Dear Friends and Families

After what has seemed a long, wet and cold winter, I am looking forward to what spring will bring. Coming home from work with the possibility of some daylight and warmth remaining gives an extra portion of optimism for what can be accomplished and enjoyed in any given day.

Recently, reading Corinthians, I was challenged by Paul to recognise that God’s grace is sufficient for me, even during winter.

2 Corinthians 12: 7-10

"Therefore, in order to keep me from becoming conceited, I was given a thorn in my flesh, a messenger of Satan, to torment me. Three times I pleaded with the Lord to take it away from me. But he said to me, “My grace is sufficient for you, for my power is made perfect in weakness.” Therefore I will boast all the more gladly about my weaknesses, so that Christ’s power may rest on me. That is why, for Christ’s sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong.”

Often we shy away from our weaknesses and try to hide them. Instead, acknowledging that we do not always have the answers or strength to overcome our troubles and temptations may be what is required. Laying our weaknesses at the foot of the cross, we are able to begin to realise God’s power becoming our strength. There is no greater place to be than to be content in the all surpassing grace and mercy which is freely given to us each day. My prayer is to come to the full realisation of this truth and to testify to the sufficiency of God’s grace in all circumstances. I trust and pray this will also be the testimony for all of us as we encourage each other in our faith journey.

Year 12 Camp July

I had the privilege of being a part of the Year 12 camp at the end of Term 2. While only a short camp at Adare in Victor Harbour, it was a great opportunity for our Year 12’s and a number of teachers to enjoy time away after a busy and full semester. The staff at Adare are very accommodating and I am always pleased to report that our students are held in high regard. Our Year 12 students are a credit to both their parents and the College.

Thank you Irma

I would also like to publicly acknowledge the outstanding work Irma Rodda has done as Head of Senior School over the past 9 years. Her commitment and hard work in maintaining and progressing the Senior School over this time has been exceptional and it has been my privilege to be her colleague. Thanks Irma.

Mark Potter
Deputy Principal

Scholarships at Emmaus Christian College

Applications are now open for Scholarships offered by Emmaus Christian College for 2018 as follows:

- Academic Scholarships for Year 8 in 2018 (applications close Thursday 19th January 2017).
- Music Scholarships for Year 7 or 8 in 2018 (applications close Friday 3rd February 2017).
- Pilgrim Scholarship for Year 8 in 2018 (applications close Friday 3rd February 2017).

Full details of Scholarships and application forms are available on the College website.

Scholarships at Emmaus Christian College are available to students who meet the College’s enrolment criteria. Please contact the Registrar on 8292 3834 if you require further information.
Junior School

2016 Oliphant Science Award Winners
These awards are an annually held competition for South Australian School students from Reception to Year 12 to develop their interest in Science through a science based competition with a range of categories to suit a wide variety of abilities and interests. The Oliphant Awards provide students with an opportunity to expand their scientific literacy, by showing interest and understanding in the world around them and engaging in discussions about science.

Emmaus Christian College had an excellent result. Thank you to Susanne Milne for her support and facilitation of the Oliphant Science competition. Well done to all competitors and congratulations to the winners.

Assembly Presentation
Our students not only had a lot of fun but learnt more about working together when Andrew Ready, a Christian ventriloquist and entertainer, presented his new show ‘Who’s the hero?’ at last Monday’s Junior School assembly. The presentation focussed on how to make a difference when you know someone is the victim of bullying. Andrew is passionate about empowering children to be the hands and feet of Jesus in caring for those who are down trodden. Some of our Year 5/6 students were involved in a follow up workshop where the issues that were discussed in the show were further expanded and applied. There was also an opportunity for personal reflection and some games to further highlight the importance of working together.

Father’s Day Breakfast
Over 350 fathers and children enjoyed a great time of community and a delicious breakfast of bacon, eggs, pancakes, muffins and good coffee on Friday 2nd September. The special Father’s Day activities, including ball games, colouring in and Lego building, were enjoyed during the morning. Thank you to all the fathers who took time out to support this popular Junior School event. A huge thank you to the parent class representatives who with their many helpers organised, prepared and cooked breakfast for our fathers.

