.00pm
Jan 14	Monday	10.30am - 5.00pm
Jan 15	Tuesday	10.30am - 5.00pm
Jan 16	Wednesday	10.30am - 5.00pm
Jan 17	Thursday	8.30am - 4.00pm
Jan 18	Friday	8.30am - 4.00pm
Jan 21	Monday	8.30am - 5.00pm
Jan 22	Tuesday	8.30am - 5.00pm
Jan 23	Wednesday	<i>Closed</i>
Jan 24	Thursday	8.30am - 5.00pm
Jan 25	Friday	8.30am - 1.00pm
Jan 28 Jan 29	Monday Tuesday	<b>Closed - Australia Day</b> 8.30am - 10.00am 3.00pm - 5.00pm

**Christine Blom-Cursaro Uniform Shop Manager**