

**CANTEEN PRICE LIST**

Updated 1/06/17

*Indicates items free of certain additives(see over page for list)

GF indicate Gluten Free Products

<u>SUSHI</u>	WEDNESDAY ONLY		<u>HOT FOOD</u>	
Smoked Salmon GF /Teriyaki Chicken/Cooked Tuna GF/		2.50	Vegetarian spring roll*	1.00
Vegetarian GF/California Rolls GF		2.50	Garlic Bread	2.00
Soy Sauce		.10	Pizza: Ham & Pineapple/Cheese & Bacon	2.00
			Potato wedges	2.00
Chicken "cold roll" Salad	WEDNESDAY ONLY	5.00	Hot dog NO sauce	3.30
Beef "cold roll" Salad	WEDNESDAY ONLY	5.00	Hot dog WITH sauce	3.50
			Light pie or pasty	3.50
Butter Chicken with Rice	WEDNESDAY ONLY GF	5.00	Light potato pie	3.50
Malaysian Chicken with Rice	WEDNESDAY ONLY GF	5.00	Light pizza pie	3.50
			Spinach and cheese roll	3.50
			Light sausage roll	3.50
			Meatballs Baguette, tomato sauce, lettuce, grated cheese* <u>ORDERS ONLY</u>	3.50
<u>BAGUETTES - White or Wholemeal</u>			Whole meal vegetarian pasty <u>ORDERS ONLY</u>	3.50
Meatballs, tomato sauce, lettuce, grated cheese <u>ORDERS ONLY</u>		3.50	Sausage Roll Gluten Free <u>ORDERS ONLY</u>	4.50
Chicken, carrot, lettuce, mayo*		3.50	Nachos Mild * Gluten Free <u>ORDERS ONLY</u>	5.00
Chilli chicken strip, carrot, lettuce, mayo		3.50	Tomato sauce*	.20
Chicken strip, carrot, lettuce, mayo*		3.50		
Chicken and salad *		4.50	<u>ORDERS ONLY - BURGERS</u>	
*Salad=lettuce, cucumber, tomato, grated carrot, mayo			Vegetarian:Vegetarian patty, carrot, tomato, cucumber, lettuce, mayo	4.00
<u>SANDWICHES - Wholemeal Only - ORDERS ONLY</u>			Beef: Beef patty, lettuce, mayo, tomato sauce*	4.00
Buttered		1.20	Chicken: Crumbed chicken patty, lettuce, mayo*	4.00
Vegemite		1.60	GF is available in the chicken with GF bread.	
Light Cheese*		3.00	MARK clearly on lunch order.	
Salad: Lettuce, carrot, tomato, cucumber, grated carrot & mayo		3.50		
Meat: Chicken* or Ham		3.50	<u>SNACKS</u>	
Light Cheese and salad*		4.00	3 Jatz biscuits*	0.30
Meat: Chicken* or Ham and salad		4.00	Fruit strap* GF	0.50
Salad=lettuce, cucumber, tomato, grated carrot, mayo			Go cookie	1.00
GF bread is available. MARK clearly on lunch order.			Grainwaves	1.00
			Chips: plain*, honey soy, veg chips GF	1.00
<u>WRAPS - ORDERS ONLY</u>			Fruit in season*	1.20
Chicken & salad*		4.00	Light choc muffin	1.50
Chilli chicken strips, lettuce, carrot, mayo		4.00	Gingerbread kids	1.60
Chicken strips, carrot, lettuce, mayo*		4.00	Banana bread*	2.00
*Salad=lettuce, cucumber, tomato, grated carrot, mayo				
<u>EXTRAS</u>			<u>ICEBLOCKS (over the counter ONLY)</u>	
Spoon/Fork		.10	Fruit tubes	0.50
Mayo*		.20	Juicies*	1.00
Tomato Sauce*		.20	Moo - Strawberry/Chocolate*	1.00
Light cheese slice*		.50	Lifesaver Icy Pole*	1.00
Salad item*		.50	Lemonade Icy Pole*	1.00
			Frosty Fruit*	1.00
<u>SALADS TERM 1 & 4 ONLY - ORDERS ONLY</u>			Frozen yoghurt - strawberry	2.00
Ham & salad		4.00		
Cheese & salad* Gluten Free		4.00	<u>DRINKS</u>	
Chicken & salad* Gluten Free		4.00	500ml Thank You Water*	1.50
Salad=lettuce, cucumber, tomato, grated carrot, mayo			250ml Just Juice	1.50
			250ml Up & Go (Chocolate*/Strawberry*/Vanilla*)	2.00
<u>HOT FOOD - TERM 2 & 3 ONLY - ORDERS ONLY</u>			250ml Oak Strawberry*/Chocolate*	2.00
Spaghetti Bolognese with fork		4.50	350ml Golden Circle:Apple/Orange	2.20
Vegetarian Lasagna		4.50	Apple Blackcurrant*	