Junior School Theme for Term 3 2016
Ruth to Solomon Week 7 Bible Verse – ‘On His Robe and on His thigh He has this name written: King of Kings and Lord of Lords’ Revelation 19:16.

Annette Craven
Head of Junior School

Middle School

Rite Journey
We would appreciate your prayers as we continue to investigate the possibility of utilising the structure and ideas of the Rite Journey Programme for our Year 9 students.

During 2015 the entire Middle School team participated in an information session and discussion to consider this programme for Emmaus Christian College. A core team of teaching staff have been, throughout 2016, researching, visiting other schools (Kings Baptist Grammar, Cornerstone College, Immanuel College) and meeting with Andrew Lines (founder and creator of the programme).

The team are really excited at the possibilities that the programme provides to engage young people to grow from childhood to adulthood and to journey with them, support and encourage them individually and as a group through this time.

We are now looking to budgeting, staff training and timetabling to see how we would embed this programme in the College for 2017. We would value your prayers for wisdom and creativity to ensure the programme is adapted for our context and is engaging and inspiring for our students. Thank you.

Andrew Edmondson
Head of Middle School
Music

Performing Arts Calendar 2016
All performances are held in the EPAC (unless stated elsewhere).

<table>
<thead>
<tr>
<th>Term 4</th>
<th>Week 3</th>
<th>Thursday 3rd November</th>
<th>Count Us In Concert in EPAC</th>
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<tbody>
<tr>
<td></td>
<td>Week 8</td>
<td>Monday 5th December</td>
<td>Year 5/6 Band Program Concert in EPAC</td>
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AMEB Achievement
Congratulations to Jayden in Year 4. He obtained an Honour for Grade 1 Violin and B+ for Grade 1 Piano with the Australian Music Examination Board. Well done Jayden!

Andrew Verco
Music Coordinator (Rec-Year 12)

College News

Writing Awards for Emmaus Students
Congratulations to both Shevaun and Elizabeth on their recent awards in two different writing competitions. Both Year 12 girls entered creative writing contests that were held across the state over the last few months.

Shevaun was awarded third place in the South Australian English Teachers Association Annual Young Writer’s Competition. Her short story, titled ‘Madame of the Barricades,’ was recently published in Opinion, an English Association magazine.

Elizabeth’s narrative called ‘Battle under the Moonlight’ was entered into The University of Adelaide’s creative writing competition and received a commendation. The competition is open for South Australian high school students annually between July and August and the judges were impressed with the entries they received.

I congratulate both of these students on their efforts with creative writing and wish them many happy stories for the future.

Andrea Grear
Senior School English Coordinator

Oliphant Awards
Over 2000 projects were entered in the 2016 Oliphant Awards. Emmaus had 33 students participate in this prestigious Science challenge. We are very pleased to announce that Adelaide, Year 3 won a place for her siphoning model. Receiving Highly Commended - Erin, Year 9 for her Scientific Inquiry, and Geri and Mikha, Year 3 for their individual posters.

Congratulations to everyone for submitting projects of such a high standard.

Tournament of Minds
On 11th September, 6 teams of 7 students from Year 5 to Year 9 are participating in the Tournament of Minds competition at Flinders University. They have been writing their individual 10 minute plays to solve a complex literacy problem which they have to perform before 3 judges. The second component of the Tournament is working as a group to creatively solve a spontaneous problem.

We wish them all the best for the competition.

Debating
Our final debate was held at Pulteney Grammar School on Tuesday 30th August.
Congratulations to our 5/6 team who won the debate on ‘Cloth nappies are better than disposable nappies.’ Well done to Esther, Year 6 who won debater of the evening. Special thanks to Antakiya, Year 7 and Maxwell, Year 6 who were able to compete with short notice.

