Dear Friends and Families

As a College we are involved in many fields as well as, or in conjunction with, Christian Education. I have been excited to be involved in the formation of a new oversight group to look at the outreach, service and mission areas of the school.

As a small steering group we have agreed that the College as a whole, from R-12, will focus primarily in supporting and adopting 3 main areas. The criteria for selecting these included how we could raise funds, provide service and inspire young people to be involved, connect and care.

The 3 areas/fields that have been chosen are:

1. **The central Australian community of Ernabella** This is a community which Year 11 students have visited annually, for well over 20 years. We also have links with a former teacher at the school, David Barnett who, with his wife Alicia, have moved to the area in a long term capacity for the purpose of translating the Old Testament. We are also delighted to have a former student Emily Farmer (nee Baker) and her husband Josh, living in the community.

2. **Cambodia** This year, a small group of senior students will visit Cambodia and Vietnam. This will be our 3rd trip. Students gain a wonderful understanding from a historical understanding, but also an insight into the issues facing the young population of Cambodia. We will order our ABW T-shirts from a fledgling business in Cambodia, rather than from the USA (albeit that this may cost a little more). As we continue to connect with this community, we will seek further ways to support the lives of people in Cambodia.

3. **Refugees** This area gives us the opportunity to be more involved with people with needs in our own city. We will be exploring ways our students can support and connect with refugees and hence, respond to God’s call to care for others.

One result of this means that in each of the first 3 terms we will focus on one area. Fund raising this Term will be allocated to the Bible Translation work and the Community of Ernabella. The College as a whole will be encouraged to make this their service and caring opportunity. At the moment, 2 key fund raisers, among others, will include the BBQ at Secondary Sports Day and Casuals Day at the end of the Term. With this focus, we will aim to inspire students with a thematic approach (such as colours of the Aboriginal flag and presentations at assemblies). Watch out for these initiatives and encourage your child to have the heart of God for others.

A second exciting area of development this year has been to formalise and structure an Old Scholars Group. In a few weeks we will be hosting an Old Scholars Reunion for ALL interested past students. Students from many previous years, including those from over 25 years ago, have responded to the Facebook event posting. If you are an old scholar, or know of an old scholar, please pass on the word of the reunion which is being held at Emmaus on Sunday 20th March, 2.00pm - 4.00pm.

As always, it is a pleasure to work with the like-minded community of Emmaus Christian College.

Blessings,

Irma Rodda
Head of Senior School
Junior School

Peer Mediation Training
During Week 4 all Year 6 students were involved in Peer Mediation Training with Mrs Caroline Wicks and Mrs Robyn Butler. After 2 days of intensive training the students are now confident and competent in conflict resolution skills such as listening, critical thinking and problem solving. The students enjoyed the opportunity of learning these life skills and look forward to using their Peer Mediation skills at lunchtimes.

Junior School Leaders Induction Ceremony
The 2016 Junior School Leaders Induction Ceremony was held on Monday 22nd February in the EPAC. The ceremony officially inducts the School Captains, House Captains and Student Representative Councillors (SRC). Before the announcement of the Junior School Leaders, the 2016 Senior School Leaders, Chloe, Ethan and Connor made inspiring and encouraging speeches emphasising the attributes of leadership and that they do not have to have a badge to be a leader. With much excitement I announced the names of the Junior School House Captains for 2016. School Captains were announced at the end of 2015. After the Junior School House Leaders were announced, parents were invited to partake in the badge pinning ceremony. The 2016 SRC Reps were announced and the badges were presented to the students by SRC Coordinators Mrs Carolyn Hull and Mr Max Dal Santo.

The ceremony ended with Mr Andrew Linke praying for the 2016 Junior School Leaders. Thank you to all the many supportive parents who attended the ceremony.

Congratulations to the 2016 Junior School Leaders.

