Dear Friends and Families

The wellbeing of students, families and staff is a constant area for growth and development for our College.

A new idea has been brewing in the Middle School team for some time looking at how we can focus on the wellbeing and social emotional health of our students, specifically those in Year 9. Statistically government and independent sector studies reveal that Year 9 can often be a ‘challenging’ year for students who are launching from childhood through adolescence and into an adult world. This is a time when young people are establishing their own identity, independent from their families and recalibrating their internal compass for the future. School life and learning can stumble and decline at this point in a person's life journey.

Within the Middle School team we have been prayerfully considering how we could further develop and grow our Year 9’s. We are wanting to give them safe, secure environments with rich community connections. We have been investigating an excellent programme for a number of years called ‘The Rite Journey’.

‘The Rite Journey’ is a unique educational programme designed to support the development of self-aware, vital, responsible and resilient adults. Given the current lack of Rites of Passage in the Western World, young people are often left to invent their own, which are often unhealthy and unsafe. ‘The Rite Journey’ reinvents the traditional process of a Rite of Passage to assist in transforming the adolescent from dependency to responsibility.

‘The Rite Journey’ programme aims to cover:

CONTINUITY - Part of the students’ lives for an entire year. This encourages ongoing development of self-awareness and builds strong, honest and respectful relationships with peers, parents and teachers, over time.

GENDER SPECIFIC PROGRAMS - Taught in same gender classrooms allows for role modelling, less distraction and freer discussion.

STRONG AND RICH COMMUNITY CONNECTIONS - and support are fostered between students and teachers, parents/caregivers and mentors, as well as between the school and parents/caregivers.

At the end of last year the Middle School team met with Andrew Lines, developer of the programme, to have some initial discussion and thinking through to see if this is a programme that we would want to embrace into our College culture.

This year a team of Middle School staff are investigating this possibility further, with visits to three other schools who currently run this programme. The programme is flexible and adaptable and can be altered and embedded in schools in different ways. We would like to discern if this is something that will engage, inspire and support our Year 9 students in their learning and personal development.

We would value your prayers and support as we delve deeper into this possibility.

If we decide to include this into our Middle School, ‘The Rite Journey’ includes a substantial two day staff training, comprehensive support materials, along with ongoing assistance. Teachers are trained and empowered to provide ‘The Rite Journey’ for their students.

We are excited and optimistic at the initial contact and possibilities for our young people.

Andrew Edmondson
Head of Middle School
Year 6 Student Leadership Conferences
As part of the Junior School’s Leadership Program all Year 6 students attended the GRIP Student Leadership Conference at the Adelaide Entertainment Centre last Tuesday. Students came away with new skills, new ideas and new enthusiasm for making a positive contribution as a school leader to our school community. The students reported that the day was inspiring, encouraging and fun! Junior School Student Leaders will also attend the Halogen Foundation National Young Leaders Day on Tuesday 22nd March. It will be an excellent opportunity for these students to continue to develop their leadership potential along with strong leadership values.

Street Smart - Walk to School Safely
Road safety is an important life skill that we believe should be taught from an early age. The Street Smart program, which all Junior Primary students took part in on Wednesday, is offered as a community service by RAA and the Road Accident Commission. The Junior Primary students were introduced to the ‘STOP, LOOK, LISTEN, THINK’ message in the ‘Walking Safely’ program aimed specifically at this age group.

Easter Sights and Sounds
All Junior students had an amazing and meaningful time visiting the Sights and Sounds of Easter at the Spicer Uniting Church today. Students had the wonderful and moving opportunity to immerse themselves in the portrayal of the lead up to and crucifixion of Christ and to also experience the joy of his resurrection.

Primary School Theme for Term 1 2016

Annette Craven
Head of Junior School

Careers Corner
Taster courses are a fantastic way for students to have a look and ‘feel’ of a career before committing to a formal qualification or VET course. Below is a list of short courses now available:

First Aid (1 day course)
The participant will gain knowledge and skills to confidently recognise and respond to an emergency situation requiring first aid. Students will complete all elements of the course on the day, no prior reading material or post exams required!

Barista (Coffee Making) (1 day course)
Whether you are looking for a part time job or simply wanting to learn how to make the perfect espresso coffee, this course is for you. Participants will be introduced to the skills and knowledge required to extract and serve espresso coffee using a commercial espresso machine.

Responsible Service of Alcohol (1 day course)
This course provides participants with the skills and knowledge to satisfy the requirements for responsible service of alcohol under State/Territory legislation. Please note: Students must turn 17 prior to undertaking this course and will need parent permission if under 18.

A Taste of Hospitality (4 day course)
This course is perfect for students who are interested in learning some basic hospitality and kitchen skills and is designed to give students basic skills in services, handling and preparing food, and is an introduction to the hospitality industry.