Thank you to all parents who supported the students in another positive debating season!

Chess Interschool Tournament
Twenty students from Year 3 to Year 9 are participating in the Interschool Chess Tournament being held at Southern Vales Christian School on Tuesday 20th September. Enjoy the competition and good luck.

Susanne Milne
Gifted and Talented Coordinator (Rec-Yr 10)

Community News

Southern Cross Cultural Exchange - Public Information Session
Join Southern Cross Cultural Exchange for a FREE information session. Learn about how you can become an exchange student, the many destinations on offer, the host families you will live with and get to know the staff who will make it all happen.

Sessions are being held at Marion Cultural Centre, 287 Diagonal Road, Oaklands Park from 7.00pm - 9.00pm on Tuesday 18th October and Tuesday 15th November. Further information can be found on their website www.scce.com.au
Careers Corner

Career Development Association of Australia SA division (CDAA) is hosting an event featuring labour market specialist, Ivan Neville.

Helping People Make Sensible Decisions About Jobs and Learning / What the Data Tells Us
Wednesday 26th October - Afternoon or Evening Session

Well known for his ability to explain, in plain terms, the key labour market challenges and opportunities in different regions across Australia, Ivan’s presentation will include:

- An overview of the Australian labour market with particular reference to SA.
- Insight into where the jobs of the future might be with reference to industries and occupations expected to experience growth over next five years.
- Awareness of employer’s recruitment difficulties and the opportunities/challenges this presents for young people and other job applicants.

A flyer with more information is attached and Registration is via the CDAA website: www.cdaa.org.au

Reminder
Applications are now open for all VET courses. If your child is considering studying a VET course please contact me ASAP to enrol. Enrolments are also now open for Emmaus’ Certificate II Electrotechnology (Career Start) course. Further information and enrolment forms can be found on our website: www.emmauscc.sa.edu.au/trade-training-centre.html

Update
The Electrical Construction Taster Course is proving to be enjoyable for the Year 10 students. This course gives students the opportunity to have a ‘taste’ of the electrical industry. Whilst not all will go on to study our Cert II Electrotechnology, this course has helped the students confirm their chosen career.

Attention Year 9 and 10 Parents
An exciting opportunity is coming up for students who are interested in having a look at a career in the environmental industry! Conservation and Land Management careers are for those students that are interested in wildlife, horticulture and ecology.

The Come and Try Day is organised for Tuesday 1st November 2016. Places are filling fast so, if your child is interested in attending the day, please contact me via email ctorjul@emmauscc.sa.edu.au

For any VET queries, please contact me on ctorjul@emmauscc.sa.edu.au

Cathy Torjul
VET Coordinator

Sport

Term 3 Sport
In Week 5, Year 6/7, 8/9 and Open Boys and Girls AFL teams took part in the SACSA 9-a-side competition. All students performed well and achieved some excellent team results. Both the Year 6/7 teams finished respectively 7th out of 12 teams overall, Year 8/9 girls finished 5th overall out of 12 teams, Year 8/9 Boys finished 6th out of 16 teams and the Open teams finished 3rd overall just missing out on the grand finals.

On Friday 2nd September the College started a 4 week AFL clinic for Reception to Year 6 students (boys and girls) from 3.20pm to 4.30pm. This is a great opportunity for students to come and try a new sport learning new skills and making new friendships. If your child is interested please come wearing clothing suitable for practical activities. The clinic will continue until Friday Week 9.

Under 11 Soccer season has now come to an end. The team went through the entire season undefeated and also defeated the parents in their end of season friendly match. Thank you to all parents who assisted on a regular basis. Special mention to Nasas Essid for training sessions and Jared Grierson for coaching the team on match days. I am sure the players enjoyed the season and are already looking forward to SACSA Soccer later this term and the Soccer season next year.

Daryl Porter
PE, Health & Sports Coordinator (Rec-Year 12)
Too much screen time
There has always been some concerns raised about the amount of devices young people are viewing and the possible health issues that may develop as a result of too much exposure to screen time. Some recent alarming statistics suggest that their affects may be even more concerning than first thought.