<table>
<thead>
<tr>
<th>School Captains</th>
<th>Kaitlin</th>
<th>Jack</th>
<th>Kayla</th>
</tr>
</thead>
<tbody>
<tr>
<td>Topaz House Captains</td>
<td>Esther</td>
<td>Joshua</td>
<td></td>
</tr>
<tr>
<td>Ruby House Captains</td>
<td>Sophie</td>
<td>Jonathan</td>
<td></td>
</tr>
<tr>
<td>Emerald House Captains</td>
<td>Esther</td>
<td>Jonah</td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Class</th>
<th>SRC Reps 2016</th>
<th>Reserves</th>
</tr>
</thead>
<tbody>
<tr>
<td>RR</td>
<td>Willow &amp; Ethan</td>
<td></td>
</tr>
<tr>
<td>RWG</td>
<td>Sybilla &amp; Zion</td>
<td></td>
</tr>
<tr>
<td>1/2A</td>
<td>Anna &amp; Jude</td>
<td>Jessica &amp; Elijah</td>
</tr>
<tr>
<td>1/2C</td>
<td>Chelsea &amp; Alicia</td>
<td>Gabriel &amp; Isaac</td>
</tr>
<tr>
<td>1/2T</td>
<td>Caitlin &amp; Jake</td>
<td></td>
</tr>
<tr>
<td>3/4D</td>
<td>Niki &amp; Joseph</td>
<td>Gabrielle &amp; Isaac</td>
</tr>
<tr>
<td>3/4S</td>
<td>Charlotte &amp; Isaac</td>
<td>Adelaide &amp; Panos</td>
</tr>
<tr>
<td>3/4W</td>
<td>Nazlee &amp; Timothy</td>
<td>Mahalia &amp; Blake</td>
</tr>
<tr>
<td>5/6CC</td>
<td>Favour &amp; Daniel</td>
<td></td>
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<tr>
<td>5/6CW</td>
<td>Miriam &amp; Zack</td>
<td>Amelia</td>
</tr>
<tr>
<td>5/6BM</td>
<td>Zahra &amp; Samuel</td>
<td></td>
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</tbody>
</table>

Primary School Theme for Term 1 2016
Walk the Emmaus road with – our Great God, the ‘I am’. God knows us as individuals. Week 5 Bible Verse – ‘See, I have written your name on my hand’.

Isaiah 49:16a

Annette Craven
Head of Junior School

College News

Host Families for French Students
This year our College has the opportunity to host two French students from 22nd June to 26th August and we are looking for 2 host families. This would provide your child with an excellent opportunity to practice their French with a native speaker as well as showing them hospitality. We have the profile of the two students which is available from Mrs Finlayson on request (a 15 year old boy who is interested in sports and a 15 year old girl who likes running, cycling and family life). The program is run by the organization NACEL. Please contact Mrs Francoise Finlayson if you are interested or would like more information.

External Secondary Maths Tutor
Alice Nield is a third year University Student studying a Bachelor of Science and Bachelor of Education, majoring in Maths and Physics. She is available for Maths tutoring only and has a current Police Check. Please contact Alice directly on 0499 050 330 for further information.
**Mediterranean International Cup**

Adelaide United Football Club will be taking an U16 boys team to compete in the Mediterranean International Cup (MIC) in Spain this month. Lefterry (Yr 11) and Shawn (Yr 10) have both been successful in making the squad through trials over a 5 week period from a large field of talented juniors in SA with players being cut after every trial.

The MIC is going to be held at several football facilities along the Costa Brava in Girona, Spain from 22nd March to 27th March 2016. Both Lefterry and Shawn will be departing on 17th March to encounter this once in a lifetime opportunity.

Along the 15 years of history, the MIC has seen many talents that not long after became professional footballers, playing with some of the most recognized teams in the world. Some of these players include Lionel Messi, Neymar Jr, Coutinho, Oscar, Marcelo, Juan Mata and several other players that play for teams such as Real Madrid, Barcelona, Liverpool and Manchester United.

The Cup consists of:

- 596 football matches in 5 competition days:
- More than 5,000 inscribed players
- More than 220,000 supporters
- Several live matches on TV
- 20 different venues (with 24 football fields)
- More than 200 teams representing 36 different nationalities over the 5 continents

Good luck Lefterry and Shawn!

