



NEWSLETTER

T1 Wk 9 28th March 2018

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Next College Newsletter: Wed 11th April 2018

Please email your articles to: newsletter@emmauscc.sa.edu.au

Important Dates

March

Fri 30th

Public Holiday - Good Friday

April

Mon 2nd

Public Holiday - Easter Monday

Tue 3rd

SACSA Yr 8-12 Athletics @ Santos

JS Parent/Teacher Interviews

Wed 4th

JS Parent/Teacher Interviews

Wed 4th - Fri 6th

Year 7 Camp - Wirraway

Mon 9th

JS Parents Day

Wed 11th

JS Grandparents Day

Wed 11th - Fri 13th

Year 8 Camp - El Shaddai

Fri 13th

Whole School Casual Day

Year 12 Formal & Student Free Day

End of Term - Normal Finish Time

Mon 30th

Student Free Day

May

Tue 1st

School resumes 8.35am

Fri 4th

SACSA Athletics Yr 2-7 @ Santos

Fri 4th - Sun 6th

'Generations in Jazz' in Mount

Gambier

2018 Term Dates

Term 1

Mon 29 Jan - Fri 13 Apr

Term 2

Tue 1 May - Fri 6 Jul

Term 3

Tue 24 Jul - Fri 28 Sep

Term 4

Mon 15 Oct - Wed 5 Dec

(Term dates subject to change)

Weekly Coffee Connect

Tuesday Morning

8.45am - 9.45am



Weekly Prayer Connect

Thursday Morning

8.30am - 9.00am



From the Deputy Principal

Dear Families and Friends

In looking at the journey of the Israelites in the Old Testament, I was challenged by the consequences that came upon them when they turned their eyes from God and began to worship other gods and idols. Ultimately both Israel and Judah fell back into exile.

It made me question potential idols I may have replaced Jesus with in my life. While we rarely bow to physical idols and images in our western culture, we can still easily fall into the trap of self-worship, which can take many forms. Materialism, Pride, Selfish Ambition, Pleasure, Self-Esteem and Comfort, just to name a few. Each of these can replace Jesus as the centre of our life and can lead to the idolatry of self, striving to be self-reliant and removing the need to put all our trust in God.

The first 3 Commandments in the Old Testament (**Exodus 20:3-7**) lay a very important foundation for our lives.

³ "You shall have no other gods before me."

⁴ "You shall not make for yourself a carved image, or any likeness of anything that is in heaven above, or that is in the earth beneath, or that is in the water under the earth....."

⁷ "You shall not take the name of the Lord your God in vain, for the Lord will not hold him guiltless who takes his name in vain."

For us, we see in **Matthew 22:37-38** these 3 commandments summarised as follows:

³⁷ "... Love the Lord your God with all your heart, with all your soul, and with all your mind. ³⁸This is the first and greatest commandment."

Responding to the gift of Grace given to us through Jesus, enables us to live as a child of God.

Therefore, by faith and in obedience, loving God is essential if we are to enjoy the fullness of his presence, love, mercy, grace and joy.

So how do I love God, how do I make this a reality every day. I believe that in faith, we begin to see Jesus as our all in all. My affection, adoration, worship, obedience and purpose all belong to Him. His grace and love, which is so clearly demonstrated to us through the cross, compels us to a life of love and obedience.

As we read in **1 John 5:3-4** "For this is the love of God, that we keep his commandments. And His commandments are not burdensome. For everyone who has been born of God overcomes the world. And this is the victory that has overcome the world—our faith."

May our faith be strengthened this Easter, encouraging each other to love God with all our heart, soul and mind. Let us continue to make Jesus the centre of all we do, in our relationships, our work, our desires and passions, fully committed to Him in response to what he has done for us.

Blessings

Mark Potter
Deputy Principal

Casual Day

At the end of this Term, a casual day will be held to raise money for Bible Translation for Indigenous people in Ernabella. All students from Reception to Year 12 will be able to participate and a gold coin donation will be appreciated for this worthy cause.

Andrea Grear
on behalf of ECCO (Emmaus Christian College Outreach)

Lost Property

All lost property will be placed on a clothes rack outside Student Services during the last week of Term. Please check at Student Services for valuable items such as watches, spectacles, purses/wallets, jewellery and more. Any articles not claimed before the end of this Term will be either given to the Uniform Shop, First Aid or donated to Charity.

Junior School News

Year 3 - 6 Sports Carnival

Congratulations to Topaz for their fantastic effort and success in winning Sports Carnival last Wednesday!