An article from Dr Nicholas Kardaras in the New York Post last week explains:
"We now know that those iPads, smart phones and Xboxes are a form of digital drug. Recent brain imaging research is showing that they affect the brain’s frontal cortex—which controls executive functioning, including impulse control—in exactly the same way that cocaine does. Technology is so hyper-arousing that it raises dopamine levels—the feel-good neurotransmitter most involved in the addiction dynamic—as much as sex.
This addictive effect is why Dr. Peter Whybrow, Director of Neuroscience at UCLA calls screens ‘electronic cocaine’ and Chinese researchers call them ‘digital heroin.’ In fact, Dr. Andrew Doan, the Head of Addiction Research for the Pentagon and the U.S. Navy, who has been researching video game addiction, calls video games and screen technologies ‘digital pharmakeia’ (Greek for drug)."

To learn more about the concerns of researchers and some suggestions for parents on how to deal with this issue at home, please go to http://nypost.com/2016/08/27/its-digital-heroin-how-screens-turn-kids-into-psychotic-junkies/ and remember, limiting time on devices when children are young, is the most effective means of preventing damage (and arguments) in the long term.

Sue Chapman

First Aid
We have recently had several students diagnosed with Influenza A. At this stage they are Middle and Senior School students.
Influenza, commonly known as the flu, is an infection of the nose, throat and lungs caused by the Influenza A or B (or rarely C) viruses and is highly infectious. Influenza is a notifiable disease and therefore we are alerting our families, even though we are currently in what is known as ‘Flu Season’ in Australia (between May and September).

How influenza is spread
Influenza virus is spread when someone with influenza coughs or sneezes, producing airborne droplets that come into contact with the mucous membrane. Droplets can be spread through the air. Infection may also be spread by contact with hands, tissues and other articles soiled by infected nose and throat discharges.

Infections period
Usually from 1 day before onset of symptoms until 7 days after the onset of symptoms; up to 21 days in young children. After 5 days the level of infectiousness is probably very low.

Incubation period
Average of 2 days for seasonal influenza (range 1 to 4 days).

Symptoms include
Rapid onset of fever, headache, muscle aches, fatigue, sneezing, running nose, sore throat and a cough.

Most people recover within a week, although the cough and fatigue may last longer. Influenza is much more serious than the common cold. It can lead to pneumonia (lung infection or inflammation) and other complications, and even death, particularly in people aged 65 years and over, pregnant women, young children and people with chronic conditions like heart disease, diabetes and lung disease.

To minimize the risk of spread please keep your child home and seek medical advice if you think your child may have Influenza A, advising the school of any diagnosed cases.

Ros Argent & Maria McIver
First Aid Officers

Uniform Shop

2016 Normal Opening Hours
Monday  8.30am - 10.00am  Thursday  8.30am - 10.00am
3.00pm -  5.00pm  1.00pm -  1.30pm
3.00pm -  5.00pm

Holiday Opening Hours
The opening hours during the school holidays are:
Week 1 CLOSED
Week 2 Thu 12 noon - 5.00pm
     Fri  8.30am - 1.30pm

Jakki Abanat  for Christine Blom-Cursaro
Uniform Shop Manager
Canteen Roster

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<td>Wed 14th</td>
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<td>Katherine Papazoglou</td>
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<td>Thu 8th</td>
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<td>Fri 9th</td>
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<tr>
<td>Karen Baker</td>
<td>Helen Grear</td>
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<th>Week 9 T3</th>
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<td>Fri 23rd</td>
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<td>Gina Smith</td>
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Thank you for the time you volunteer in the canteen, it is very much appreciated. The hours are from 9.30am to approximately 1.30pm. Due to Occupational Health and Safety, please wear enclosed shoes and ensure long hair is tied back. Please also remember to sign in at the Front Office and wear a visitors badge before you commence in the canteen. This is a legal requirement in case of fire evacuation/lock down. Thank you for your assistance with this important matter.