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**Parents & Friends**

**Future Direction**

Please join us as we discuss further, future direction of parent ‘support and interaction’ within our College community at our next meeting on Thursday 3rd March at 7.00pm in the staffroom. New and/or guest attendees are welcome.

Helen Grear  
P & F President

**Music**

**Seussical Jr.**

Wow, it is Week 5 already. Auditions are open for our Seuss-tastic Yr 5/6 students! They have received their audition pack so now it is time for you as parents to encourage them to practise, practise and practise some more. Yes! Auditions can be a nerve wracking time for your child however we want to bring out their very best so we are keeping it light and fun and looking forward to seeing and hearing ‘Oh the Thinks you can Think!’

Nikki Meinel  
Junior School Worship Band/Choir

**Autumn Instrumental Evening Thursday 17th March 7.00pm EPAC**

Letters for the first Instrumental Evening are available from your music tutor, music suite or at the front office. The evening is open to students who learn an instrument either at the College or privately. To avoid disappointment please return your slip by the due date.

**Performing Arts Calendar 2016**

All performances are held in the EPAC (unless stated elsewhere).

<table>
<thead>
<tr>
<th>Term 1</th>
<th>Week 7</th>
<th>Thursday 17th March</th>
<th>Autumn Instrumental Night @ 7.00pm</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Week 8</td>
<td>Monday 21st March</td>
<td>Easter in the Mall</td>
</tr>
<tr>
<td>Term 2</td>
<td>Week 1</td>
<td>Friday 6th - Sunday 8th May</td>
<td>Generations in Jazz @ Mount Gambier</td>
</tr>
<tr>
<td></td>
<td>Week 6</td>
<td>Wednesday 1st June</td>
<td>Winter Instrumental Night @ 7.00pm</td>
</tr>
<tr>
<td></td>
<td>Week 8</td>
<td>Tuesday 21st - Thursday 23rd June</td>
<td>Junior School Musical</td>
</tr>
<tr>
<td></td>
<td>Week 10</td>
<td>Wednesday 6th July</td>
<td>MS/SS Music Showcase</td>
</tr>
<tr>
<td>Term 3</td>
<td>Week 3</td>
<td>Tuesday 9th August</td>
<td>Yr 11/12 Soloists @ Flinders St Baptist</td>
</tr>
<tr>
<td></td>
<td>Week 7</td>
<td>Thursday 8th September</td>
<td>Spring Instrumental Night @ 7.00pm</td>
</tr>
<tr>
<td>Term 4</td>
<td>Week 3</td>
<td>Thursday 3rd November</td>
<td>Count Us In Concert</td>
</tr>
<tr>
<td></td>
<td>Week 8</td>
<td>Monday 5th December</td>
<td>Yr 5/6 Band Program Concert</td>
</tr>
</tbody>
</table>

Andrew Verco  
Music Coordinator (Rec-Yr 12)
Careers Corner

I have had some enquiries about our VET Program so I would like to provide some information on what is involved when students study a VET course here at Emmaus.

VET is a fantastic option for students who do not wish to follow a university pathway and are keen to look at career options prior to leaving school. VET provides students with the opportunity to start their career by undertaking entry level training in their chosen field of interest whilst completing high school.

A Vocational Education Training (VET) course is a certificate course that provides students with industry based training in a chosen career. The qualification is usually at Certificate I or II level, however they can be offered at Certificate III level. VET courses are usually only available from Year 11 onwards.

Typically, a VET course is run off campus. For example, a Certificate I Construction course is currently offered every Tuesday at Pasadena High School. Students involved in this course attend classes at Emmaus on Monday, Wednesday, Thursday, Friday and will be off campus at Pasadena all day on Tuesday.

VET courses also attract SACE points which assists students in gain their South Australian Certificate of Education (SACE). Students are involved in Pathway Planning Days in Years 10, 11 and 12 where discussions involve subject choices, VET courses (if requested) and career options. I will be available on the Pathway Planning Days to discuss VET course options with students.

VET is a brilliant way for students who do not wish to follow an academic pathway to start moving towards their career goals, gain some industry recognised qualification and complete high school.

Please do not hesitate to contact me by email at ctorjul@emmauscc.sa.edu.au if you have any queries.