Easter Sights and Sounds

On Tuesday 20th March all Reception to Year 6 students were blessed to attend a drama and multi-media production of the gospel of Luke at Spicer Uniting Church, St. Peters. Students were immersed in a live Easter story, creating a significant experience for all!



Parent Teacher Interviews

A reminder that all Reception to Year 6 Parent Teacher interviews will be held in the EPAC. Parent/Teacher information conversations are an opportunity to talk about matters that may impact learning and discuss the child as a learner, rather than provide a 'report' of the learning.

Parents Day and Grandparents Day Reminder

Parents Day will be held on **Monday 9th April, 8.35am - 10.00am.**

Grandparents Day will be held on **Wednesday 11th April, 9.15am - 10.50am.**

Helen Vonow

Head of Junior School

Student Wellbeing Coordinator

National Day against Bullying and Violence

Once again Emmaus was involved in the National Day against Bullying and Violence, which is a day when schools across Australia recognize the importance of the anti-bullying message. This year the day was recognized on Friday 16th March, with over 4550 schools and nearly 2 million students celebrating the importance of this message.

At Emmaus, students from Reception to Year 12 were reminded of the importance of 'Saying No to Bullying', and at assemblies and in individual classes students participated in activities or discussions to this affect. All students in Year 7 & 9 also received a ThinkUKnow presentation on cyber safety from an Officer from Sturt District SAPOL. Year 10, 11 & 12 students had a presentation from local Psychologist, Kirrilie Smout about being responsible on line. At each of these presentations, responsible on line behaviour and the anti-bullying message was reinforced to our students.

As parents we want to protect our children from bullies, but we also have a responsibility to teach our children about why and how children start to bully and how to respond to that.

If your child talks to you about bullying you can:

1. Listen calmly and get the full story
2. Reassure your child they are not to blame
3. Ask your child what they want to do about it and how you can help
4. Visit www.bullyingnoway.gov.au to find some strategies
5. Contact us here at school
6. Check in regularly with your child

For more information about bullying, students and parents can go to:

Kids Helpline www.kidshelpline.com.au 1800 551 800
Headspace www.headspace.org.au 1800 650 890
Online bullying www.esafety.gov.au

ThinkUKnow Seminar

Emmaus Christian College is pleased to present a FREE ThinkUKnow Seminar for Parents and Caregivers on Tuesday 10th April, 5.30pm – 6.30pm presented by Sturt Police Crime Prevention Unit to be held in the EPAC. Notices have been sent out and an RSVP is required.

ThinkUKnow is an evidence-based Cyber Safety Program that provides presentations to Australian parents, carers, teachers and students. It provides information on the technologies young people use, the challenges they may face, and importantly, how they can be overcome. The aim of this presentation is to provide parents with the tools to create a safer online environment for young people in your care. This presentation covers what young people SAY, SEE and DO online. This seminar is suitable for parents of children of any age. The presentation covers topics such as social media reputation management, cyber bullying, 'sexting', online grooming, online gaming, inappropriate content, privacy management, identity theft, how to protect your devices, and how to report matters when things go wrong.

Sue Chapman

Student Wellbeing Coordinator

College News

Emmaus Christian College History

Our community is soon to acknowledge a significant Anniversary, and as we collate our History it is evident that we need to hear from many who have had an influence in our school life.

Are you an old scholar of Emmaus/Tabor/Bethesda or do you want to share a Parent's eye view of our history? Have you been involved in our school for many years and have you seen many changes?

Your voice and your perspective may help us have a full picture of the journey of our school and the road that God has taken us on since our beginning.

If you would like to share your perspective on your **first impressions of Emmaus** (or Tabor/Bethesda), please email me with your response. Please note, our history has many facets, and I am asking for your impressions which may vary from others within our community. (Please be aware that I will not use your words in presenting our History without specific approval from you. At this stage, I am just building a picture of the past, so will be happy to hear from many people about their 'First days with us' or 'First impression of our school').

As I start this process of gathering information, I would love to hear from you, via email chull@emmauscc.sa.edu.au

There may be other opportunities for you to share your impressions and perspective as part of our History.

Carolyn Hull

Teacher/Librarian

Boys Connections

We are blessed to have so many quality young leaders helping our Boys Connections program. They are open, positive, and willing to engage with the Year 7-9's. They are also willing to stand up and share a little of their faith journey which is always beneficial for others to hear and aspire to. Sam from Year 12 shared his life motto's and stories about how God has transformed them, after playing an epic game of Dodgeball in the gym.

