From the Principal

Luke 2:14 “Glory to God in the highest heaven, and on earth peace to those on whom his favour rests.”

Dear Friends and Families

In the same way as the angels glorified and honoured God in Luke 2:14 when they informed the Shepherds of Jesus’ birth, we have much to give glory to God for in our everyday lives. It is important that as a College we too give glory and honour to God for all He has done for us and for our achievements and successes. It is through our diligence, service and commitment to Godly pursuits that we honour God, and the success that we experience as a result also belongs to our Father in Heaven.

We give glory to God for the achievements of our Emmaus students. Several Emmaus teams recently entered a French poetry competition. Last week we were informed that our Year 9 team (Jade, Cassandra & Tiana) won first place and our Year 7 team (Trent & Zac) achieved second place. These students tackled this task with a high degree of independence with an outstanding result.

Similarly last Term parents of NAPLAN age students (Year 3, 5, 7 and 9) would have received a summary of their child’s individual test results. I would also like to give God the glory overall for the success of our Emmaus students in reading, writing, spelling, grammar, and numeracy as benchmarked by these tests. Although these tests are a snapshot at a point in time, it is a consistent snapshot for all students across Australia. It is a blessing that Emmaus students ranked on average 8% above state results across all areas tested. Using NAPLAN growth data this 8% represents an average advancement of 15 months ahead for Emmaus students compared to the state average. This impressive statistic represents the immense value for education our families instill in their children combined with the outstanding service and hard work of our teachers. It also impresses upon me the educational benefit that is derived from Emmaus’ Christ centered approach to schooling and focus on authentic pastoral care and community values. When the whole child is nurtured, including the spiritual dimension, academic achievement thrives! I appreciate the sacrifice so many Emmaus families make to send their children to our College. It is affirming to see the benefit of this sacrifice in so many important ways. My prayer is that Emmaus students use their scholastic abilities to honour God and serve Him in whichever career pathway they pursue into the future.

Last Friday was the final school day for our Year 12 students. It was great to see so many parents attend the final assembly where all the Year 12 students participated. The service was God honouring, meaningful and very humorous! I must say that there were particular items that gave me the biggest ‘belly-laugh’ I have had in weeks. I would like to thank all the Year 12 students and staff for coordinating this event. Please pray for our Year 12 students as they now prepare for their final exams and assignment submissions.

Blessings,
Andrew Linke
Principal

Parents & Friends

Next Parents and Friends Meeting
The next and final P&F meeting for 2015 will be on Thursday 19th November at 7.00pm in the Staffroom. New and/or guest attendees are always welcome. Please enter via the western outside stairs adjacent to the playground.

Helen Grear
P & F President
Junior School

Jump Rope for Heart
During the year the Junior School participated in the Heart Foundation ‘Jump Rope for Heart’ program. A significant amount of money, $3,022.80, was raised by our school community. Caroline Wicks did a fantastic job facilitating ‘Jump Rope for Heart’ which greatly added to its success. Jump Rope has contributed positively to the health and fitness of the students by encouraging healthy lifestyle behaviours and showing them the many benefits of participating in regular physical activity.

Class Placements for 2016
Junior School staff are now considering class placements for 2016. Leadership, specialist teachers and class teachers use their prior knowledge of teachers, friendship groupings and the specific needs of your child to place them in the best possible environment. We also gather information from children with regard to friendships. It is an involved process to which we devote much time, thought and prayer. Orientation day for the Junior School will be on Wednesday, 25th November. All students will spend time in their 2016 classes meeting their teachers and classmates. Thank you to the parents who have provided suggestions for their children’s class placements for next year.

Music: Count Us In Concert
Australia's biggest school initiative, Music: Count Us In concert will be held on Thursday morning 29th October in the EPAC with Junior School students taking part. The concert is all about celebrating the value of music education for students’ development. Teachers from schools all over Australia rehearse, then perform the same song, on the same day and at the same time.

Junior School Theme for 2015
“God lights our world and our way. Thank you for my family and my adoption.”
Week 4 Bible Verse “...I kneel before the Father, from whom every family in heaven or on earth derives its name. I pray that out of his glorious riches he may strengthen you with the power through his spirit in your inner being, so that Christ may dwell in your hearts through faith.” Ephesians 3:14-17a.