CANTEEN PROCEDURES & RULES – 2017

ALL STUDENTS please print your name, class and year level CLEARLY on your lunch order bag so we can read it easily.

1. ORDERING

Junior Student Orders

Please place your lunch order in the class Canteen lunch box. The class Canteen box will be taken to the Canteen by the class monitors.

Junior Recess Orders

Junior students must place an order for recess and collect it from the Canteen at recess time. Place the recess order in the Canteen lunch box. Mark items required for recess clearly on your order. The Canteen window is not open for sales at Junior School recess. Junior students are not to come to the Canteen window at recess unless collecting a recess order.

Secondary Student Orders

Please place your orders by 9.30am in the blue Canteen box outside Reception. Secondary lunches can be collected from the Canteen in the first 10 minutes of lunchtime.

All Students Late For School

Lunch orders can be left at Student Services or Reception before 9.30am. If students arrive after 9.30am, they are required to take their orders direct to the Canteen.

Teachers

Please order lunches before 9.30am and place in the blue Canteen box outside Reception.

NOTE:

- There will be **no** orders taken at recess time unless a student is late to school.
- Please do not order iceblocks. They can be purchased direct at lunchtime.
- Should orders miss the deadline, not all items are available.
- There are some foods that can only be purchased if ordered, e.g. sandwiches, rolls, chicken burgers and spaghetti.

2. CREDIT/FORGOTTEN LUNCHES

Junior Students

The Canteen **does not provide** credit. Junior students forgetting their lunch or money should report this to their teacher as soon as possible. They should go to Student Services or Reception by 9.30am, where arrangements will be made with the Canteen to supply an emergency lunch (a cheese or Vegemite sandwich and a piece of fruit or a baguette) for the cost of \$3.00. Payment will be required the following day.

Secondary Students

Report directly to the Canteen Manager.

3. LUNCH BAGS

Please ensure a supply of lunch bags is kept at home. Lunch bags can be collected from the Canteen or at Student Services.

*** Indicates items free of the below additives**

AVOID THESE ADDITIVES

COLOURS	102, 104, 110, 122, 123, 124, 127, 129, 132, 133, 142, 143, 151, 155 natural colour 160b (annatto)
PRESERVATIVES	Sorbates: 200, 201, 202, 203 Benzoates: 210, 211, 212, 213 Sulphites: 220, 221, 222, 223, 224, 225, 226, 227, 228 Nitrates, nitrites: 249, 250, 251, 252, Propionates: 280, 281, 282, 283
SYNTHETIC ANTIOXIDANTS	Gallates: 310, 311, 312 TBHQ, BHA, BHT: 319, 320, 321
FLAVOUR ENHANCERS	Glutamates incl MSG: 620, 621, 622, 623, 624, 625 Ribonucleotides: 627, 631, 635 Hydrolysed Vegetable Protein (TVP)
ARTIFICIAL FLAVOURS	No numbers since they are trade secrets

Thank you for your cooperation.