



NEWSLETTER

T1 Wk 11 13th April 2016

Next College Newsletter: Wed 4th May 2016
Please email your articles to: newsletter@emmauscc.sa.edu.au

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Important Dates

FRIDAY 15th APRIL

CASUAL DAY

GOLD COIN DONATION

With funds going towards the
Wycliffe Bible Translators

April

Wed 13th - Fri 15th

Yr 8 Camp - El Shaddai

Thu 14th

LAP Afternoon Tea @ 2.00pm

Fri 15th

Yr 12 Formal

End of Term

(Normal finish time)

May

Mon 2nd

Student Free Day

Tue 3rd

Term 2 Commences

Fri 6th

Junior School Mothers Day Stall

Yr 3-6 SACSAAthletics Carnival @

Santos Stadium

Fri 6th - Sun 8th

'Generations in Jazz' in Mount

Gambier

2016 Term Dates

Term 1

Mon 1 Feb - Fri 15 Apr

Term 2

Tue 3 May - Fri 8 Jul

Term 3

Tue 26 Jul - Fri 30 Sep

Term 4

Mon 17 Oct - Fri 9 Dec

(Term dates subject to change)

2017 Term Dates

Term 1

Mon 30 Jan - Thu 13 Apr

Term 2

Tue 2 May - Fri 7 Jul

Term 3

Wed 26 Jul - Fri 29 Sep

Term 4

Mon 16 Oct - Wed 6 Dec

(Term dates subject to change)

Weekly Prayer Meeting
Thursday Morning
8.30am - 9.00am

From the Principal

'Commit to the Lord whatever you do, and he will establish your plans.' **Proverbs 16:3**

Dear Friends and Families

I hope you have enjoyed as much as I have reading the last three Emmaus Newsletter front page articles from each of our three Sub-School Heads. These articles represent a strategic focus for the College as we look ahead. Starting this year each Sub-School Head has taken on an R-12 portfolio that will see their expertise, passion and skills in each area generate a whole school impact.

Annette Craven (Wk 9 Newsletter) is focusing on whole-school Community building strategies which have already seen significant work happen with the establishment of the 'ECG' (Emmaus Connect Group). Andrew Edmondson (Wk 7 Newsletter) is focusing of Student Wellbeing across the school which will involve the establishment of a range of targeted programs such as potentially 'The Rite Journey' program. Finally Irma Rodda (Wk 5 Newsletter) is focusing on Outreach, Service, and Mission. This portfolio will see a continued focus and further development of Emmaus initiatives such as our 23 year long relationship with the Ernabella indigenous community; our developing partnership with Cambodia; and our support of refugees in our wider community. The establishment of an Emmaus Old Scholars Association similarly links in with this agenda as we see the Emmaus community extend past the completion of Year 12, and are keen to see Old Scholars similarly participate in Service opportunities as a valued part of the College.

These three whole school foci sit within a wider strategic planning framework the College is undertaking this year focusing our sights on what we see the College growing towards in 2021 (and beyond).

Our strategic plan is being built on the following 5 'Pillars': Faith; Community; Service; Capacity; and Learning (containing 10 specific sub-categories). I encourage you to reread the 2016 Term 1 Wk 5, 7 and 9 Newsletter front page articles referred to above (off the website) with the above in mind and I am sure you will see the 'dots' start to join (they are part of a larger vision at Emmaus). If as a parent or friend of Emmaus you share our passion in these areas, and feel you may have the skills and capacity to contribute to the whole school development in these areas, please send me an email as a start to potential further dialogue. Next Term I will share more details with you about the other aspects of our developing strategic plan.

Farewell to Lesley Heath

I have little doubt that there would not be an Emmaus family in existence who has not had a personal interaction with our Finance Officer Lesley Heath. Lesley graciously delayed her intended retirement at the end of last year to the middle of this year to provide an important semester overlap with our incoming Business Manager Ben Raw. This selfless act of service in support of the College typifies Lesley's almost 20 years of dedicated and exemplary service to Bethesda/Tabor/Emmaus. Lesley will be very much missed by all associated with the College when in August 2016 she enters her well-deserved retirement season. I expect this will not see Lesley slow down, but probably do more travel and helping out on the family farm!

Lesley commenced her time at Bethesda in 1996 overseeing parent fees, however her high capacity and strategic aptitude quickly resulted in her taking on increasingly greater responsibilities including becoming the Office Manager. In her various roles Lesley consistently developed better administrative systems and streamlined operations. Lesley's approach towards, and management of, parent payment plans is at the very cutting edge in the independent school sector attracting much interest from other schools keen to learn from her.