Introduction to Makeup Workshop (1 day course)
This exciting 1 Day Introductory Course is fun, hands on and provides a great taste of what a career as a Makeup Artist would be like. If you have a passion for makeup or ever considered becoming a makeup artist, this is the short course for you. The course covers a variety of topics including personal makeup kit basics, skin care, creating a flawless base, casual/professional/evening makeup looks, as well as an introduction to the beauty industry.

Introduction to Hairdressing (2 day course)
This exciting 2 Day Introductory Course is fun, hands on and provides a great taste of what a career in the hairdressing industry would be like. You will learn hairstylist tips and tricks, meet new people and get a taste of what a career in this fast paced, fashion forward industry would be like! The course covers a variety of topics including long hair styling, understanding hair, braiding & creative up styling, as well as career pathways. The course leads perfectly in to the Certificate II in Hairdressing course, which can be studied as a VET course.

All courses will be held on either a weekend or during the April school holidays. Costs will vary and range between $100 - $450. Please note: These courses usually fill very quickly so if your child is interested in any of the above courses it would be worthwhile to act promptly.

Please contact me on ctorjul@emmausc.sa.edu.au if you or your child would like more information or an enrolment form.

Cathy Torjul
VET Coordinator
Seussical the Musical - Term 2 Week 8
Auditions have happened!
Costumes are being gathered.....Sets are looking good.....Students are getting the Seussical buzz!
We are proud to announce ‘Seussical Jr’ will be showing at Edwardstown Baptist Church on Wednesday 22nd June (matinee and evening performance) AND Thursday 23rd June (evening performance).
Now is the time to start talking to family and friends about putting this date in their diary!
You might like to inform them that a read of ‘Horton Hears a Who’ would be a fantastic stepping stone before coming to our show. Its going to be Seuss-tastic!

Nikki Meinel
Junior School Worship Band/Choir

Performing Arts Calendar 2016
All performances are held in the EPAC (unless stated elsewhere).

<table>
<thead>
<tr>
<th>Term</th>
<th>Week</th>
<th>Date</th>
<th>Performance</th>
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<tbody>
<tr>
<td>Term 1</td>
<td>Week 7</td>
<td>Thursday 17th March</td>
<td>Autumn Instrumental Night @ 7.00pm</td>
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<td></td>
<td>Week 8</td>
<td>Monday 21st March</td>
<td>Easter in the Mall</td>
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<tr>
<td>Term 2</td>
<td>Week 1</td>
<td>Friday 6th - Sunday 8th May</td>
<td>Generations in Jazz @ Mount Gambier</td>
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<td></td>
<td>Week 6</td>
<td>Wednesday 1st June</td>
<td>Winter Instrumental Night @ 7.00pm</td>
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<td></td>
<td>Week 8</td>
<td>Tuesday 21st - Thursday 23rd June</td>
<td>Junior School Musical</td>
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<td></td>
<td>Week 10</td>
<td>Wednesday 6th July</td>
<td>MS/SS Music Showcase</td>
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<tr>
<td>Term 3</td>
<td>Week 3</td>
<td>Tuesday 9th August</td>
<td>Yr 11/12 Soloists @ Flinders St Baptist</td>
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<td></td>
<td>Week 7</td>
<td>Thursday 8th September</td>
<td>Spring Instrumental Night @ 7.00pm</td>
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<tr>
<td>Term 4</td>
<td>Week 3</td>
<td>Thursday 3rd November</td>
<td>Count Us In Concert</td>
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<td></td>
<td>Week 8</td>
<td>Monday 5th December</td>
<td>Yr 5/6 Band Program Concert</td>
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Andrew Verco
Music Coordinator (Rec-Yr 12)

Student/Family Support Worker

National Day of Action against Bullying and Violence
The National Day of Action against Bullying and Violence will be held on Friday 18th March 2016. This day provides a focus for schools and the wider school community, including parents and carers, to strengthen their everyday messages against bullying and violence. Emmaus joins with more than 1950 schools and 890,000 students across Australia to participate in the day. That is around 25% of all Australian school students taking part.

Some Facts about Bullying
Bullying is an ongoing misuse of power in relationships through repeated verbal, physical and/or social behaviour that causes physical and/or psychological harm. It can involve an individual or a group misusing their power over one or more persons. Bullying can happen in person or online and it can be obvious or hidden.

Bullying of any form or for any reason can have long-term effects on those involved, including bystanders.

Some conflicts between children are a normal part of growing up and are to be expected. Single incidents and conflicts or fights between equals, whether in person or online, are not considered bullying, even though they may be upsetting and need to be resolved.