Janine Richards and Tam Battersby

Holiday Clinics

On Stage Performing Arts Program for 8-16 year olds
Are you a budding singer, actor or dancer (or know someone who is)? Adelaide Festival Centre is once again presenting a two week program of performing arts workshops and master classes. Featuring dance, theatre, vocals and music, students will be nurtured by talented South Australian educators in each field to develop confidence, communication and leadership skills. Both one day workshops and three-day master classes are available, with groups separated by age 8-11 years and 12-16 years. No experience is necessary and no auditions are required. First in, best dressed, so be quick as their last holiday program sold out very quickly. Registration closes Sunday 25th September. Full program and details can be found at http://www.adelaidefestivalcentre.com.au/learning/on-stage/ Cost is $70.00 per child for each 1 day workshop, $200.00 per child for each 3 day master class.

YMCA Junior Parliament
YMCA are running Junior Parliament from Monday 10th October to Wednesday 12th October 2016. Applications are now open for 12-15 year olds who want to learn about parliament, meet new friends and develop leadership skills. Junior Parliament is an apolitical program that gives young people an opportunity to learn about democracy, parliament, team building, public speaking and leadership in a fun and supportive environment. It is run by young people for young people. Participants take part in a 3 day/2 night camp held at Rostrevor College and Parliament House Adelaide. The cost of $200.00 per person covers meals, accommodation and transport while on camp. Apply at https://form.jotform.co/62088672070861 and for any questions email Alana James at alana.james@ymca.org.au or call 8200 2514.
Blow away hay fever and get on top of asthma

Hay fever can worsen asthma symptoms and can trigger an asthma flare up.

If you have asthma and experience symptoms of sneezing, watery eyes, and an itchy nose, talk to your pharmacist about the right medication to manage both your hay fever and asthma to breathe better.

Donate to your local asthma foundation today at www.asthmaaustralia.org.au
Could you be a better breather?

Take the Asthma Control Test to find out your asthma control score at www.asthmaaustralia.org.au

Asthma Week
1-7 September

For asthma information and support call 1800 ASTHMA Helpline (1800 278 462) or visit www.asthmaaustralia.org.au

Asthma Week Partners:
Join us for a fantastic presentation from one of Australia's favourite labour market commentators, Ivan Neville. Ivan is Branch Manager of the Labour Market Research and Analysis Branch in the Department of Employment and responsible for the analysis of the contemporary Australian labour market and the identification of the current and future demand for skills. He is a very engaging presenter who brings facts and figures to life and generates real interest in the possible future of jobs, industries and employment within Australia.

Well known for his ability to explain, in plain terms, the key labour market challenges and opportunities in different regions across Australia, Ivan's presentation will include:

- An overview of the Australian labour market with particular reference to SA
- Insight into where the jobs of the future might be with reference to industries and occupations expected to experience growth over next five years
- Awareness of employer’s recruitment difficulties and the opportunities/challenges this presents for young people and other job applicants

Come along to find out about current and future employment trends, nationally and locally and to feel more confident about helping students or clients with decisions about jobs or careers, or about appropriate study or training. Network with like-minded colleagues over light refreshments prior to the event.

Students, tertiary and senior secondary are welcome to attend. To obtain the special student rate of $25, please call (08) 8211 6961 to request an invoice or pay over the phone by credit card.

Event Details

Date: Wednesday, 26th October 2016

Times & Venues
2pm – 3:30pm at University of Adelaide, North Terrace
OR
7pm – 8:30pm at Prince Alfred College, Kent Town

(Please notify us at time of registering, if lift access is required)

Cost: $25 CDAA Members, $33 Corporate, $42 Non-Members

CPD: 1.5 Hours

Register: Online via www.cdaa.org.au or call (08) 8211 6961

For more information, contact the CDAA National Office on (08) 8211 6961