Over the last 20 years Lesley faithfully assisted our long serving Business Manager Reg Wilson in a wide range of tasks including more recently serving on the Emmaus Board Finance Committee. On a personal note Lesley is well known as a person of unwavering integrity combined with a compassionate heart. In my time at Emmaus I have always been particularly impressed by the immense wisdom Lesley brings to decision making, balancing complex and often competing factors. Although we will all greatly miss Lesley, we are excited for her in all that this change of season presents. Please keep Lesley in your prayers as this time of transition approaches.

Lesley's impending retirement results in an important position becoming available in the Emmaus Office / Finance department. Please share this rare and exciting opportunity to serve in an evangelical Christ focused organization with friends, families and Church associates who may be suitably qualified and called to serve our Lord in this capacity. Further details are available on the College website.

Andrew Linke
Principal

Lost Property

All lost property has been placed on a clothes rack and is situated outside the Front Office.
Any articles not claimed by the end of this Term will be either given to the Uniform Shop, First Aid or donated to Charity.

Junior School

The Junior School had a very busy but successful Term. We would like to thank parents who continue to uphold our College in prayer regularly. I wish you all a well-deserved holiday break and hope that you all have a chance to rest and rejuvenate over the next two weeks. Whatever your plans for this time, I trust they will be filled with enjoyment as a family and you are all kept safe in your journeys.

Parents Day and Grandparents Day

Primary students warmly welcomed their parents, grandparents and special friends to the College last week for these significant annual events. The celebrations began with a special concert featuring the Junior School choirs. Mrs Meinel did an excellent job showcasing the students' musical talents. After the concert the grandparents were treated to a lovely afternoon tea prepared by the Year 10 catering group. Time was then spent with students on creative activities in the classrooms by both parents and grandparents. A wonderful time was had by all! Thank you to all who attended!

Mother's Day Stall

Thank you to all the families who have donated gifts for our Mothers Day Stall for Friday 6th May. All gifts need to be delivered to the College before Tuesday 3rd May for wrapping and sorting. If you would like to help with the Mothers Day stall please contact your Class Parent Representative. Proceeds from the stall will go towards supporting our World Vision Sponsor Children.

Primary School Theme for Term 1 2016

Walk the Emmaus road with – our Great God, the 'I am'. Week 11 Bible Verse – *'The heavens declare the glory of God, day after day they pour forth speech'.* Psalm 19:1-2

Annette Craven
Head of Junior School

Music

Performing Arts Calendar 2016

All performances are held in the EPAC (unless stated elsewhere).

Term 2	Week 1	Friday 6 th - Sunday 8 th May	Generations in Jazz @ Mount Gambier
	Week 6	Wednesday 1 st June	Winter Instrumental Night @ 7.00pm
	Week 8	Tuesday 21 st - Thursday 23 rd June	Junior School Musical
	Week 10	Wednesday 6 th July	MS/SS Music Showcase
Term 3	Week 3	Tuesday 9 th August	Yr 11/12 Soloists @ Flinders St Baptist
	Week 7	Thursday 8 th September	Spring Instrumental Night @ 7.00pm
Term 4	Week 3	Thursday 3 rd November	Count Us In Concert
	Week 8	Monday 5 th December	Yr 5/6 Band Program Concert

Andrew Verco
Music Coordinator (Rec-Yr 12)

Seussical the Musical - Term 2 Week 8

Thank you to those parents who have been bringing in bits 'n' pieces for our 'Seussy' needs. We really value the support of our parent community as we work together to make this musical a huge success.

We began rehearsing this week and it is truly awesome to see the excitement brewing amongst our main cast members. Please remember that our cast are Yr 5/6 students and will need your support as they learn their lines and their songs. Take your cup of coffee, listen and learn this fabulous show alongside your child this school holiday. Why not grab another Dr Seuss story this weekend and read it to your child!

Nikki Meinel
Junior School Worship Band/Choir



First Aid

Every Breath Matters (extract from Asthma Foundation SA)

LIVE WELL SESSIONS

Asthma Australia and its member Asthma Foundations are offering the following Live Well sessions:

- Live Well with Asthma
- Kids Live Well with Asthma
- Live Well with Eczema
- Live Well with Allergy & Anaphylaxis

Please visit www.asthmaaustralia.org.au/sa/education-and-training and click on 'I have asthma or my child does' or phone 1800 ASTHMA (1800 278 462) for further information and session times.

KIDS LIVE WELL WITH ASTHMA

If your child has asthma, then the interactive 'Kids Live Well with Asthma' session is for you. We encourage children with asthma and their parents/carers to come along and learn together about how to live well with asthma. This session will include fun hands-on activities that will help children learn about their condition.