Cathy Torjul
VET Coordinator

First Aid

‘Nut Aware School’

As a school our aim is to provide a safe learning environment for all students within our school Community. To support this, Emmaus Christian College is a ‘Nut Aware School’. Our school aims to increase our community awareness in order to minimize the risk of children with documented allergies to nut products.

This means we encourage students to avoid bringing foods that contain nuts (especially peanuts) to school. Products that contain nuts include:
- Nuts
- Peanut butter
- Nut spreads such as Nutella
- Some fruit and nut bars and muesli bars
- Some biscuits and cakes
- Chocolates and any other products that have nuts listed in the ingredients

All parents are encouraged to support the School’s position by:
- Being sensitive and supportive to the needs of students with a history of Anaphylaxis
- Providing children with healthy food options that do not contain nuts
- Encouraging children to wash their hands before and after eating
- Considering the above points when sending food to school for shared functions, eg. Birthday cakes and class parties

NB: The school acknowledges that it is impractical to encourage parents not to send food which states ‘may contain traces of nuts’ on the label. The points above apply to those foods with nut ingredients specifically listed on the product label.

Ros Argent and Maria McIver
First Aid Officers

Uniform Shop

2016 Normal Opening Hours

Monday 8.30am - 10.00am  3.00pm - 5.00pm
Thursday 8.30am - 10.00am  1.00pm - 1.30pm  3.00pm - 5.00pm

Christine Blom-Cursaro
Uniform Shop Manager
## Canteen Roster

<table>
<thead>
<tr>
<th>Week 5 T1</th>
<th>Week 6 T1</th>
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</thead>
<tbody>
<tr>
<td>Mon 7th</td>
<td>Jessica Lee</td>
</tr>
<tr>
<td>Tue 8th</td>
<td>No help needed</td>
</tr>
<tr>
<td>Wed 9th</td>
<td>Janet Evans</td>
</tr>
<tr>
<td>Thu 9th</td>
<td>HELP NEEDED</td>
</tr>
<tr>
<td>Fri 10th</td>
<td>Tam Battersby</td>
</tr>
<tr>
<td>Thu 3rd</td>
<td>Catherine Chua</td>
</tr>
<tr>
<td>Fri 4th</td>
<td>No help needed</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Week 7 T1</th>
<th>Week 8 T1</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon 14th</td>
<td>Public Holiday</td>
</tr>
<tr>
<td>Tue 15th</td>
<td>Erica Kwok</td>
</tr>
<tr>
<td>Wed 16th</td>
<td>Mandy Nield</td>
</tr>
<tr>
<td>Thu 17th</td>
<td>Kathy Rohrlach</td>
</tr>
<tr>
<td>Fri 18th</td>
<td>Public Holiday</td>
</tr>
<tr>
<td>Thu 22nd</td>
<td>No help needed</td>
</tr>
<tr>
<td>Wed 23rd</td>
<td>Maria Gutteridge</td>
</tr>
<tr>
<td>Thu 24th</td>
<td>Melinda Brindley</td>
</tr>
<tr>
<td>Fri 25th</td>
<td>Vicki Hollyoak</td>
</tr>
</tbody>
</table>

Thank you for the time you volunteer in the canteen, it is very much appreciated. The hours are from 9.30am to approximately 1.30pm. Due to Occupational Health and Safety, please make sure you wear enclosed shoes and long hair is tied back. Please also remember to sign in at the Front Office and wear a visitors badge before you commence in the canteen. This is a legal requirement in case of fire evacuation/lock down. Thank you for your assistance with this important matter.

**Christine Blom-Cursaro and Janine Richards**

### Student/Family Support Worker

**Teenagers and their ‘happiness plunge’**

Dr Arne Rubinstein is an expert on adolescent development, with 30 years’ experience as a doctor, counsellor, mentor, speaker and workshop facilitator.

He spoke at a TEDx Conference in Byron Bay in 2013 about a number of things including happiness across a human’s life span. He found research done by the Royal Melbourne Institute of Technology who assessed thousands of people on their subjective wellbeing (basically how people felt about their lives). These people aged between 12-70 were asked age relevant questions about their life, relationships, safety and how they felt about their future.