Annette Craven
Head of Junior School

Senior School

Week 2 was the last week of Year 12 lessons and, hence, our 2016 House leaders have been announced and now start picking up the responsibility of leading the student body. Their first big task will be to rally their House for the upcoming Swimming Carnival in Week 4. This is not only a time of good House rivalry, but also a pleasant way to enjoy the day with a BBQ and some free ‘playtime’ in the pool.

The new House Leaders are:

Topaz
Nicholas, Connor, Ross, Ellen, Mary (Year 11) and Isabella (Year 10).

Ruby
Emily, Ethan, Stuart, Lorenna (Year 11) and Isaac and Holly (Year 10).

Emerald
Chloe, Amy, Daniel, Clianta (Year 11) and Lucy and Segopotso (Year 10).

Irma Rodda
Head of Senior School

College News

Handball Carnival
Congratulations to the Emmaus 8/9 Girls Handball Team who came first in the SSSSA Handball Tournament. They beat Blackwood in thrilling extra-time in which Georgia scored the winning ‘golden’ goal. It was a slow start for the girls as they previously lost to Blackwood 1-4 and 3-7, but came back triumphantly to win 4-3. A fantastic effort by all the girls. A special mention goes to Marissa who had never even been in goal before and played a match winning performance in the grand final. Well done.
First Aid

Collection of Medications
Some students have medication kept at school in a locked cupboard in the First Aid Room. We do not store medications over the long school holiday period. Could all medication please be collected from the First Aid Room when your son/daughter has finished their school year. **This is particularly relevant to Senior School Students at this point in time as they complete their school year before the official end of Term.** Thank you.

Ros Argent and Maria McIver
First Aid Officers

Student/Family Support Worker

Anxious Children
Children and anxiety – this topic seems to be everywhere at the moment and as parents having anxious children can really be a challenge.
The truth is that all children and teenagers will get anxious about something – some children more than others. As parents knowing how to support, love and encourage our children through anxious times can take a lot of time and wisdom.
There is a lot of advice and information for parents interested in this topic and I really could not do it justice in just a few sentences. If you are worried about your children's anxiety I would encourage you to seek help from a professional either a pastor, counsellor or psychologist and talk to your children's teacher to let them know your concerns.
Some great advice about this topic can be found in an article by Psychologist Kirrilie Smout entitled 'Don't make this well-meaning mistake in helping worried kids.' In this article Kirrilie says “here's what we know about anxiety in children - when children avoid things - situations/people/sensations/feelings/environments - they get more anxious about these things as time goes on.
The more children avoid things they find scary, the more scared they get.
First, when kids avoid something they have no opportunity to succeed, master or cope with the feared situation. They see other children coping well with the feared situation and lose confidence in themselves. They get embarrassed about not coping and label themselves as being afraid of that particular event.
Second, at a subconscious level, when kids avoid something - the part of the brain which evaluates threat notices them avoiding that thing. It says ‘aha - it MUST have been dangerous, or I would have not avoided it’. This increases anxiety the next time around.
Third, when we are feeling afraid and we get away from/avoid the thing that triggered our fear - we have a huge sense of relief. This relief is VERY reinforcing and pleasurable. Kids will look to find that feeling as much as they can. This will mean the avoidance itself becomes something that feels good, and they will want to do it as much as they can.
To stop this cycle of increasing fear, we need to identify the brave behaviour we want our children to do, and to coach, encourage, reward and enforce this brave behaviour.”
Please go to http://developingminds.net.au/blog/2015/10/14/worried-kids to read more from this excellent article.

Sue Chapman
Student/Family Support Worker

Music
The inaugural Junior School Music Showcase will be held on Thursday 5th November in the Emmaus Performing Arts Centre at 6.30pm.
The evening will feature Years 3/4 and 5/6 Choirs, Worship Band and selected soloists. Tickets are limited to 2 tickets per family and can be booked on our College website under 'Events'.
If you are considering instrumental lessons for your child in 2016 please complete an enrolment and agreement form to guarantee a place. Forms are available on the College website, Music Suite, Student Services or Front Office. Places are limited for some instruments.