Who should sign up?

Parents and/or carers of children with asthma aged from 5-12 years.

What will my child and I learn?

This session will provide information on:

- Why do I have asthma?
- What is asthma and how does it affect my body?
- How do I recognise my asthma symptoms?
- What makes my asthma worse?
- Why do I need to take my medication and how do I take it?
- What do I do at school?
- What do I do in an emergency?
- What can my parents/carers do to help me live well with my asthma?

There are also 'Live Well with Asthma' sessions suitable for teenagers and adults.

Ros Argent and Maria McIver First Aid Officers

Uniform Shop

2016 Normal Opening Hours

Monday 8.30am - 10.00am 3.00pm - 5.00pm	Thursday 8.30am - 10.00am 1.00pm - 1.30pm 3.00pm - 5.00pm
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It is that time of year to begin thinking about winter uniform for Term 2. Please take the time to ask your child to try on their winter uniform to ensure it is in good condition and still fits!

A reminder to **Middle School girls**, you are required to wear formal uniform, consisting of College skirt, blouse, navy jumper (cotton or wool) and black stockings (50/60 denier).

A reminder to **Senior School boys**, it is compulsory to wear long pants in winter with **BLACK** socks, **NOT** white socks.

My holiday opening hours are below, if you have difficulty visiting at these times, please contact me to make alternative arrangements. For further uniform information please refer to the College website.

The opening hours during the school holidays are:

- Week 1 CLOSED
- Week 2 Thu 12 noon - 5.00pm
- Fri 8.30am - 1.30pm

The shop will be open as usual on the Student Free Day (Monday 2nd May).

Christine Blom-Cursaro Uniform Shop Manager

College News

Computational and Algorithmic Thinking Competition (CAT) Results

Congratulations to all the students who took part in the challenging Aistralin Mathematics Trust competition. We are very proud to announce our results and congratulations go to:

Distinction - Yr 6: Daniel

Yr 7: Samuel

Yr 10: Mitchell

Credit - Yr 7: Jelena, Kaitlin, Laura, Benjamin, Erica, Cameron

Yr 8: Malachy, Jacob, Paul, Sophie, Meg, Benjamin

Yr 9: Russel, Jessica, Lauren, Neha, Jack

Yr 10: Annelise, Caitlyn

Thank you to Mr Adrian Cotterell for supervising the competition.

Mrs Milne

National Young Leaders Conference

On Monday 21st March, six House Captains from Middle School, Tamsyn, Euan, Russel, Jessica, Nathaniel and Abbey attended the National Young Leaders conference at the Adelaide Convention Centre.

Some thoughts from the students, on the day:

- *"I learnt from many successful people that to master anything you have to 'master the little' (things), even though it is not always easy."*
- *"During Alex Malley's speech, he said "we can respond to the universe, or we can create the universe". He gave me a new perspective of different situations."*
- *"Have the courage to fail, be persistent, maintain an open mind, be yourself."*
- *"Nothing is 'difficult', just 'different'."*
- *"Think big. Look towards your goals. Still step back and look at the bigger picture."*
- *"Remain determined and positive."*

The day was an inspiring, impactful and relevant day for all who attended.

Mrs Melissa Keen

Aboriginal Studies Awards

Recently, the Humanities and Social Sciences Teacher Association of South Australia issued two awards in the subject of Stage 2 Aboriginal Studies. Mr Neil Blenkinsop was awarded the 'Aboriginal Studies Teaching Award for Excellence in Teaching SACE Stage 2 Aboriginal Studies' for outstanding contribution to the subject. Lachlan Hillier who in 2015 achieved the top grade in the state for Aboriginal Studies, was awarded the 'Leila Rankine Award for Outstanding Academic Achievement.' The following extract from Lachlan's acceptance speech to the 2016 HASS conference outlines the impact study of Aboriginal Studies has had on him.

"In Year 11 I was fortunate enough to go on our school's annual Lands Trip, a camp where we spent a week in Ernabella. We assisted in classrooms and made connections with the kids while learning and experiencing their culture first hand. It was impossible not to fall in love with the community and hearing stories of their mistreatment only strengthened a passion inside of us to help them. As part of the exchange, my family hosted two Pitjantjatjara boys for a week which was a massive blessing.

My decision to choose Aboriginal Studies was an easy one. The more I learnt, the more I was amazed at the strength of Aboriginal culture, inspired by their desire for unity and shocked by how blind we are as a white society to our racist thinking. Going on camps and meeting local Aboriginal people throughout the year provided an incredible insight to their views on society and the changes since white settlement.