Bullying can happen:
- Face-to-face (eg. pushing, tripping, name-calling)
- At a distance (eg. spreading rumours, excluding someone)
- Through information and communications technologies (eg. use of SMS, email, chat rooms)

Identifying bullying can sometimes be difficult. Bullying is often conducted out of sight of teachers and children may be reluctant to report bullying.

Online bullying (sometimes called cyberbullying) is bullying carried out through the internet or mobile phones. Online bullying is one potential cybersafety issue for children when they use computers and mobile phones.

Please go to the Bullying No Way website at http://www.bullyingnoway.gov.au/ if you would like more information or facts sheets about bullying.

Sue Chapman
Student/Family Support Worker
Uniform Shop

2016 Normal Opening Hours

Monday 8.30am - 10.00am  Thrusday 8.30am - 10.00am
3.00pm - 5.00pm  1.00pm - 1.30pm
3.00pm - 5.00pm

Christine Blom-Cursaro
Uniform Shop Manager

Canteen Roster

Week 7 T1  Week 8 T1

Mon 21st  HELP NEEDED
Tue 22nd  No help needed
Wed 23rd  Maria Gutteridge
Thu 17th  Sharon Smith
Fri 18th  Vicki Hollyoak
Thu 24th  Melinda Brindley
Fri 25th  Public Holiday

Week 9 T1  Week 10 T1

Mon 28th  Public Holiday  Mon 4th  Maria Tedesco
Tue 29th  Melanie Pruszinski  Tue 5th  No help needed
Wed 30th  Blake Watson  Wed 6th  Bridie Tonkin
Thu 31st  HELP NEEDED  Thu 7th  Catherine Chua
Fri 1st April  Monique Watt  Fri 8th  Karen Ames

Thank you for the time you volunteer in the canteen, it is very much appreciated. The hours are from 9.30am to approximately 1.30pm. Due to Occupational Health and Safety, please make sure you wear enclosed shoes and long hair is tied back. Please also remember to sign in at the Front Office and wear a visitors badge before you commence in the canteen. This is a legal requirement in case of fire evacuation/lock down. Thank you for your assistance with this important matter.

Christine Blom-Cursaro and Janine Richards

College News

OSHC News

Ms Ruth Richards will be concluding in her role as OSHC Director on Thursday 24th March 2016. I would like to thank Ruth for her service to the College in this capacity this year.

This weekend the College will start advertising for a suitably qualified and experienced OSHC Director to commence as soon as is practical (ideally the beginning of Term 2 2016). Please share news of this opportunity throughout the community directing people to the College website for additional details.

Andrew Linke
Principal

Host Families for French Students

This year our College has the opportunity to host two French students from 22nd June to 26th August and we are looking for 2 host families. This would provide your child with an excellent opportunity to practice their French with a native speaker as well as showing them hospitality. We have the profile of two students which is available from Mrs Finlayson on request (a 15 year old boy who is interested in sports and a 15 year old girl who likes running, cycling and family life). The program is run by the organisation NACEL and they contribute a $100 Coles voucher per week to cover the cost of food for the duration of the placement. Please contact Mrs Francoise Finlayson if you would like further information or are interested in being a host family.

Community News

Sturt Lacrosse Club

The Sturt Lacrosse Club are currently inviting new players to join their boys and girls junior teams for the 2016 Winter season. Anyone can play regardless of skill level. They have qualified local and international coaches. When you register with the club you receive a free Lacrosse stick. Junior Registration Day is Sunday 3rd April 2016 11.00am - 1.00pm at the Women’s Memorial Playing Fields, Shepherds Hill Road and Ayliffes Road (Gate 2), St Marys. For further information and Registration fees, please contact Stacey Appleton, Club Secretary and Coach on 0417 869 685.
Presented by Dr Justin Coulson

- Nationally recognised parenting speaker
- Newspaper columnist
- TV commentator, author and researcher

Toddlers and touch screens: What should I do?

- the pros and cons of the digital age for children 0-5 years
- how and when to introduce phones, tablets, apps, e-games
- how to manage electronic media use

Tuesday 5 April

When: 7.00 - 9.00pm
Where: City Rooms, Adelaide Convention Centre, North Terrace, Adelaide

Register to attend in person or view the live webcasts at:
http://parentingsa.eventbrite.com.au

Phone: 8303 1660
Email: health.parentingsa@sa.gov.au

Find out more about Dr Justin Coulson at www.happyfamilies.com.au

For the benefit of all participants unfortunately we are unable to admit babies and children.
Presented by Dr Justin Coulson

- Nationally recognised parenting speaker
- Newspaper columnist
- TV commentator, author and researcher

Children, teens and pornography: What every parent should know

- the alarming statistics
- are we becoming desensitised?
- the impact on boys and girls
- how parents can guide children and teens

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