



NEWSLETTER

T4 Wk 1 19th October 2016

7 Lynton Ave South Plympton SA 5038
Front Office tel 8292 3888
Absentee tel 8292 3838 (24 hours)
email enquiries@emmauscc.sa.edu.au
Uniform Shop tel 8292 3810
email uniformshop@emmauscc.sa.edu.au
www.emmauscc.sa.edu.au

Next College Newsletter: Wed 2nd November 2016
Please email your articles to: newsletter@emmauscc.sa.edu.au

Important Dates

October

Tue 25th

Vetamorphus Parent Information
Evening in Staffroom @ 6.00pm

Wed 26th

MS/SS Principal Tour

Thu 27th

JS Principal Tour
SACSA Yr 4/5 & Yr 6/7 Netball @
Golden Grove

Fri 28th

Rec-Yr 6 Wrapper Free Lunch
Yr 12 Celebration Assembly
Yr 12 Final Day

November

Thu 3rd - Fri 4th

Yr 3/4 Mylor Camp

Fri 4th

JP Twilight Sports Meet @ 5.30pm
MS/SS Swimming Carnival @
Marion Pool

Mon 7th - Wed 23rd

Yr 12 Exams

Wed 9th - Fri 11th

Yr 5 Camp - Aldinga

2016 Term Dates

Term 4

Mon 17 Oct - Fri 9 Dec

(Term dates subject to change)

2017 Term Dates

Term 1

Mon 30 Jan - Thu 13 Apr

Term 2

Tue 2 May - Fri 7 Jul

Term 3

Wed 26 Jul - Fri 29 Sep

Term 4

Mon 16 Oct - Wed 6 Dec

(Term dates subject to change)

Weekly Coffee Connect

Tuesday Morning

9.00am - 10.00am



Weekly Prayer Connect

Thursday Morning

8.30am - 9.00am



From the Head of Middle School

Dear Friends and Families

Central to adolescents is the daunting journey to discover an adult identity. Knowing our value to others, being heard and known by others and being entrusted with graduating responsibilities are all key experiences for mapping this expedition.

This can be a time of uncertainty and fear, but also exciting and fun. It is rarely easy, but when trusted adults create opportunities for young people to be supported and provided with space to question, discuss, make choices and learn from successes and mistakes the road can be less overwhelming.

Research informs us that, statistically, Year 9 is one of the most challenging years of schooling for our young people. This is a time when young people can push boundaries, challenge adults in their life and create an emerging sense of their own authentic voice and identity.

Over the last two years we have surveyed all Middle School students to gather an understanding of beliefs, attitudes and perceptions of engagement and participation with their schooling. We have also identified how connected and the depth and sense of belonging that our young people identified at Emmaus.

Next year the Middle School will be restructuring the Year 9 Home Groups to try to create a deliberate and purposeful space, supporting families, as together we engage and encourage our young people to journey well from childhood, through adolescence into healthy adulthood.

We have been considering and researching the programme called 'Rite Journey' as a key element in this restructure. As I have mentioned before we have been visiting other schools to see how they have integrated and utilised this learning programme.

All Middle School team staff will be trained in the 'Rite Journey' programme after school on Friday 18th and Saturday 19th November. We believe this training will equip all staff with a specific focus on our Year 9 Home group teachers, to provide space to care for, enthuse, support and equip young people in their individual journeys.

We will present more information to our students at assembly this Term and also provide parents and caregivers with more details of how we will implement the programme with an authentic Biblical perspective at our College.

Andrew Edmondson
Head of Middle School

College News

Wrapper Free Day

Friday 28th October is Wrapper Free (Healthy Food Day), sponsored by the JS SRC. This is a chance for everyone to consider how we can make a difference in our environment by minimising waste and also investigate some healthy food choices.