Ben Squire



First Aid

Gastroenteritis

As we have recently had a number of students throughout all year levels unwell with symptoms of gastroenteritis, it is important that parents read the information below.

Description

Gastroenteritis (gastro) is an illness triggered by the infection and inflammation of the digestive system. Gastro can be caused by many different germs although the most common cause of gastro is a viral or bacterial infection. Typical symptoms include mild fever, abdominal cramps, diarrhoea and vomiting. In many cases the condition is self-limiting and resolves in a few days. The main complication of gastro is dehydration so it is extremely important to keep drinking plenty of fluids. A person suffering from severe gastro may need fluids intravenously.

When to see a doctor

- If your child is unable to keep any fluids down
- If your child displays signs of dehydration

With mild dehydration, children may:

- have sticky or dry mouths
- urinate less
- be thirstier than usual
- be slightly more fussy
- be less active than usual

With more severe dehydration, children often:

- are less alert
- are very sleepy
- have sunken eyes
- urinate much less, if at all
- lose weight

Dehydration can be a medical emergency. Call your healthcare provider IMMEDIATELY if:

- Your child is much less active than usual
- Your child is hard to wake up
- Your child appears limp and weak
- Your child doesn't seem to recognize you

- Fever
- Abdominal pain
- Bloody diarrhoea
- If symptoms are severe or do not improve
- Any symptoms in a child less than 12 months of age
- OR you are worried for any other reason.

Preventing the spread of gastro

- It is important that all members of the family remember to wash hands well with soap and warm water, especially after going to the toilet, before and after handling food and after caring for someone who is sick.
- It is also important to wipe down all frequently touched surfaces regularly (eg shared equipment, telephones, computer keyboards, door handles) and to make sure all food preparation surfaces are kept clean.
- Viral gastroenteritis may also be spread through coughing and sneezing.

Exclusion

Children are to be excluded from school until there has not been any diarrhoea or vomiting for 24 hours.

Ros Argent and Maria McIver First Aid Officers

Sporting News

Athletic Carnivals

In Week 8, both our Year 3 - 6 and Year 7 - 12 Sports Carnivals were held for 2018. This year both days were back to back and both days had glorious weather conditions. Year 3 - 6 Sports Carnival was a close contest all day. Student participation had increased from previous years, there were fewer injuries or illnesses and overall enjoyment could easily be seen on competitors and spectators faces with many smiles stretching cheek to cheek. The Topaz house were victors, with Emerald in second place and Ruby third. Primary sports days are such a pleasure to watch as students are learning to put in practice the skills they have learnt in lessons by themselves in competitions. They support or are supported by their house mates with high pitch screaming or simple pats on the back and those who achieve a good result are ecstatic with themselves and want to share the good news. The Year 10 Sport Science student assistants once again showed maturity and highlighted how valuable they are to the running of a successful sports event. To all parents who helped organise, prepare and assist with the lunches and other goods, thank you.

Year 7 - 12 Sports Carnival - WOW! The day started and finished well. This year the 800m, 1500m and Javelin events were held before the day, allowing students to focus more on the shorter distance events and attempt to break more College Athletic records. We also included a show case event, the 100m final for all age groups and genders. This was an excellent event with some very quick times recorded, highlighting our students' athletic abilities. The house leaders did an excellent job to get their house members participating across all events achieving those valuable participation points. The day started with Emerald in front slightly, however at the end of the day Ruby were Champions (2000 points), Emerald in second (1921 points) and Topaz in third place (1831 points). Topaz were presented with The Spirit Cup, with Ruby in second place and Emerald in third. Both days were well supported by students and staff, encouraging one another and being respectful to event organisers, competitors and their house mates. It is a pleasure to witness the Emmaus Community coming together at these large sporting events, cheering and competing against one another in a still supportive environment. Well done to all involved.

Other sporting news

The Running Club on Tuesday mornings 7.30am - 8.10am, continues to be a huge success with the Primary students and parents as each session is averaging over thirty participants. As the weather starts to become cooler the sessions will move into the gymnasium.

The after school Cricket sessions on a Monday night have been a successful with only one session left before the end of Term. Thank you to Paul Miller for assisting.

Our first Year 3 - 9 Cross Country event is being held on Monday 9th April (Week 11) at Bonython Park. The Middle School students will start, 9.00am - 11.00am. Junior School students will attend after Grandparents Day. Information will be sent home via email about this new and exciting event.