Andrew Verco

Uniform Shop

2015 Normal Opening Hours

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<th>Monday 8.30am - 10.00am</th>
<th>Tuesday 3.00pm - 5.00pm</th>
<th>Thursday 8.30am - 10.00am</th>
<th>Friday 1.00pm - 3.00pm</th>
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Christine Blom-Cursaro
Uniform Shop Manager
Canteen Roster

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<tr>
<th>Week 3 T4</th>
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<tbody>
<tr>
<td>Mon 2nd Nov</td>
<td>Erica Kwok</td>
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<td>Tue 3rd</td>
<td>No help needed</td>
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<tr>
<td>Wed 4th</td>
<td>Katherine Papazoglou</td>
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<tr>
<td>Thu 29th</td>
<td>No help needed</td>
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<tr>
<td>Fri 30th</td>
<td>Tam Battersby</td>
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<td>Thu 5th</td>
<td>No help needed</td>
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<td>Fri 6th</td>
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<th>Week 5 T4</th>
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<td>Mon 9th</td>
<td>Mon 16th</td>
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<tr>
<td>Wed 11th</td>
<td>Tue 17th</td>
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<tr>
<td>Thu 12th</td>
<td>No help needed</td>
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<td>Fri 13th</td>
<td>Thu 19th</td>
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<tr>
<td>Fri 20th</td>
<td>Helen Talbot</td>
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Thank you for the time you volunteer in the canteen, it is very much appreciated. The hours are from 9.30am to approximately 1.30pm. Due to Occupational Health and Safety, please make sure you wear enclosed shoes and long hair is tied back. Please also remember to sign in at the Front Office and wear a visitors badge before you commence in the canteen. This is a legal requirement in case of fire evacuation/lock down. Thank you for your assistance with this important matter.

Christine Blom-Cursaro and Janine Richards

Community News

The ConocoPhillips Science Experience - in South Australia
The ConocoPhillips Science Experience is a three-day hands-on Science activities program being conducted in 35 universities and tertiary institutions around Australia in 2015/2016. The programs are designed for students in Year 9 and 10, in which they will make significant decisions about senior education and tertiary studies. The full cost for enrolment is $120.00 for 3 days and sometimes students can seek sponsorship from their local Rotary Club.

This year the dates for Adelaide are:
- University of Adelaide 9th to 11th December 2015
- Flinders University 1st to 3rd December 2015
- University of South Australia 8th to 10th December 2015

Please go to www.scienceexperience.com.au for further information and to enrol in this event.

Movie Fundraiser for Matthew's Journey - 'The Dressmaker'
Matthew is a valued member of our Emmaus Junior School and is in Year 2 in Mrs Aiken’s class. Matthew’s parents are hosting a Movie Night Fundraiser on Saturday 7th November to help fund his ongoing rehabilitation and physiotherapy. Currently they are playing hundreds of dollars weekly for private therapies and have been doing so for over 18 months as they are still waiting on some financial relief from NDIS. Since having double hip surgery last December Matthew has made great progress in his recovery. Please help him continue with this progress by coming along to the Movie Night. It would be fantastic to get members of our Emmaus Community along to this great cause. Why not come along to the Capri Theatre to watch ‘The Dressmaker’ a great Australian Movie, starring Kate Winslet.
Tickets are $20.00 each and can be purchased at www.trybooking.com/163100 or at the door. Finger food is included. Doors open at 5.30pm and the Movie starts at 6.45pm. Let’s all get behind Matthew, a determined boy that never gives up. For further information, please contact Sue Chapman at the College on 8292 3888 or see the flyer at the end of this newsletter.

Keep your Children Smiling
Dental care is FREE for most school-aged children and ALL preschool children at Marion GP Plus School Dental Clinic.
All babies, children and young people, aged 0-17 years, are welcome to attend.
Marion GP Plus School Dental Clinic will be open during the Christmas school holiday break.
Please telephone 7425 8400 to book an appointment.
Be kind and unwind.

Personal Wellbeing

Wednesday 18th November 2015
9:30am to 2:30pm
Woodcroft-Morphett Vale Neighbourhood Centre
175 Bains Rd
Morphett Vale 5162

Lunch Provided
Gold Coin Donation
Enquiries and bookings call
Alison 8186 8900

emotional overload ~ relaxation ~ mindfulness

This program is funded by the Department of Social Services
Matthew's Journey Presents
A Movie Night Fundraiser

THE DRESSMAKER

Saturday 7th November
Capri Theatre
141 Goodwood Road, Goodwood

$20 per ticket

Doors Open at 5.30pm Movie Starts at 6.45pm

- Finger food included
- Dessert available for purchase
- Fantastic raffle prizes drawn on the night

Please like and share Matthew's Journey on Facebook

Purchase tickets at the door or
http://www.trybooking.com/163100