The site below can provide some recipes for families to trial as lunch box selections that do not require wrappers and will promote healthy eating. (Look for the Recipes Resources to download) <http://www.nudefoodday.com.au/resources/>

As much as possible try and send items in a school lunchbox, either in recyclable containers or without any wrapping at all. This gives you a chance to investigate non-processed snacks, fruit and maybe even have a discussion about what impact we are having on our environment when we create lots of litter. (Note: Biodegradable wrapping eg banana skins are NOT a problem!) We do not want this to be onerous for families, but we do want you to take the opportunity to think and consider ways of making change. Our environment will benefit for one day only, but we might be able to create some changes, in conjunction with others, that make a difference. Our wrapper free event is part of the Australia-wide 'Nude Food' movement which is being promoted throughout October.

Parliament House Visit

Our Year 3-6 SRC representatives and House Captains and Junior School Captains will be visiting Parliament House on Friday 28th October. This is designed to give the students a taste of Representative Decision-making in our state, and for them to learn about Parliament House and the two levels of Government that work there on our behalf. This visit is hosted by our local State Government representative, Honourable Stephanie Key (and her Ashford office in her absence.)

Junior School News

Year 6 Canberra Trip 2016

On the last Tuesday of Term 3, 37 Year 6 students and 4 teachers flew off for 4 days visiting our Nation's Capital. We spent our time learning more about Australia's history, culture, heritage and democracy.

We participated in a House of Representatives role play in Parliament House, had the privilege of laying a wreath at the Australian War Memorial and ran a mock election at the Electoral Education Centre in Old Parliament House. We also visited the Museum of Australian Democracy, the National Gallery of Australia, the Australian Institute of Sport, Questacon and Floriade. Garry and Kerry at Camp Cottermouth kept us well fed with the best camp food you will get anywhere!

The highlight this year was meeting His Excellency General the Honourable Sir Peter Cosgrove, our Governor General, at Government House. He spent around 20 minutes speaking with the students and answering their questions. A very special meeting indeed.

As with other years, the students were fantastic. We had many compliments from presenters and tour guides about our students' behaviour, prior knowledge and thoughtful questions asked at venues we visited. I think we have some budding politicians in the group too.

We would like to thank the Australian Government for their support of this programme. All young Australians are eligible for funding to support their visit to the National Capital under the Parliament and Civics Education Rebate (PACER) programme. The Australian Government is contributing \$60.00 per eligible student from Emmaus Christian College for this trip. This rebate has been used to reduce the cost of this excursion for families.

My personal thanks goes to Mrs Annette Craven, Mrs Caroline Wicks and Mr Chad Carson for making this trip a fantastic experience for our Year 6 students.

Robyn Butler
Canberra Trip Coordinator

Student and Family Support Worker

Technology at meal times

Welcome back to the last exciting Term for 2016. As we head towards this last quarter of the school year I am reminded that this is another action packed Term and I will try and enjoy each of these special moments and not seemingly wish them away.

In an article by Justin Coulson on his Happy Families blog, called 'How to make meal times matter', Justin addresses the issues of technology and its impact on communication. During the recent black out in Adelaide last month, many families reported that whilst sitting around in the dark, without access to technology, television and the internet, that they enjoyed their family time, chatting, eating and playing games together. As you begin this new Term, you may like to put some family rituals in place which encourage your family to have technology free meal times and see if this improves your relationships.

Information from this article explains this further. *"Unfortunately technology is interfering with the benefits family meals normally offer to parents and their children. A recent survey revealed that we have an average of 12 internet connected gadgets/devices per household. And that technology is coming to the table. This means that we are not disconnecting (with technology) so that we can connect (with each other) nearly as much as we used to – and those benefits from meal time could be diminished.*

To put it bluntly, when we pay attention to our screens, we ignore our kids. That's an issue because, Individuals are more likely to miss subtle cues, facial expressions, and changes in the tone of their conversation partner's voice, and have less eye contact."

If you are interested in reading this article in full which includes some tips for parent on reducing technology at meal times please go to <https://www.happyfamilies.com.au/blog/how-to-banish-tech-and-make-mealtimes-matter/>

Sue Chapman

First Aid

Check Medication Expiry Dates

If you have arranged a Medication Plan for your child and intend to provide the College with a medication for them, could you please first check the expiry date on the package of the medication to ensure it is within date. The First Aid Officers are not able to administer medication if it has passed the expiry date.