Sporting recognition

- Abraham, Year 11, was selected to represent South Australia at the recent Australian Beach Handball Championships at Glenelg.
- Orlanzo, Year 6, was selected in the U14 State Athletics Squad for the 4x100m relay and the Pole Vault event. He achieved a Personal Best of 2.30m in Pole Vault.
- Amelia, Year 7, was selected as part of the SAPSASA District Swimming team. She won the 50m Breast stroke, 50m Freestyle and second in the 100m Freestyle.
- Euan, Year 11, was selected by Christies Beach Surf Lifesaving Club to represent them at the State Senior Carnival at Lorne, Victoria.
- Tamsyn, Year 11, was selected and has played a number of games for the Glenelg AFLW League side this season.
- SACSAs Table Tennis: Year 4/5 Boys, Year 6/7 Boys, Year 8/9 Boys and Year 8/9 Girls teams were crowned Champions for their respective competitions. Great result for these Emmaus teams.

We have a number of other athletes trialling for various SAPSASA and State teams/squads currently and we wish those students all the best.

Well done to all the students and teams mentioned above, if any other students have been selected or achieved high results in their sporting fields please email dporter@emmauscc.sa.edu.au so we can acknowledge their sporting achievements in the Newsletter.

Daryl Porter

PE, Health and Sports Coordinator (Rec - Year 12)

Student Achievement

Orlanzo enjoys track and field events, especially the technical and physical challenges of Pole Vault.

Pole Vault being Orlanzo's main event; November 2017 he qualified for the U14's National Athletics Championships. February 2018, winning a silver medal at the Athletics State Championships. March 2018 in Sydney, at the Australian National Junior Athletics Championships Orlanzo beat his previous PB by 20cm, jumping 2.30m and finishing equal 8th! Orlanzo is inspired to train harder, jump higher and enjoy the opportunities he has been blessed with.



Music

Performing Arts Calendar 2018

Term 2	Week 1	Friday 4 th - Sunday 6 th May	'Generations in Jazz' in Mount Gambier
	Week 6	Wednesday 6 th June	Winter Instrumental Evening @ 7.00pm in EPAC
	Week 7	Wednesday 13 th June	Year 8-12 Drama/Dance Evening
	Week 10	Tuesday 3 rd July	MS/SS Music Showcase @ 7.00pm in EPAC
	Week 10	Thursday 5 th July	Year 5/6 Battle of the Bands Concert
Term 3	Week 3	Tuesday 7 th August	Tuesday on Flinders Concert
	Week 5	Friday 24 th August	SA School Band & Orchestra Festival @ Westminster School
	Week 8	Friday 14 th September	Spring Cabaret Evening @ 7.00pm in EPAC
	Week 9	Wednesday 19 th - Thursday 20 th September	Junior School Musical
Term 4	Week 3	Thursday 1 st November	Music Count Us In

Andrew Verco

Music Coordinator (Rec - Year 12)

Careers Corner

I recently read an article by Fiona Anson, director of JobGetter, on 21st Century Skills in Demand, where she discussed what skills employers are looking for in their staff. It got me thinking about how we are preparing our young people for the world of work.

We have known for a long time that employers are wanting 'soft' skills ie, young people who are reliable, work well in teams and are great communicators. Employers will say to me that, when they interview an applicant, they ask themselves - will this person get on and do the job or will they cause me problems.

In her article, Fiona states that the *"number one skill in demand is critical thinking. The ability to see a problem, analyse options and come up with solutions is something that every employer is looking for – regardless of the industry they are in"*.

She also adds *"Adaptability and Resilience are two more skills that are in growing demand because of the changing work landscape"*.

What she is saying is that it is important that our young people have an ability to cope with change well, in fact even expect it. Technology is constantly changing the way we do business. Employers need and look for staff who can navigate through change management processes.

What does that mean for our young people? We need to be encouraging our young people to embrace every opportunity to learn 'soft' or 'enterprise' skills. Encourage them to get involved in projects that develop creativity, critical thinking, collaboration, team work and problem solving. In addition, let's make it OK for them to fall down, pick themselves up again, learn from their mistakes and move forward, all the while knowing that we, as parents and educators, are there to support them.