Aboriginal people have thrived for thousands of years through living off the land, only to see it taken from them and radically changed before their eyes. I never understood how tragic this was until I had learnt about the deep connection Aboriginal people share with the lands and waters.

Educating all Australians about Aboriginal people, their history and culture is paramount in assuring reconciliation can be achieved.

There have been many cases of indigenous and non-indigenous Australians working in harmony, but first they must understand one another, which is why educating Australians is so vital. I never expected one year of Aboriginal Studies would transform my thinking so dramatically, but it has had a significant and positive effect on me and the other students in my class.

Many thanks also goes to my teacher Mr Neil Blenkinsop, as his compassion for Aboriginal people is so evident to all the students in his class. What he taught us will continue to impact us for a long time and encourage us to make a difference.

The advantage of offering Aboriginal Studies is something I would like all schools to consider. There are so many benefits in educating Australians about Aboriginal people, which will assist in producing a harmonious future for all who call Australia home."

Congratulations to you both!

Casual Day - Friday 15th April

On Friday there will be a casuals day to support David Barnett and the work he is doing with Wycliffe Bible Translators who are translating the Old Testament into the Pitjantjatjara language. David has done some relief teaching at Emmaus and you may have met him. He is coordinating a group of Pitjantjatjara language speakers who are continuing to translate the Bible into their own language. The New Testament is already complete and there are over 2500 copies in print. Improving access to the Bible in people's own language has lots of benefits such as enabling more people to read the Bible but also improving health and lifestyle among people who feel their language and culture is being respected. Students are encouraged to wear black, red or yellow, the colours of the Aboriginal Flag, and bring a gold coin donation.

Student Family Support Worker

It was encouraging to see so many parents and grandparents visiting children in the Junior School last week as part of Grandparents Day. As Mr Linke said, it can make a real difference to children when their family shows an interest in them.

But what about those families who have separated or who do not have contact with both parents?

The Australian Government has a service called Family Relationships Online. One of their brochures 'Children and Separation' offers some important suggestions on how families can still work together to provide the best for their children after separation. Here are a few of their guidelines.

Guidelines for parents

- Give yourself, your children and your former partner time to readjust.
- Try to strike a reasonable balance between time for yourself and time for your children.
- Do not feel you must overcompensate for the loss your children have suffered by giving them expensive holidays, outings, presents, etc. The best thing you can give your children at this stage is your time and yourself. Over-compensating with presents and outings is usually the result of you feeling guilty and will not help your children.
- Although it may be difficult from a practical point of view, it is better not to upset your children's routine too abruptly.
- Children need stability and having to cope with too many changes at once can be very disturbing for them. Sometimes an abrupt change of environment like moving house or school cannot be avoided and in these circumstances, it is very important that you allow extra time for yourself and the children to be together.
- Relationship breakdown is always hard on children (as well as parents). But this should not stop you from telling them what is happening and why, in a way they can easily understand. However, limit the amount of detail that you tell your children. This will vary with the circumstances and with each child's age and understanding. Be careful you do not tell them things in order to convince them of your point of view. The point of discussing things is to reassure them and keep them informed about what is happening so that they do not worry unnecessarily.
- Remember the better parts of the relationship with your former partner and try to share them with your children.
- If your children are visibly distressed you can help them by assuring them that it is okay to cry.
- Your children may also express a lot of anger. Anger is often an expression of hurt and one way of helping is to encourage them to talk about their feelings of hurt, loss and insecurity.
- Regularly tell your children that they are not to blame for the breakup and that they are not being rejected or abandoned. It is important to understand that children, especially younger ones, often mistakenly feel that something that they have done has caused the breakup. Small children live in a world which is part real and part fantasy, and they can easily believe that some secret wish of theirs may have caused one of their parents to leave.
- Continuing bitterness and anger between separated parents is likely to damage children much more than the separation itself. To prevent this happening, it may again be helpful to talk about your feelings with someone you trust (preferably outside the family) or with a professional from one of the services mentioned.
- Separation or divorce often places financial pressure on both parents. It is important that you discourage your children from blaming the other parent for your financial circumstances.
- After your separation, it is important that you continue to be consistent in your discipline of the children. Children need to know clearly what is expected of them – they feel more secure when reasonable limits are set. Do not confuse allowing the children to express their feelings with allowing them to do whatever they like.

All children have a need and a right to:

- Love and be loved by both parents.
- Be able to enjoy the love of both parents without having excessive demands placed on them by either.
- Feel proud of both parents and to be able to respect them.
- See their parents behave towards each other with at least mutual courtesy, consideration and respect.
- Be listened to by both of their parents so that their needs are met.