Ros Argent and Maria McIver
First Aid Officers

Careers Corner

Work Experience is an extremely valuable opportunity for students in their career exploration.

Congratulations to all students who were on work experience in the last week of Term 3 and over the holidays. Employer comments have been very complimentary in our students demeanour and ability to grasp work ethics. Well done to each student who committed themselves to complete work experience and explore career options.

Reminder

Applications are now open for all VET courses. If your child is considering studying a VET course please contact me ASAP to enrol, ctorjul@emmauscc.sa.edu.au

Enrolments are also now open for Emmaus' Certificate II Electrotechnology (Career Start) course. Further information and enrolment forms can be found on our website www.emmauscc.sa.edu.au/trade-training-centre.html

Update

The Electrical Construction Taster Course proved to be enjoyable for the Year 10 students. This course gave students the opportunity to have a 'taste' of the electrical industry. Whilst not all will go on to study our Cert II Electrotechnology, this course has helped the students confirm their chosen career.

Want to stay informed on what's happening in Australia's Labour Market?

Career Development Association of Australia SA division (CDAA) is hosting an event featuring labour market specialist, Ivan Neville.

Helping People Make Sensible Decisions About Jobs and Learning | What the Data Tells Us

Wednesday 26th October - Afternoon or Evening Session

Well known for his ability to explain, in plain terms, the key labour market challenges and opportunities in different regions across Australia, Ivan's presentation will include:

- An overview of the Australian labour market with particular reference to SA
- Insight into where the jobs of the future might be with reference to industries and occupations expected to experience growth over next five years
- Awareness of employer's recruitment difficulties and the opportunities/challenges this presents for young people and other job applicants

For more information and to register please visit the CDAA website: www.cdaa.org.au

Any VET queries, please contact me on ctorjul@emmauscc.sa.edu.au

Cathy Torjul

VET Co-ordinator

Canteen Roster

Week 1 T4

Thu 20 th	No help needed
Fri 21 st	Mandy/Paul Nield

Week 3 T4

Mon 31 st	No help needed
Tue 1 st November	No help needed
Wed 2 nd	Kathy Rohrlach
Thu 3 rd	Valda Burleigh
Fri 4 th	Melinda Brindley

Week 2 T4

Mon 24 th	No help needed
Tue 25 th	Rosie Allen
Wed 26 th	Blake Watson
Thu 27 th	No help needed
Fri 28 th	Karen Baker

Week 4 T4

Mon 7 th	No help needed
Tue 8 th	No help needed
Wed 9 th	Bridie Tonkin
Thu 10 th	Helen Talbot
Fri 11 th	Maria Tedesco

Thank you for the time you volunteer in the canteen, it is very much appreciated. The hours are from 9.30am to approximately 1.30pm. Due to Occupational Health and Safety, please wear enclosed shoes and ensure long hair is tied back. Please also remember to sign in at the Front Office and wear a visitors badge before you commence in the canteen. This is a legal requirement in case of fire evacuation/lock down. Thank you for your assistance with this important matter.

Christine Blom-Cursaro and Janine Richards

Music

Performing Arts Calendar 2016

All performances are held in the EPAC (unless stated elsewhere).

Term 4	Week 3	Thursday 3 rd November	Count Us In Concert in EPAC
	Week 8	Monday 5 th December	Year 5/6 Band Program Concert in EPAC

Andrew Verco

Music Coordinator (Rec-Year 12)

Uniform Shop

2016 Normal Opening Hours

Monday 8.30am - 10.00am
3.00pm - 5.00pm

Thursday 8.30am - 10.00am
1.00pm - 1.30pm
3.00pm - 5.00pm

Christine Blom-Cursaro

Uniform Shop Manager

Community News

Sean W Smith 'Live in Concert' at Seeds Uniting Church

Featuring 60 minutes of high energy fun, music & hilarious dancing antics for the WHOLE FAMILY from Australia's new number 1 Christian Children's Entertainer! Featuring all your favourite songs, plus the launch of his Brand New Rocking Kids Album – 'NOT ASHAMED!' Don't miss out on Sean's BIGGEST & BEST concert tour yet on Saturday 12th November at 6.30pm. Tickets \$7.00 per person or \$25.00 for a family of 4 (\$5.00 per additional child). Tickets are available via their website <http://welcome.seedschurch.org> or from the Church office.