Cathy Torjul

VET Co-ordinator

Canteen Roster

Week 9 T1

Thu 29 th	Nancy Pantelis
Fri 30 th	Public Holiday - Good Friday

Week 11 T1

Mon 9 th	No help needed
Tue 10 th	No help needed
Wed 11 th	Alisa Wenzel
Thu 12 th	No help needed
Fri 13 th	Karen Baker

Week 10 T1

Mon 2 nd April	Public Holiday - Easter Monday
Tue 3 rd	No help needed
Wed 4 th	Chris Barry
Thu 5 th	No help needed
Fri 6 th	Karen Ames

Week 1 T2

Mon 30 th	Student Free Day
Tue 1 st May	No help needed
Wed 2 nd	HELP NEEDED
Thu 3 rd	No help needed
Fri 4 th	Helen Talbot

Thank you for the time you volunteer in the canteen, it is very much appreciated. The hours are from 9.30am to approximately 1.30pm. Due to Occupational Health and Safety, please wear enclosed shoes and ensure long hair is tied back. Please also remember to sign in at the Front Office and wear a visitors badge before you commence in the canteen. This is a legal requirement in case of fire evacuation/lock down. Thank you for your assistance with this important matter.

Christine Blom-Cursaro and Sharon Hughes

Uniform Shop

2018 Normal Opening Hours

Monday 8.30am - 10.00am
3.00pm - 5.00pm

Thursday 8.30am - 10.00am
1.00pm - 1.30pm
3.00pm - 5.00pm

Holiday Opening Hours

The opening hours during the school holidays are:

Week 1 CLOSED

Week 2 Thu 11.00am - 4.00pm

Fri 9.00am - 1.30pm

Christine Blom-Cursaro Uniform Shop Manager

Community News

MarionLIFE

Volunteer Administration Assistant

MarionLIFE Community Services is a not-for-profit community organisation that strives to provide meaningful, flexible and responsive care and support to individuals and families in need and welcomes expressions of interest for a Volunteer Administration Assistant. Weekday afternoons, 10 - 20 hours per week, the days and hours are negotiable. A good working knowledge of MS Office Suite is required and a general high level of computer literacy and typing proficiency is desired. The volunteer will need an understanding of the parameters of confidentiality, possess a keen sense of humour and the ability to respect values that may differ from your own. Phone 8277 0304 or email info@marionlife.org.au to express your interest.

Emergency Relief Donations

The Emergency Relief stock at MarionLIFE is very low at the moment and they would like to receive donations of one or more of the following items to support those in the community who are dealing with unemployment, homelessness, mental health issues, family breakdown and other struggles to access immediate support.

Food Items: Canned Soup, Canned Fruit, Canned Vegetables, Fruit in a Cup, Baked Beans/Spaghetti, Harvest Steak and Onion, Pasta, Pasta Sauce, Cereal, Long Life Milk, Tuna, Small Jars of Coffee, Tea Bags.

Hygiene Items: Washing Powder, Spray & Wipe, Dish Washing Liquid, Tooth Paste, Single Toothbrush, Shampoo, Roll-on Deodorant, Nappies, Sanitary Pads.

Neighbourhood Centre Week

This FREE event is being held on Monday 30th April at MarionLIFE Community Garden, 887 Marion Road, from 9.30am to 11.30am.

Why not join them for Conversation, Companionship and Coffee?

Bus to Foodbank

A FREE weekly bus to Foodbank's Food Hub at Edwardstown from MarionLIFE, 887 Marion Road runs each Thursday at 9.30am sharp. Bookings are helpful but not essential. Telephone 8277 0304.

Forage on the Fleurieu

Cure your curiosity about sustainable food, ethical urban farming and organic practices with this session bringing together industry, producers and the public. Speakers from the urban farming, fishing and organic wine production industries will join local producers to share their knowledge and experience on the future of food and wine with guests. You can also visit Market Lane where local producers will show how they delivery from farm to plate, which you have the chance to support local business by sampling and purchasing their fresh, sustainable product. Cheese platters and tea/coffee will be provided. BYO drinks.

Wednesday 18th April, 6.30pm - 8.30pm, Cove Civic Centre, Ragamuffin Drive, Hallett Cove.

Cost \$20.00 per person. Bookings essential via www.marion.sa.gov.au/forage-on-the-fleurieu or 8375 6750.

Do's and Don'ts for Motivating Your High-Ability Child

By Dr. Del Siegle and Dr. D. Betsy McCoach

At Parent Day during NAGC's 2016 Convention in Orlando, FL, scholars and parents Del Siegle and Betsy McCoach shared successful strategies and practices for motivating gifted children.