Rubinstein’s results indicate that at the age of 12 young people are the most happy in their life. But by the age of 16 there is a massive drop in happiness. At around the age of 16 people are the most unhappy at any stage in their life. This is the stage in which they are the most vulnerable, their behavioural risk factors are highest and they are generally described as ‘going off the rails’. At the other end of the scale, a lot of unhappiness of older people was due to regret and complications based on decisions and situations they experienced when they were teenagers. Rubinstein says, “Imagine if we could avoid the dip in the graph. Imagine if we got happier, rather than sadder. When people are happy they make better life choices. When unhappy they are more likely to make poor life choices.”

Please go to [https://www.youtube.com/watch?v=rC5GR3Q1ZWI](https://www.youtube.com/watch?v=rC5GR3Q1ZWI) to watch the video for more information as to what Dr Arne Rubinstein thinks might be the solution and to see the graph mentioned above.

**Ben Squire**

**Student/Family Support Worker**

### Community News

**Mitchell Park Football Club**

Mitchell Park FC at Moreland Avenue, Mitchell Park are a ‘family friendly club’ and have positions available for 2016 in ‘Auskick’ and Under 8’s through to Under 14’s, commencing on Wednesday 9th March 2016 at 5.00pm.

For further information please go to [www.mitchellparkfc.com](http://www.mitchellparkfc.com) or contact Mark Sansome on 0413 599 976.
A healthy option

Walk to School
(or even part of the way)

It is important that your child is road safe — that is — knows how to behave safely as a pedestrian in the road environment.

Children only learn this by example and practice.

Safety tips

- Let children out of the vehicle on the kerb side of the road.
- Meet your children on the school side of the road.
- Do not call children across the road to the car.
- Use the pedestrian crossing even if it means walking a little further.
- Avoid U-turns where there is a likelihood of the presence of children.
School Zones

A School Zone is a section of road, adjacent to a school in which the speed is restricted to 25 km/h when children are present. A white zig-zag line is marked on the road ahead of the sign, to warn drivers they are approaching a School Zone.

When does the 25km/h speed restriction apply

- Whenever children are present, after school hours, weekends and holidays. Many school activities occur outside normal school hours.
- When children are walking or riding a bicycle on the footpath, road or median.
- When children are unaccompanied or accompanied by an adult.

School Zones often incorporate devices such as Wombat Crossings and Emu Crossings.

Koala Crossing

A Koala Crossing consists of two alternately flashing yellow lights indicating a 25 km/h zone.

Drivers must give way to pedestrians who are crossing or about to cross the road when the lights are flashing.

A 25km/h speed limit applies between the signs that indicate children crossing.

Emu Crossing

An Emu Crossing is a pedestrian crossing that displays a “Children Crossing” flag on a red and white striped pole.

An Emu Crossing is located within a school zone.

Drivers must give way to pedestrians who are crossing or about to cross the road when the flags are displayed, which should only be when students will be proceeding to and from school.

The crossing may be supervised by Police trained student monitors.

Wombat Crossing

A wombat crossing is a raised platform marked with broad white stripes.

Whilst not a school crossing wombat crossings may be found where there are high numbers of pedestrians wishing to cross the road.

A speed limit of 40km/h is signed and applies at all times within 30-40 metres of the crossing.

Drivers must give way to pedestrians who are crossing or about to cross the road.

Parking Signs

No Stopping

No stopping for any reason. This may be indicated by a sign (as shown) or a continuous yellow line marked along the kerb.

No Parking

Stopping is permitted only for dropping off passengers or goods. The driver must stay within 3m of the vehicle and not stop for more than 2 minutes, unless it is otherwise indicated, e.g. a Kiss and Drop zone may indicate a 5 minute stay.

Parking Restrictions

- Parking is banned for 20 meters before and 10 meters after any pedestrian and school crossing unless otherwise signed.
- It is illegal to stop (double park) adjacent to a car already parked near a kerb.
- Do not park where there is less than 3 metres between your car and a continuous centre line.
- Do not park across or obstruct driveways.