Christies Beach Surf Life Saving Club

If you would like to learn surf awareness and safety, participate in fun beach and water activities, improve fitness and skills then Nippers is for you! Christies Beach Surf Life Saving Club are holding a 'Come & Try' session for ages 5-13 on Saturday 29th October from 10.00am - 12.00pm, followed by a BBQ. The cost is \$20.00 which will be offset against new membership fees. To register, email your contact details and age of participating child to paul.cbslsc@gmail.com or mandi.cbslsc@gmail.com

SA Water VACSWIM

SA Water VACSWIM, SA's most iconic aquatic safety program has opened for registrations with organisers encouraging all families to sign up early. 13,000 primary school aged children will take part at over 130 pool and beach locations from the 3rd - 11th January 2017, in line with the Christmas and New Year holidays.

VACSWIM is a Government of South Australia initiative providing children with opportunities to develop skills and positive experiences in the areas of water safety, confidence and competence in the water, personal survival activities and basic aquatic emergency procedures. VACSWIM is described as the best value for money holiday program with individual enrolment starting at \$30.00 per participant.

To register families can log onto www.vacswimsa.com.au

MILO in2CRICKET Program

MILO in2CRICKET is the national grass root program for cricket in Australia, with the aim of introducing kids in Reception and Year 1 to the great Australian game. It provides children with an opportunity to develop fundamental movement skills, meet new friends and have fun with their whole family in a safe and interactive environment. If you wish to try the program there will be a FREE 'Come and Try' session at Warradale Cricket Club, Marymount College, Colton Avenue, Hove on Saturday 22nd October, 9.00am - 10.00am. To find out more details about your nearest Centre and to register for this season, log on to www.playcricket.com.au and type your postcode into the centre finder.

MILO T20 Blast Program

MILO T20 Blast is a fun, safe, action packed cricket program for boys and girls in Year 2-5. The program involves modified games of cricket, where each child gets an equal turn at batting, bowling and fielding. There are many centres starting soon around South Australia. If you wish to try the program there will be a FREE 'Come and Try' session being held at Marion Sports & Community Club, 262 Sturt Road, Marion on Monday 31st October, 6.00pm - 7.30pm. To find out more details about your nearest Centre and to register for this season, log on to www.playcricket.com.au and type your postcode into the centre finder.

'Angels' T Ball & Machine Pitch Program

T-Ball is for players aged 4-6 years and Machine Pitch is for players aged 7-9 years. The season consists of 15 weeks of learning during Term 4 2016 - Friday 14th October to Friday 16th December and during Term 1 2017 - Friday 3rd February to Friday 3rd March. Cost is \$65.00 for the season which includes an official Adelaide 'Angels' Baseball Club players T-shirt, insurance and a participant trophy.

Further information can be found on their website www.adelaideangelsbaseball.com.au

Be *kind* and *un*wind.

Personal Wellbeing

Wed 9th November 2016

9:30am to 2:30pm

AnglicareSA Outer Southern Hub

111 Beach Rd

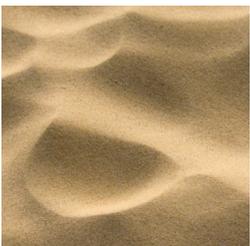
Christies Beach 5165

Lunch Provided

Gold Coin Donation

Enquiries and bookings call either Joy Ephraums
(Facilitator) or reception on 8186 8900

emotional overload ~ relaxation ~ mindfulness



ANGLICARESA

This program is funded by the Department of Social Services