AVOID SABOTAGE

Be careful of—even inadvertently—sabotaging your children's perceptions about themselves, their peers, and their teachers.



Do

- Model a growth mindset.
- Let your child struggle a bit, but monitor to avoid total frustration.
- Present a united front with your partner.
- Show you value education and teachers.



Don't

- Use “est” words—best, brightest, prettiest, fastest.
- Swoop in, rescue, and provide unnecessary assistance—otherwise your child will never feel “challenge.”
- Let your children play parents against one another.
- Criticize teachers in front of your children.

UNDERSTAND CAUSE & EFFECT

Gifted children need to understand that they control their own destinies: They succeed because they have the skills and put forth effort, and that failures may be attributed to lack of effort.



Do

- Help your child analyze success or failures. Example: “*Did we study the right things?*” “*What was on the test that we didn't study?*”
- Counsel your child to reflect on difficult situations and discuss ways to change the environment to fit her needs or how she can adjust her behavior to the existing environment.
- Help your child break down projects and map out tasks. Through planning, children can visualize a task come to fruition.
- Model curiosity and creativity about the world around you.



Don't

- Allow him to blame others for his lack of success. Example: “*The teacher just doesn't like me.*”
- Intervene and solve problems for your child. Rather: Involve and engage her so she is part of the solution.
- Assume that because your child is gifted, he intuitively knows how to organize tasks or manage projects. Some students need help in this area.
- Ignore opportunities to demonstrate how to transform your child's curiosity into action. Rather: “*Let's look your question up on the Internet.*”

FIND MEANINGFULNESS

Even at a very young age, gifted and talented students need to find meaning in their lives.

Do

- Support your child in exploring what is personally interesting to him.
- Recognize that children's motivation is linked to what they view as useful. When they value or enjoy an activity, they are intrinsically motivated.
- Help your child see beyond the immediate activity to long-term outcomes.
- Share your child's interests with the teacher or school, and find ways to incorporate those interests into school projects.
- Find peers or other role models with whom your child can relate.

Don't

- Force your child to pursue interests that you like or feel she should pursue because "all the kids are doing it."
- Overly focus on external rewards systems as the way to motivate your child.
- Set goals for your child that you value, but have little or no meaning to him.
- Be afraid to let the teacher know what your child cares about and interests her.
- Foster an environment of unhealthy perfectionism. Rather: Find examples of famous role models who struggled but persevered to success.

DISCUSS GIFTS AND ABILITIES

It's important that high-ability children understand that they have gifts and talents...but it's up to them to put forth effort, persevere, and accept challenges to grow.

Do

- Help your child see that no one is born a Ph.D. or Nobel Peace Prize winner—it takes effort to succeed.
- Find challenging opportunities to improve skills and develop talents.
- Encourage your child to take risks; share struggles and successes.
- Document your child's growth and review periodically to build confidence.

Don't

- Devalue the importance of working hard and putting forth effort.
- Overlook the fact that your child needs to learn basic study skills such as outlining, note taking, and identifying main points—even though she has a good memory and fast processing skills.
- Equate or imply that giftedness is tied to perfect performance.
- Forget to sit down with your child to review examples of previous work to provide a visual marker of his growth—to build self-confidence and higher self-efficacy.

LISTEN AND SUPPORT INTERESTS

Gifted children want their voices to be heard.

Do

- Listen to what your child has on her mind.
- Be an active, empathetic listener. Example: "So it sounds like you are feeling x..." "What I hear you say is..."
- When providing compliments, they must be genuine, specific, and earned. Example: "I like the colors you chose here." Or, "You are providing good supporting sentences for your topic sentence in your opening paragraph."

Don't

- Solve her problems for her—give her the space and time to talk it out and problem-solve independently, but with support.
- Be distracted, dismissive, or interruptive when he is trying to share his feelings or point of view.
- Compliment your child in a general way ("good job") or for underperforming or for unchallenging tasks.

Authors' Note

Del Siegle, Ph.D., is director of the National Center for Research on Gifted Education, and D. Betsy McCoach, Ph.D., is professor and program coordinator of the Measurement, Evaluation and Assessment program, both at the University of Connecticut. Betsy and Del are married, life partners, and parents of two young gifted and talented children. They have authored numerous books and papers on a multitude of topics, including *Motivating Gifted Students: The Practical Strategies Series in Gifted Education*, and were recently co-editors of *Gifted Child Quarterly*.