Please visit <http://www.familyrelationships.gov.au/BrochuresandPublications/Pages/ChildrenAndSeparationBooklet.aspx> for more information regarding this topic.

Sue Chapman

Sport

Year 3 - 7 Soccer Clinic/Training

Next Term we will be running Soccer clinics for students in Years 3 to 7 at the College on Friday evenings from 3.20pm - 4.30pm. These sessions will focus on individual skill development, modified games and building positive relations with peers. It is a great option for students who are interested in trying Soccer for the first time, with the possibility to join one of our school teams.

After School Sports

Next Term we are hoping to have a number of sporting teams compete throughout Term 2 and 3. Sports offered in Terms 2 and 3 are:

Senior School Badminton, Basketball, Netball and Outdoor Soccer

Middle School Netball and Soccer

Junior School Netball and Basketball (Term 2 only)

It is important that students who have received a permission form and want to be involved return this as soon as possible, if your child is interested and has not received a form, you can obtain one from student services.

With so many After School Sport teams it is important that there is parental support in the form of coaching, supervising, transporting or scoring. It is recommended that parents who are able to help, complete the RAN Training (Mandatory Notification) at https://dl.dropboxusercontent.com/u/62498018/Volunteer%20Training/Resp_5/Resp_5.htm **and** apply for a police check at https://dl.dropboxusercontent.com/u/62498018/Volunteer%20Training/Resp_5/Resp_5.htm. Without these qualifications or clearances you will be unable to assist and this could ultimately mean that a team may not be able to be nominated for that competition. If we can all assist I am sure that we can help our College students achieve great things.

Daryl Porter R-12 Sports Coordinator

Careers Corner

Work experience, which is embedded into all VET courses, offers a fantastic opportunity for students to apply the practical aspects of their course. It also provides the students with a 'hands on' feel of what it is like to work in their field of study/chosen career path.

I would like to wish all the VET students the very best as they embark on work experience these school holidays. I am available to mentor and support students throughout their entire work experience week. I also get to see them in action as I conduct the site visits, which is a really enjoyable aspect of my job.

Please note: Year 10 students have work experience booked in Term 2 and Year 11 students in Term 3. However, if your child would like to complete more than one week's work experience, school holidays provide the perfect opportunity for them to 'try before they buy'. It can also assist your child when deciding on a career path they would like to pursue or VET course they might like to study.

Please contact me at ctorjul@emmauscc.sa.edu.au if you have any VET queries.

Cathy Torjul VET Coordinator

Canteen Roster

Week 11 T1

Thu 14th April HELP NEEDED
Fri 15th Karen Ames

Week 1 T2

Mon 2nd May **Student Free Day**
Tue 3rd No help needed
Wed 4th Julia Barry
Thu 5th Helen Talbot
Fri 6th Helen Gear

Week 2 T2

Mon 9th Jessica Lee
Tue 10th No help needed
Wed 11th Karen Baker
Thu 12th Catherine Chua
Fri 13th Vicki Hollyoak

Thank you for the time you volunteer in the canteen, it is very much appreciated. The hours are from 9.30am to approximately 1.30pm. Due to Occupational Health and Safety, please make sure you wear enclosed shoes and long hair is tied back. Please also remember to sign in at the Front Office and wear a visitors badge before you commence in the canteen. This is a legal requirement in case of fire evacuation/lock down. Thank you for your assistance with this important matter.

Christine Blom-Cursaro and Janine Richards

Be *kind* and *un*wind.

Personal Wellbeing

Wednesday 11th May 2016

9:30am to 2:30pm

AnglicareSA Outer Southern Hub

111 Beach Rd

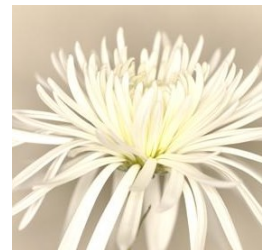
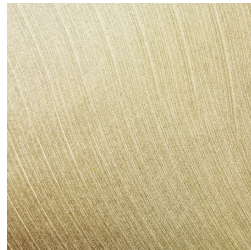
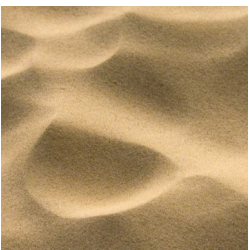
Christies Beach 5165

Lunch Provided

Gold Coin Donation

Enquiries and bookings call either Joy Ephraums
(Facilitator) or reception on 8186 8900

emotional overload ~ relaxation ~ mindfulness



ANGLICARESA

This program is funded by the Department of Social Services